

The difference between NIGHT & DAY STUDENT LIFE • 6

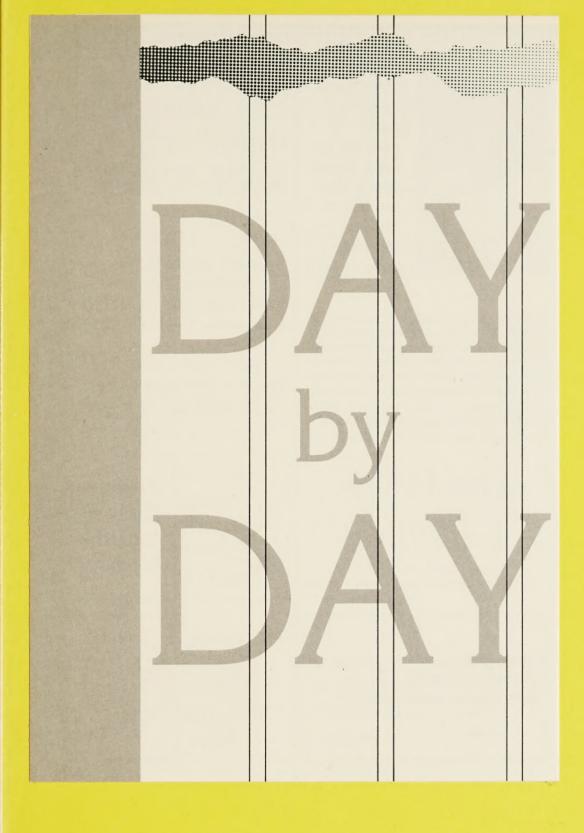


You see them EVERY DAY PEOPLE • 30



What goo LATE IN TI CLUBS





on DAY



Sometimes it seems like 8 DAYS A WEEK ACADEMICS • 112

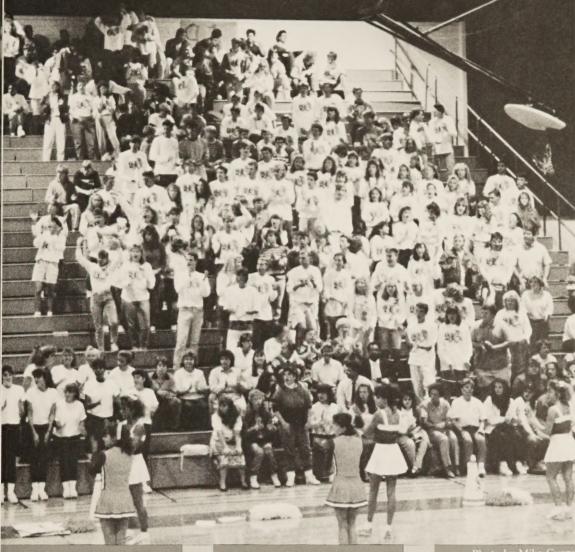


These are our SURVIVAL DAYS SPORTS • 142



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orting spirit at the seventh period homecoming by the senior Class rouses attentially the Senior Class rouses attention with their cries for victory. The class was espelly excited because they were marching together aring their new Senior T-shirts, emulating the aduation march.



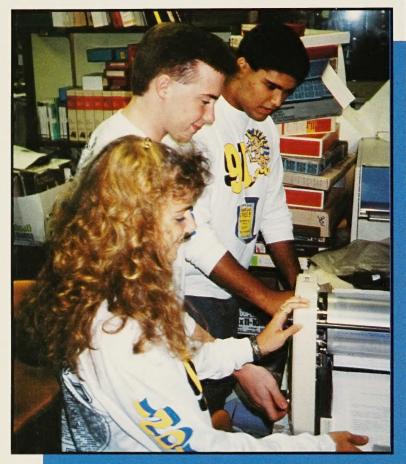
# DAY DAY DAY OUT

Photo by Mike Curry

Indian Legend
Stafford Senior High School
33 Stafford Indians Lane
Falmouth, VA 22405
(703) 371-7200
Population: 1695

#### POR REFERENCE ONLY

-Central Rappahannock Regional Library 1201 Caroline Street Fredericksburg, VA 22401 **Skating Safe!** Skating eleviates pressure and insures fun times. Jeremy Edmonds was sighted in this empty parking lot at Safe Place practicing ollies and kickflipshoveits.





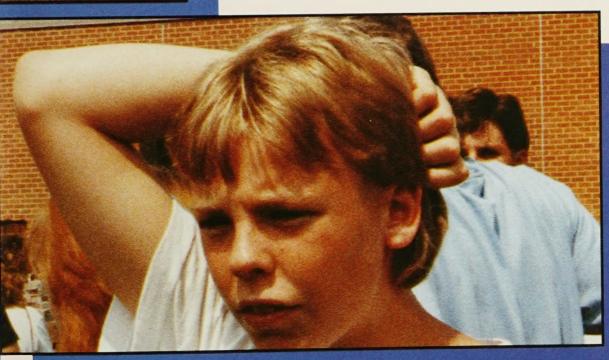
It takes three Aides, Jennifer O. Cooper, Chris Ingram, and Ernie Madhaven to run dittoes for English teachers to avoid the purple ink smudges. Between talking with the teachers and eating candy, the aides ran errands, too. Photo by Katie Erskine

**Hi-Ho Silver!** Atop their transportation at Young Life, campers Jennifer Roberson and Renee Rouse waited for the trail ride to begin. Students looked forward to a break from all the days activities to a relaxing horseback ride.



# DAY DAY OUT

means that you have to take the good with the bad. Like Monday when you roll out of bed in the morning and realize that you haven't studied all the muscle parts for the Human Physiology test. Then, you get to school and Frank, the parking lot security guard, greets you, but you're still biting your nails over the dreaded test. Then, you receive the Trig test you took last Friday. It's an A +! Things like this were all that was needed to turn a bad day around.



Scratching his head, Jason Kelly figures out where he is supposed to go. This fire drill was the first of the year, and everyone realized that you just follow the crowd out of the building as fast as you can walk, leaving your books behind! Photo by Kellie Downey

# DAY DAY OUT

Days spent learning in class compliment days spent out of school, socializing, talking on the phone, or working. The time spent from 2:15 to the homeroom bell the next day molds us and makes us individuals. A change of pace adds contrast to our lives. When we hear about current events in Sociology, our understanding of the News increases because of class discussions. And, when we use what we've learned in school to our advantage in real life situations, then we've benefited from that days work.

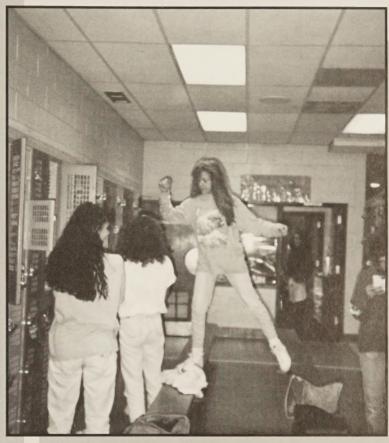
Katie Erskine

Frankly speaking . . . Carter Smith, Bryan Grasso, and Kelly Smith attended the first French Club meeting. Kelly grabbed the pencil that Bryan had tucked behind his ear, so the meeting could get underway. Photo by Kellie Downey





**Expensive prices** faced Diana Garnett at Eubank's Amoco. With possible war in Saudi Arabia, gas prices rose to \$1.49 a gallon. The cost haulted casual cruising.





Taking the big step over the benches, Sara Babel reaches for her PE attire, as Kim Grant and Paulette Petras watch her maneuvers. Class had started, so Sara was in a great hurry.

As the last one in the halls, Nerissa DeLeon works after school to finish Chemistry homework. When students finished homework at school, it was one less book to have to carry home.





THE DIFFERENCE BETWEEN

# MIGHT and DAY

As the Doors expressed it, "The day destroys the night, the night divides the day ... " Sometimes our lives are so busy and night just seems to melt together. "Before I know it, it's night time!" exclaimed Liz Howard. "I get so caught up in what I'm doing . . . I just seem to run out of time," she said. For all students there was always something happening, whether it was a football game or just a talk with a good friend. Making time for jobs, studying, and sports practices was a major event that continued on day after day. Often life was so hectic that telling the difference between night and day was mastered only by those who could find a balance between everything in their lives. — Vanessa Howard

Flying high above Fredericksburg is Robert Angold skydiving from Shannon Airport. Robert enjoyed skydiving more than anything else. He did it! Principal William Pugh hands Michael Fontana his diploma as Mike beams with accomplishment. Mike was congratulated with a standing ovation by the Senior class.

Drivers, start your engines! Anxious to shove forward, Chip Lee and Robert Brown wait for the word "go." Big wheel races were just one of the fifteen activities that gave students a chance to recall old preschool days at Beach Blast '90. Chip emerged victorious





# Blast to the Past

# Nerves were severed.

Graduation was the moment they were all waiting for, or was it? Kids wait twelve years for that glorious moment, when they can step up, get that diploma, and get out of school, but when it finally happens it may not seem that glorious after all. When faced with reality some students found that kids were exactly what they were!

Graduation is something students look forward to for four long years. "The ceremony and speakers were great, I really enjoyed all of it," said Lisa Klauber. Many of the students listened to the speakers and paid close attention, however, due to the excitement, the majority of them

don't even remember who the speakers were, much less what they had to say.

"Éveryone was happy and proud, but it seemed as if reality had not struck any of us yet," said Lisa Klauber. "I really didn't feel that nervous, until they

#### "It was all like a dream." — Lisa Klauber

called my name and then I hardly remembered walking up to get my diploma," said David Brown. The room was filled with happy mothers and fathers, proud teachers, and dazed students. "It was really a weird feeling, I felt like I wasn't really grad-

uating; but rather, it was all like a dream," said Lisa Klauber.

At the end of the ceremony the graduates were excited and ready to go! But, was getting out what they really wanted? They were now faced with new problems and situations of the real world. They now had to face REALITY! But was the fun all over? No way! "I was excited about graduation, but the real excitement was what came after the ceremony, BEACH WEEK!" said David Brown.

Wet and Wild! Not happy about his soggy fate, Mr. Roberts grimmaces as he falls into the water tank. Students were thrilled about being able to see their assistant principal take the cold plunge.

— Katie Erskine





"The Graduates" Making final adjustments, Sarah Smart and Amy Davidson wait with other honor graduates Marcy Klinck, Kelley Weppner, Sherry Reese, Cheryl Jackson, and Brandon Stidham to begin the walk into graduation. ation. — Reprinted by Free-Lance Star



Previous to lining up and marching into the gymnasium, graduates Aaron Burns and Allen Vos nervously anticipate the end of High School. Aaron tried to show his individual style by replacing the traditional mortar board with a baseball hat; however, he donned his mortar board before he received his diploma. board before he received his diploma.

# Beat the Heat

#### Summer is listening to the Ramones with the T-top down going to Carl's.

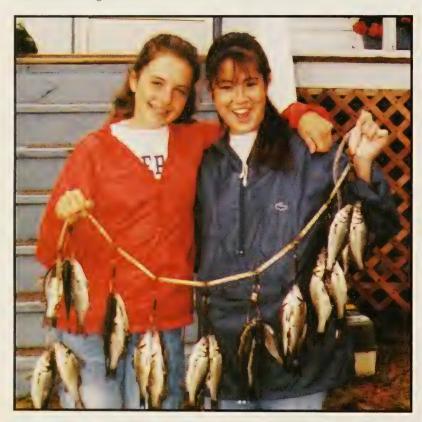
The blazing hot sun of July seemed to be my spotlight as I trudged back and forth across my acre huge yard, pushing that piece of junk dad calls the lawn-mower. I stop to take a break, accompanied by an ice cold soda and MTV. The phone rings, and before I get a chance to reel off a greeting, my best friend informs me on how absolutely wonderful Florida was on vacation. I sigh jealously, getting comfortable for the endless details, descriptions, and various souvenirs from a vacation that I could only wish for.

We have all had an experience similar to this; however, we set out to find out just how many students were the lawn-mowers, and how many were the vacationers.

Courtney Sales and Darragh Beggs were definately kept occupied throughout the summer. "Cheerleading camp was most exciting because we won the

award of excellence; there was also a special kind of bonding between all of us that brought us a lot closer together," said Darragh. While cheerleading camp kept the cheerleaders toned and trained other students were running for the seashore, the eastern shore, the western shore, and for some foreign lands. Davey Matthews visited the sunshine state with his family and learned how to S.C.U.B.A. dive. "I went to Pompono Beach, Florida with my family. I got my S.C.U.B.A. certification and went on two dives, it was beautiful, my entire vacation was well worth those two dives," said Davey.

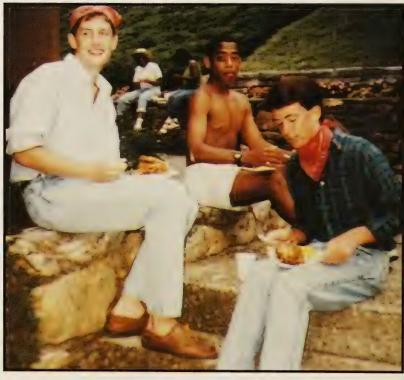
**Just clowning around** fellow cheer-leaders reach out to catch Pam Beebe as she lands from her jump. Heather Perry, Shannon Sweet, and Candice Long share a laugh over their rescue at a Pratt Park celebration for the new football season.

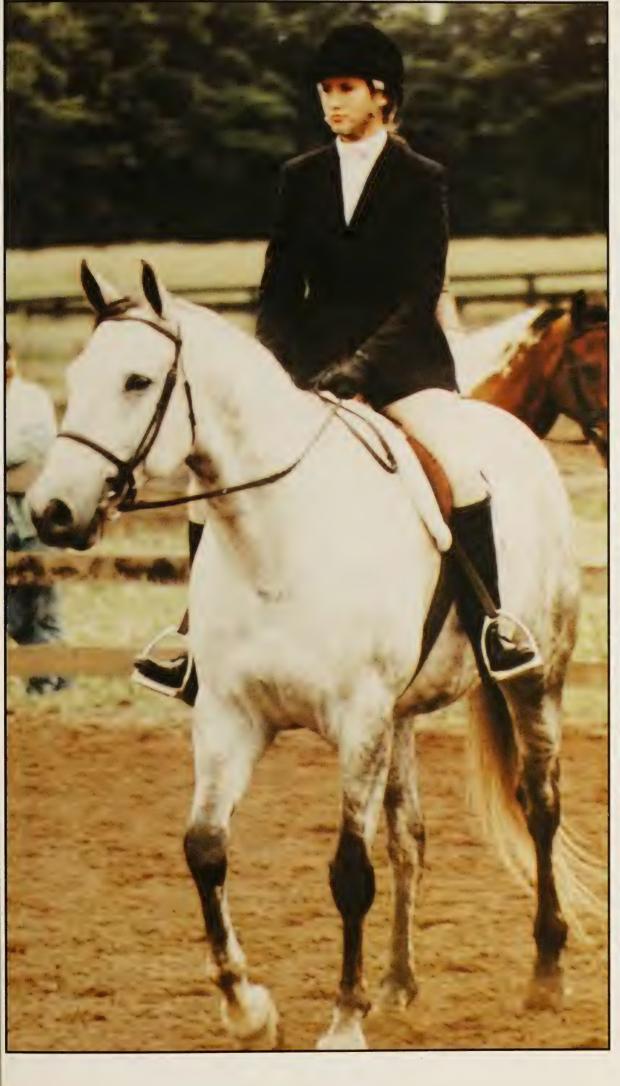


Hook, line and sinker and with flashing grins, Heather Chase and Tara Mendoza proudly display their catch 'o the day.' Fishing gave them something to do on a rainy summer afternoon. Heather and Tara spent part of their summer together in Maine.

**Chowing down** and munching, Young Life campers relax with a dinner of lasagne and corn on the cob. After an activity packed day, David Baggett, Ben Smith, and Scott Frey looked forward to dressing in the western attire theme of that night's dinner.







Giddie yup!!! Sporting a traditional riding habit, Melissa Mix guides her horse, Hilltopper, through the Summerduck Run Farm in Culpepper. The Maiden Hunter Champion award was given because Hilltopper had more points — Reprinted with permission from Scott Ellsworth

These beach bumbs let the cool, salty waves at Virginia Beach lap at their teet. Cameron Limbrick and Rob Merrill saw the ocean as a perfect place to get away from the stresses of home and school's imminent opening.





Hitchin' a ride on her way to Friendly's Ice Cream, Shannon Whisnant gives best friend Becky Lee a playful summertime piggyback. More memorable summer moments were shared with friends. — Seth Craig

Spinning the world in History, Robert Brown makes use of what free time by attempting to balance a globe on his fingertips. Mike Jernigan passes on way to the pencil sharpener. Teachers allowed students to use the last five minutes to work on homework

HA! HA! HA! I figured it out. English teacher Jimmy Andrews playfully rejoices as he types the last part of a macro. Mr. Andrews used the computer so often that he rolled it around where ever he went. - Lynn Miller





# Kxpress Yourself

# inner emotions.

#### Facial expressions reveal Expressing yourself allows people to know you.

"The function of x plus the function of 1 all over x minus 1... Ryan! You're frowning at me! Why are you frowning, Ryan?"

In her Elementary Functions class, Mrs. Cash interrupts herself as she notices the perplexed look on Ryan Self's face.

"Sean! You're late!" Mr. Gerald Brown exclaims gleefully, "that'll be one sung nursery rhyme young man, or else you'll get written up!" The whole class giggles simultaneously as Sean Stover's jaw drops.

Frowns, smiles and smirks. Eyes that roll or eyes that stare; these are all facial expressions that help to wordlessly convey a person's feelings. Watching a person's face carefully is a dependable way of reading their emotions. As Mike Silver explained it, "People can always lie to you, but their faces always reveal the truth.

However, facial expressions are not just used as a means of communication. The "faces" which a person makes can be very entertaining. Have you ever sat in a room when you thought no one was looking, and made faces at a baby? Teachers still use this same technique to quiet their rowdy classes. The most popular teacher's face belongs to Mrs. Judy Norton. Everyone agrees that she makes

the most creative and entertaining facial expressions. "Mrs. Norton's facial expressions make her class more interesting," said Tim Bray. Her students echo this sentiment. "She's always all happy, or else the next day she's all sad, but her emotions are always all over her face," quipped Kyle Fredette. Former student Karl Ackerman believes that Mrs. Norton is just plain "Nutzoid. She always looks real surprised all the time. Her eyes get real bright and her mouth goes in a circle." Along with Mrs. Norton, Karl feels that another interesting teacher is Mr. Gerald Brown, "his expressions are funny because he's funny-looking anyway.

Students really enjoy watching the many faces of their teachers and friends. Sometimes you see someone make such a funny face that you just have to crack up. Then, when youre out with your friends, it's fun to see if you can immitate those expressions. It's fun, but Tim Bray has advice for everyone: "Dont trust a guy with shifty

eyes." — Leila Ugincius



pondering a tough question in Mr. Harrison's history class, David Byrd puts on a "don't bother me; I'm thinkking expression." David found difficult questions a challenge rather than a burden.







**School Daze!** At the closing of the school day, Joe Purdy tries to find the quickest way out to his car by skipping a few steps on his way. Students competed against one another in the after school rush to the parking lot. — Photo by Stephen Kozicki



Between a rock and a hard place, Shawn Whisnant tugs at his hair in realization of being back to school after a wonderfully warm summer. Shawn shows the "Oh, no, man, another homework assignment" expression. — Photo by Steve Littleford

Trying to sleep in homeroom, Bennett Jones keeps a big smile with eyes wide despite his sleepiness. While sitting for ten minutes, Bennett siked himself up for a full days work. — Photo by Steve Littleford

#### Chez Indians

#### It's Christmastime.

The cars streamed off Route 1 and entered into Indian territory, looking for a night of rowdy fun at the Homecoming game. Coming from the field, the lights shoe bright, music played from a far away radio and the slow, steady beating of drums could be heard from the band in blue and gold uniforms, topped off with a hat and feathery plume. It was still early - not much action yet. The field came into sight, and M.C. Hammer's "You can't touch this" played while the drill team performed before a noisy bleacherful of Indian fans. Kids of all kinds walked around aimlessly, some yelling, laughing, or talking amongst friends. All the majestic floats stood ready on the side of the field, out of the light for the moment, as students gathered around them for some relaxed

Quietly talking, Keith Gray and Suzanne Tignor chat about the festivities. Keith asked for the next dance.



conversation and a smoke

Homecoming's got it's own special charm, and it's a time of the year unlike any other. Different people celebrate it different ways, and their interpretaitons of its meaning vary as well. For some, the competitive vision stands out — the phantasy of crushing the invadina team mercilessly underfoot and dragging the corpses off the field. On the other extreme, ther's a group of people like Latin teacher Mr. Wayne Wray, who treat it like the Christmastime of the school year: "I came to Homecoming to see former students. I think the best part of the weekend is ... (continued on page 17)

Steady ... steady ... the cameraman says to Steve Brown and Jodi Hakanen as he places them under the gazebo. Getting your picture taken was the main event at Homecoming.

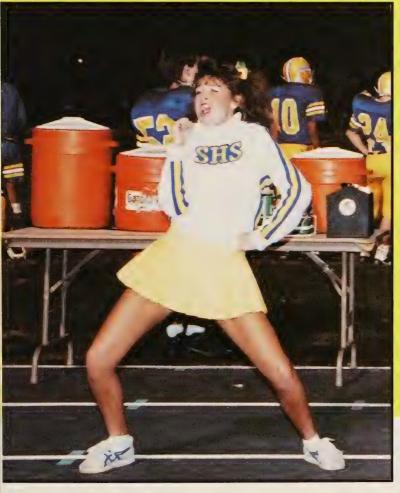




Paint sloshes on, as Nerissa Deleon and Angela Dickerson help pull the Senior float together. The class of 1991 won the float comptetiton for their second year in a row

**B-E-A-T**, Beat Potomac! shouts Heather Perry. Heather was cheering and giving it that old Indian whoop, and the crowd responded, even though we didn't win.







**Peace, dude!** First man on the moon, Allie Faucette and Allie Kimmitz helps to celebrate the 1960's. "Decades" was the Homecoming theme. This float won third place.

Sampling some of the food at the Homecoming dance is Erica Paulson. Students snacked at the tid bits at the dance as well as eating out at Fredericksburg's finest restaurants like Sophia Street Station.

Notice the shirts showing the spirit is Mr. Roger Brown's Marine Science sixth period. Mike Davids, Duane Seay, and Kate Ireland began a worksheet, uninspired because of the upcoming weekend. Photo by Katie Erskine

Painting with perfection while constructing the Senior float, Darragh Beggs and Mike Silver finish the Ice Cream sign. It took four nights and two weekends to make the float.







**Go Big Blue!** Overcome with excitement, the Varsity football team gathered during the pep rally. The forty-five minute rally concluded Spirit Week activities. — Photo by Christine Spiak

**Sophomore duo** Beth Watkins and Sissy Thompson spend Saturday afternoon working of the float. Their disco float pleased the crowd and took second place. Photo by Katie Erskine

#### Chez Indians

#### Says who?

(cont'd from page 14) ... the student participation because it gets many students involved. Student involvement, student participation, student spirit — they all make Homecoming a success."

Then there are people like Kevin Mullinix, a graduated Varsity football player, who came for a little of both. "I came because I wanted to see old friends, and I feel like I've been away for ages since I've graduated. It feels nice to be back and see old friends, and there's a sense of unity when you're watching. When you're out in the game, however, your adrenalin is pumping constantly. It feels kinda like a rival

It's freezing out here! Yes, at approximately fifty-two degrees, Ben Smith represented the Junior class. Ben was a member of the Homecoming court, also.

game, like Navy against Army. It's just one of those games you have to win."

Well whatever Homecoming was, it was fun. Out on the field, the vivid blue and gold clashed with lily white and pale blue. On the sidelines, the announcement horn thundered at the fans, who were streaming in and out of the risers with cokes and french fries, and nachos bathed in melted cheese. Cheerleaders screamed at the crowd, performed difficult stunts and three little plastic footballs. which were, strangely enough, deeple desired within the hearts of true Indians

At the end of the first half the score was ... (cont'd on next page)

Another show of spirit wearing college shirts for "College Day." Jacque Miller and Rachel Atkinson show their spirit for higher education. Photo by Hillary Ittner



#### Chez Indians

#### Dance!

(cont'd from previous page)... 23-0 Potomac lead, but that took a back seat with the arrival of the Homecoming Parade. The players dashed off the field while the floats, laden with their enthusiastic crews, rumbled out of their hiding place and onto the track.

The floats were well received by the crowd, who wanted a refreshing break from the not-so-awesome game. Mary Short had something to say while standing in line for a hot dog and a coke. "I got a kick out of the floats--they were artistic and you could tell they put a lot of work into them. Even though I'm a Junior, I have to say the Seniors did an awesome job."

**Sweethearts** Julie Cover and Nader Mushin enjoy a rest from the dance floor. The dance was held in the cafeteria and chairs were hard to find.

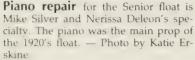
And after the floats went by, the attractive Homecoming court assembled onto the field in dresses and suits of black, red, and white satin. Everybody stood when the Marching Band piped out the Alma Mater, as King Chip Lee, in his mudstained uniform, escorted Queen Jennifer L. Cooper off the field to the awaiting car.

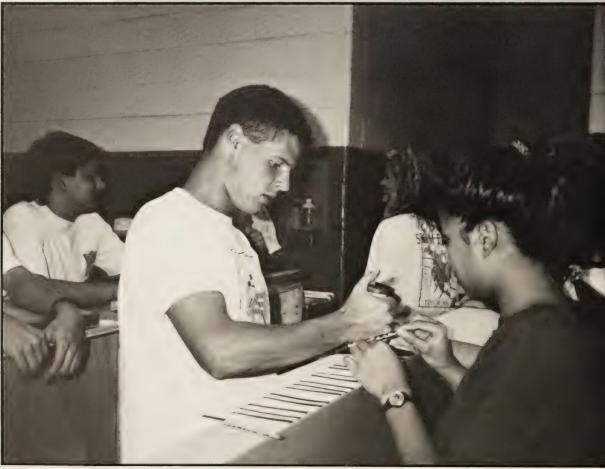
The game ended with Stafford being shut out 30-0. Everybody was so preoccupied with the thrill of night that nobody was about to let the lost football game ruin a perfect weekend. On Friday night everybody left a little early, letting themselves sink into the excitement and romance of the upcoming dance. — Paul Ronco

Ending his reign Graduate Mark Smith congradulates Chip Lee and turns over the crown and septer. Chip celebrated his royal inauguration for only ten minutes before re-entering the game. Photo by Lynn Miller











Lounging and waiting for the next dance song, Kelly Donahoe, Frank Sorano, Chad Curtis, and Susan Hodnett chat. Overall, socializing took front seat to dancing.

Lookout Travolta! Stayin' alive dancer, Kyle Fredette discos to the 70's music. Tiffany Newton and J. G. O'Neill also grooved on the second place float.







Congrats! After the crowning, Jeff Berry gives the Queen, Jennifer L. Cooper a big hug. Jennifer had to ride in the car alone because the King had to get back to the game. Photo by Lynn Miller

Homecoming includes taking time to talk to friends. Dawn Tesar and Sean O'Brian chatted for a few minutes before returning to the floor. Photo by Liz Howard

# Day Friends

#### Smile, it's me!

Where do students go on the weekends? McDonalds! "Whenever I go to McDonalds, I can always trust that I'll see at least one of my friends," said Jessy Berryann. Another popular place was the movie theater. Whether it be a chilling horror film or an hilarious comedy, the movies were a reliable place to be entertained. "It's the movies or homework (Yukk), " said Jason Hillman.

"If there isn't a party, we make our own," said Sharon Roscoe. The best kind of parties were those with about twenty good friends. The night air just a bit

chilled making it necessary to wear a jacket or snuggle close to your best friend. Food and drinks continuously served. Conversation, laughter, tunes, and being together with a lot of your friends always assured the best of evenings.

Chilling out with their friends at school meant finding a hot spot to socialize: the HALLS, the CAFETERIA, and the LIBRARY. Of course with only five minutes in between classes, you had to plan it. — Vanessa Howard

Hanging out at the lockers, Randolph Williams, James Watson, and Derron Bumbrey wait for friends. A great time to socialize was before the homeroom bell. Photo by Steven Kozicki





Before heading to Science, Keri Shifflet spends a moment with her friend Marie Fedowitz. Keri and Marie only had one class together and this was their last chance of the day to see each other.

Eating afterhours, Georgeann Riddle listens to a joke from Brian Anderson. After 2:15 the vending machines were turned on and lines of customers formed







Dealing out cards, Cameron Limbrick and Muffy Lewis liven up homeroom by playing a round of Uno. Playing card games was okay, if you didn't have any homework. Photo by Mike Curry

Check it out! Rachel Patterson and Priscilla Weedon and Lorrie Downey discussed the new bandana mania. Bandanas were eventually ruled as hats and were not allowed to be worn. Photo by Kellie Downey

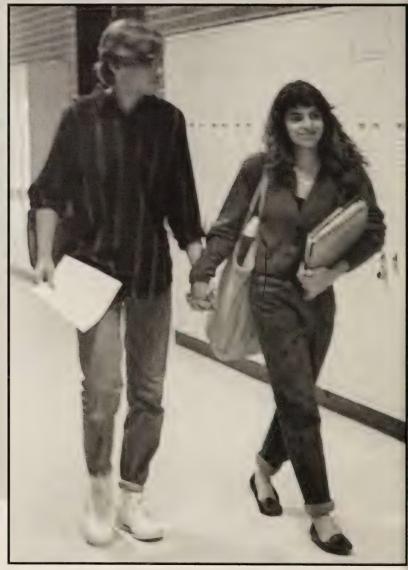


In the alcove of E-6, Sharon Roscoe and Clint Bonner exchange a playful conversation. The two had been dating for nearly a year and were seen in between classes together, often. Photo by Rusty Daymude



Always at each other are Angel Ladd and David Strong. This couple sat next to each other in English and had many other classes together. Throwing a lazy punch, again? It was friendly. Photo by Lynn Miller

**Holding hands** is not against the rules, but kissing is. Here Jeff Drake and Jeanine Rosato stroll to Art.



# SPA

**Sharing a fry** during lunch are Rynan Thomas and Sharon Weaver. The twenty minute lunch period allowed for couples to have longer conversations than in the halls or in class.

**Sipping on a** soda and sharing a smile are Jim McConnell and Suzanne Limerick. You could only get a soda after school when the vending machines were turned on.

# Dating Games

Nervous, excited, and a little confused. What do these words all have in common? "What are you doing this weekend?" and "Who are you going out with?" were the most frequently asked questions in a poll done of one hundred and thirty-five students.

"Where should we go?" "What do you want to do?" Lisa Miller said, "I enjoy going down to the river in the summer." The majority looked forward to seeing a movie or going to a party, maybe showing up with the latest hot babe. Twelve percent polled said that after one em-

**Borrowing** Conrad Blevin's lap for a seat before the bell, Tracie Burton holds on so as not to fall. In English, the two sat next to each other and became good friends. Photo by Lynn Miller

barrassing date, that was enough to persuade them to sit at home with Fido, the VCR, and a bowl of popcom. But for the rest of the people, scouting for babes meant going to football and basketball games and dances.

Both intelligence and appearance were characteristics desired in the perfect date. The same went for guys and girls. "My outfit would depend on who I'm going out with," said Ben Smith. If your date looked like Cousin It or one of the characters from "Revenge of the Nerds," never fear. There would probably be at least good conversation and a debate about your English teacher's methods.

— Barbara Zahl



**Mellowed** out and practicing his classical piece is Aaron Jonas. Aaron found a way to relax in the comforts of his own home.





#### All Cows Eat

... Grass. Remember the good old days, back at middle school, when kids first started "going together" and every couples' "special" song was "You're my Inspiration"? How could anyone hear any song but the soft, romantic melody of Chicago? But times DO change and through the years, musical tastes have developed and diversified. Jeremy Cadiere is one example of just such a change. Although he remains a die-hard metal fan, his choice of heavy metal bands has sprouted: "I used to listen to Metallica, but I started going to church and then I had to switch." Jeremy still listens to metal, but of a more Christian origin by artists such as Deliverance, Barron Cross, and Believer. "It's a lot different. They sing from their hearts."

You won't find many Christian Rock bands on the radio, although "slow" and "deep" songs whale all the time. However, people tend to choose music that expresses their particular tastes and personalities. "I don't like Top 40's music be-

cause it's all the same," said Jennifer Hohman. "With progressive rock bands, you can always tell their individual styles ... like Camoflage, the Smiths, or the Smithereens."

Depending on his mood swings, Preston Burns chose to listen to the Beastie Boys if in a partying mood, or if in a more mellow mood he'd listen to a band like the Eagles. The Eagles are particularly soothing "if vou're tense or vou're upset. They let you wallow in self-pity .... " Music has a way of enhancing whatever mood you're already in. Marc Swigart pointed out, "you can listen to music and do your homework." And Matt Franklin stated that music can trigger various memories and desires: "Certain songs remind you of certain people or events." No matter who you are, or if you listen to Vanilla Ice, Randy Travis, or the Ramones, Stephen Kozicki summed up the whole music scene by quoting: "It's all Rock-n-Roll to me. Leila Ugincius



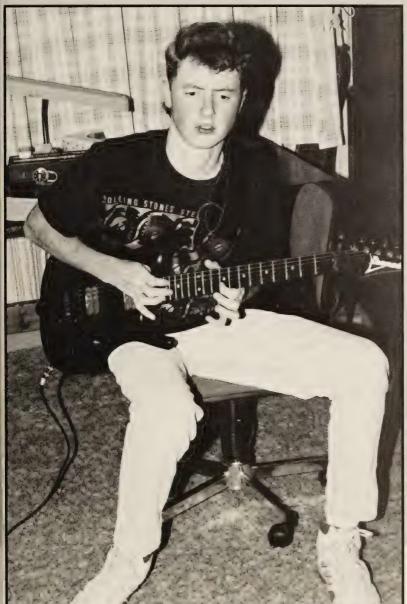
**Stick it in**, in preparation for the gig at the Senior dinner dance, Colin Brown plugs his bass into the amp. Colin was a member of the group "Chapter Six."

**Practicing** in his bedroom, Jim McConnell works on a new song. Jim played for his own enjoyment in the Jazz Band.



While listening to music for inspiration, Celenia Dameron and Angie Monroe write rock lyric. The two girls worked at Angie's together often. Rodnev Anonymous, Dave Blookd, and Dean Clean performed at Mary Washington College. Brian was interviewing for the Smoke Signal.







It's a hoe down. During a study of Huck Finn, Bobby Santmyer played country songs. Corey Johnson, Anthony Barnhill, Mat Dinehart, Angel Ladd, David Strong, and Missy Coghill listen to Bobby pick. Photo by Lynn Miller

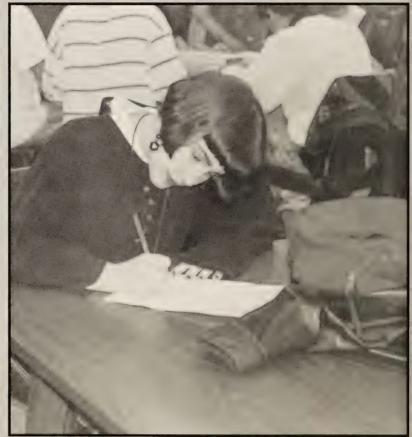
**All kinds** of style gallop down the stairs. Notice all the types of hair styles, but the sure thing is that everyone wears comfortable clothes.

**Sporting the dread** locks and cotton shorts is Gary Clark. Choosing a look did not just stop with the hair. Notice the buttoned shirt and baggy slacks.









**Common** madras plaid shirts and backpacks enhance the collegiate look for Robert Pressly. Madras were popular in the warm weather, also.

Setting the trend with a fashionable hairstyle and picturesque makeup is Holley Fedowitz with a boxy hairstyle and fingernail polish. No matter how well you prepare your look, you still have to work.



## Got the Looks

Fashion, what exactly is it? It is all a matter of how you view the importance of clothes. Do you turn green at the thought of those monster-size department stores with obnoxious sales ladies that can sell you anything from designer toothbrushes to clip on bows for a pair of shoes? Or is fashion your way of making a statement? Fortunately with the close of the eighties, people seem to be heading towards individualism. More people are into doing their own thing, it's going to be a just-be-you kind of year. "No one matches my look," claimed Brian Grasso. People got away from clothing that just shows off lots of labels and name brands. "Hopelessly

**Studying in the** library requires comfortable and warm clothes. Here Connie Silver wears the sweater and jean ensemble topped with an ankle bracelet. Notice the wrist bracelet. Photo by Mike Curry

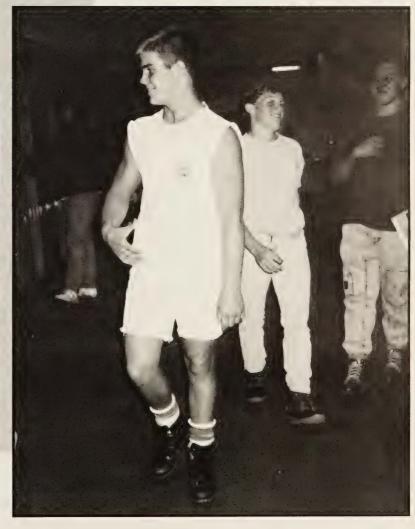
classic!" Katie Erskine described herself. Gone are the days of outrageous fads. "I like the GAP, not because of the name, but because they have cool, plain clothes," stated Brian Moriarty. The trends for hair matched those for dressing. "Natural is in," said Stephanie Tumbull. Carter Smith is begging girls to "get rid of those mile high poofs!" While Sean Pyles referred to that hair-spray look as "wind tunnel tested."

"I think that a lot of people are judged on the way they dress, it shouldn't be that way," said Jennifer Hohman. Most would agree that you dress the way you want to. What's comfortable is what's good. "Joey Ramone is the ultimate trend setter, but I think the most important thing about style is to be yourself, but not to go out of your way to be different," said Brian Moriarty.



Wearing the shirt of your favorite group or saying is always cool. During a fire drill, Brian Kidd, Jeremy Barrett, Todd England and Steve Dove model the t-shirt and jean combo. Photo by Kellie Downey

Going for that cool look, Brian Pomykala sports a muscle shirt and cut off jean shorts. Guys favored casual and comfortable clothes. Photo by Hillary Ittner



Comparing different styles in watches are Soula Kapataidakas, Jeremy Edmonds, and Mandy Pearson. Soula's watch was imported from Greece. Photo by Lynn Miller

During Photojournalism Shannon Whisnant and Jennifer Bailey flip through a yearbook. Shannon's lacey sweater and dark hair were a fashion contrast to Jen's blonde hair and dark shirt Photo by Lynn Miller.



Opposite's Scott Carpenter and Shawn Whisnant cross paths in the hall. Scott's camoflage was totally different than Shawn's darker, more casual stipes. Photo by Lynn Miller







# Being Comfee

Progression is the key word in fashion; how long it lasts, how popular it is, and how it affects fads yet to come. Some fashions are here to stay, such as a good old pair of blue jeans and a comfortable t-shirt. "Jordache" and "Sergio Valente" are all logos of yesteryear. In the world

of hairdressing, dyed or feathered hair has been replaced by a long, natural look. "Nikes" are old favorites along with "Keds" and "K-swiss." However, "Traxx" and the short-lived "L.A. Gear" have bitten the dust. So, what's the verdict on the length these days? Legs are in. As long as it's

In

Guess, Levi, Calvin Klein Long and natural hair Nike, Keds, K-Swiss Mini Skirts Out

Jordache, Sergio Valente frizzy, dyed, feathered Zips, Cuga, Traxx, LA Gear Long Skirts

Cool weather cover ups sweaters and sweatshirts cover Chrissy Baggett, Laura Eubanks, Hillary Ittner and Beau Skinner. Because of the oil shortage and building temperatures, long sleeves were needed to stay warm.

kept at a respectable length, the mini-skirt will replace the longer skirt anyday. — Leila Ugincius



**Let's get comfortable.** During Marine Science, Cameron Limbrick stretched out between two tables. Cameron chose baggy shorts and an oxford to maintain that preppy, yet casual look. Photo by Katie Erskine





#### YOU SEE THEM

# ] TERYDAY

Driving around town, walking around school, everyday you see them. Who are they? Of course, they're your friends!

Friends are a big part of school since they are active participants in just about every important factor in your life. "Sometimes I feel that I see my friends more often than I see my real family. They're sort of a second family to me," said Vanessa Howard.

Friends are always there ready to support you when you need them. While at school you are surrounded by friends, classmates, and teachers. This may seem great most of the time but sometimes seeing them everyday has its ups and downs. "Sometimes I just need some quiet time to myself," said Leila Ugincius. But friends are very important because their smile can get you through the toughest of times, but, best of all, you see them everyday. So, you know that there is always someone around you can count on. — Vanessa Howard

After the first day everyone is greeted with warm weather as they leave the building. Notice that most everyone was wearing jeans even though the temperature was 87%. Jeans were the style. Photo by Sharon Roscoe

### **Academic Emotions**

Summer vacation ebbs away. Parents begin bringing home pencils, pens and paper instead of suntan lotion. Students comb the malls, searching for the newest in fashion. It's fall and it's time for academics again. Students facing the first day of the year brimmed with feelings of anxiety, excitement, fear--and just plain indifference. But the thoughts running through the minds of freshmen were very different from those of seniors.

For freshman Amy Dial, finding her way around the unfamiliar, crowded building was the hardest part of the day. "I had a problem finding my classes without the help of teachers and other students that have been here before," she said. Freshman Amy Randall had an easier transition. Her mother, Linda Randall is a science teacher, so Amy had roamed the halls before.

Seniors didn't have to worry about navigating hallways, but like everyone else they had to adjust from sleeping until noon to getting up in time to make school by 7:30 each morning. "It was a pain to get up so early in the morning after being able to sleep in late all summer vacation," said Taby Green.

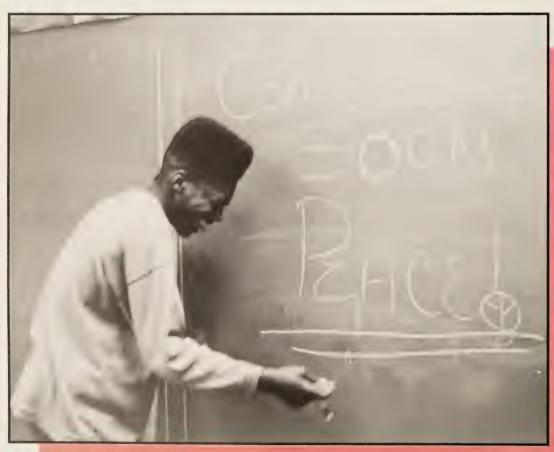
The one break that most students get during the school day was also chaotic the first few days of school. The lunch room, which was already crowded during last year's three shifts was now packed.

During the first few days, students found it nearly impossible to find friends. For some people, finding a seat in itself was difficult. For Diane Gibbons, like most seniors, September 4 meant getting used to a new class schedule and preparing for the last year of a high school career.

The majority of the freshman class settled into the new building and the routines. They looked forward to the day they become the "big" seniors of the school. Several freshmen said that seniors have taken the fact that they are the oldest in the school to heart by acting like kings of the school. — Reprinted with permission by Dave Kula

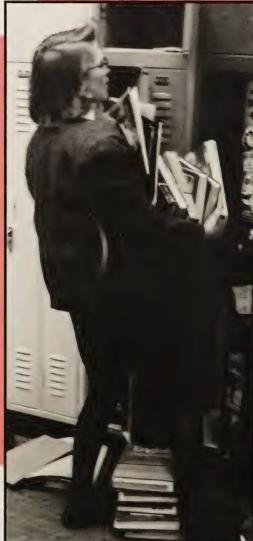
Where the heck is it? Before school, Sarah Garland and Tammy Smith search for homework. Tammy found hers, and Sarah realized that she had typed hers and was looking for written work. — Photo by Lynn Miller





Sending out an S.O.S. to the U.S. troops in Saudia Arabia. Antoine Clark got a grade for writing to the servicemen. — Photo by Lynn Miller

**Hands full** on the first day back to school, Genevieve Chinn attempted to switch lockers. She found her new locker more cluttered than her old one. — Photo by Lynn Miller

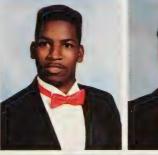




Footloose and wondering if she'll get the note before a teacher takes it away, Robby Gibson and Angela Hannick demonstrate the foot and floor method of passing notes. Robby just wanted to get to know Angela. — Photo by Lynn Miller





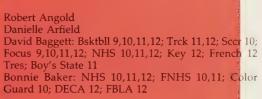






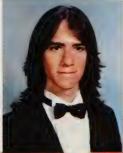






Stephen Abel: Vica 9,10,11,12; ICT 12 Karl Ackermann: Environmentals, 12 Res Artist; Drama, 11,12; AAA Poster Contest, 1st Place; German 9,10,11; Yng Dms 10,11,12; FBLA 10; Focus; Himm Rep 9,10,11,12 Timothy Allen Garland Anderson









Karen Baker
David Balwanz
Kim Barnette: NHS 10,11,12; FBLA 10,12; Chorus
9,10,11; Flags 9,10,11,12 Co-Cptn; Spanish 12 Pres;
SADD 12 Pres
Jeremy Barrett: Electricity 1-2

Bobbi Bates: FHA 9; FBLA 11; DECA 11,12 Elise Beamon: German 9,10,11,12; French 12; Drama 10,11; Tnns 9,10,11,12; Sccr 9,10,11,12; Wntr Trk 10; NHS 10,11,12; Academic Letter 10,11,12; Girl's State 11; Governor's School 10; Focus 10,11,12 Lisa Becker: Sccr 10,11,12; NHS 11,12; Marching and Concert Band 9,10,11,12; FBLA 10; French 9,10; Latin 11; SADD 10,11, 12 VP; Focus 9,10,11,12; Wind Ensemble 11,12 Paul Bedard

Pam Beebe: Trck 9; Spanish 9,12; Chrlding 9,11,12 Cptn Darragh Beggs: Chrlding 9,10,11,12; Sccr 9,12; Span-

Darragh Beggs: Chrlding 9,10,11,12; Sccr 9,12; Spanish 11,12 Tres; Gymnastics 9,12; Hmrm Rep 9,10,11,12; DECA 11; Who's Who 10,11,12

Jeff Berry: Ftbll 9,10,11,12 Cptn; Bsktbll 9,10,11,12 Jessy Berryann: Chrlding 9,10 Co-Cptn, 11,12; Sccr 10; FBLA 10; HOSA 10-11 Tres

Michael Berryman John Bland: Bsktbll 9,10; Tnns 9,10; German 10,11,12 VP; Key 12; Boy's State 11; MEGC 11 Tim Bland: Ftbll 9; Vica 11,12 Marnie Boggs: DECA 11,12; Yrbk 11,12 Sprts Edtr

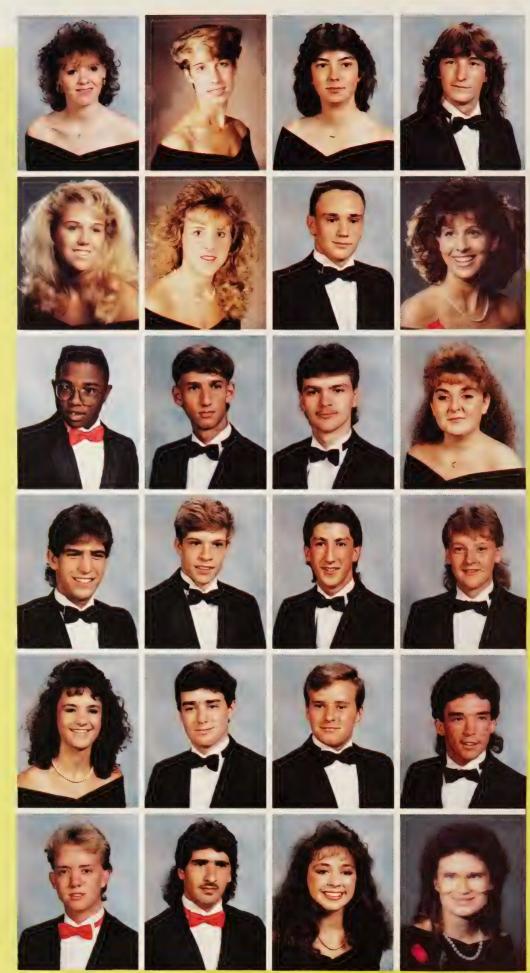
Clinton Bonner: Var Sccr 9,10,11,12; FBLA 12 Aaron Boudreau: Spanish 9,10,11; FBLA 10; SCA Rep

Craig Bourne: Vica 12; ICT 12 Michael Bourne

Wendi Bourne: FBLA 10,11,12; Spanish; COE 11,12 Chris Bradford: Latin 11,12; French 9,10; Sccr 10; FBLA 10,11,12 Hist

Curt Bradford: Sccr 9,10,11,12; Orchestra 9,10,11; Chess 10,11,12; Spanish 10,11; NHS 10,11, 12 VP; Environmentals 12 Co-Pres; Focus 9,10,11,12; Battle of the Brains 11, 12 Cptn; JETS 11,12; Science 12 Keith Brady: Vica 11,12 VP; Regional Governor's School: FBLA 12

Tim Bray: Jazz Band 9,10,11,12; FOCUS 9,10,11,12; Boy's State 11; Marine Science 11 David Brent Suzann Briggs: SCA Rep 11; FBLA 12; Show Choir 9,10; Madrigals 12; Drill Team 12 Cptn Jennifer Bullock





Right off the bus from Washington are Liz Howard and Fabian Girard. The French teens stayed with City residents and saw the sights.

"Aurevoir" is French for goodbye. These Franco-Americans, Christophe Bihi and Keira Smith exchange last words in the parking lot. They still



## Switching Sisters

#### It's a culture shock.

They were first spotted at the visitors center in early July. Who were they? The Frejus Sister City Students. This summer was the tenth year of the student exchange. The Sister City takes in King George, Stafford, Spotsylvania, and Fredericksburg. Keira Smith, Kaki Kravitz, Tonya Lieb, and Vanessa and Liz Howard were the Stafford students involved in the program.

"The two cultures really are very different, but that made it all the more fun," said Keira Smith who hosted Christophe Bihi. "Christophe became a brother to me, and even though there was a language barrier, my friends could still understand," said

Hosts went on trips to Washington, D.C. and Kings Dominion with their students. There was a special tour of Fredericksbur, banquets and picnics. "One of the main differences was that the French girls were not as involved in sports or other activities as American girls," said Vanessa Howard who hosted Aurelie Girard.

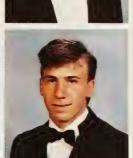
Today Kaki Kravitiz is attending school in Frejus. During the summer of 1991, Fredericksburg area students will be able to travel to France. And, another year of cultural exchange will take place! — Vanessa Howard





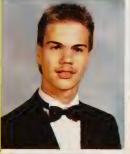








Grover Burns Colin Brown: Jr. Class VP; Foreigh Exchange 10; Latin 9,10,11,12; NHS 11,12











Robert Brown: Ftbll 9, 10; Sccr 10; FBLA 10, 11 Reporter,

Sean Brown: FBLA 10; Marching and Concert Band 9 10 11 12

Floyd Bruce: Spanish 11,12; Ftbll 11; Bsktbll 11,12 Bryan Buchanan





Scott Buchanan Christa Burton: French 9,10; Key 9; Drama 10,11,12; Environmental 12; Campaigners 11,12 Michelle Butzner: Chrlding 9,10; Fld Hcky 11,12; Trck 9,10,11,12; FBLA 11,12; SCA Parl 12; Hmrm Rep 11 Aaron Cabitto

**Putting on the finishing** touches before homeroom, Caryn Spiak takes just a second to adjust her bangs. This was a normal habit for Caryn. — Photo by Lisa Holsinger

**Spritzing** and spraying during the break between 3rd and 4th period, Lisa Miller finds time to refix her hair. She had just been to PE and needed to make a quick check before biology. — Photo by Lisa Holsinger





























## Hair Flair

# — the long and the short of it.

Do you mousse, gel, hairspray, blowdry, perm, tease, spritz, or curl your hair? If you answered yes to any of the above, you aren't alone! "I use spray gel and hairspray after I blowdry my hair in the morning," said Shannon Whisnant.

Students seem to prefer long hair over short. "I really like long, permed hair on girls," said Teal Parmelee, while Brian Moriarty said, "I like the skinhead style for both guys and girls because it's easy to manage."

The famed hair color on girls seems to be blonde. "I like long blonde hair with big

bangs on girls," said Ryan Childress. With long blonde locks in the lead and brown being a close second, the tables are turned when speaking of male hairstyles. "I like short brown hair on guys," said Tanya Garant. Blonde hair is settling itself into the second best slot on guys, but "blondes are

"I like short, brown hair on guys."

— Tanya Garant

pretty cute too," said Bobbi Farley.

The way hair is styled is a very important part of our lives. The way our hair looks can really make or break both the way you see yourself as well as the way others see you. Students realize this and try to perfect their styles. — Becky Lee









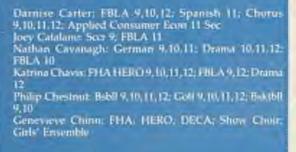


Chris Campbell
Larissa Campbell: FBLA 10,11,12; Pep 10,11,12 Spc;
Bskibli 12 Mgr; Spanish12
Stephanie Cappe.
Joe Carmichael: Carpentry 1-2; Vira 11,12
Kristi Campal: FBLA 10; DECA 11,12; Sfibil 10
Carol Carroll: FBLA 9,10,12; HOSA 10,11 Sec, Pep 11,12, Publish March 11,12 Baktbil Mgz 11,12











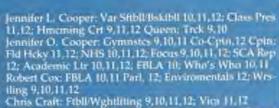


Sean Clayborn James Clore: ICT 1-2; Vica 11/12 Mathew Cobb Maury Conner Katina Conway Dennis Cornwell: Fibli 9,10,11,12; Trck 5; fiskibit 9,10; Wghilfting 9,10,11,12





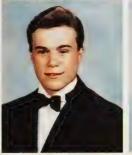




tling 9,10,11,12 Chris Craft: Ftbl/Wghtfiting 9,10,11,12; Vice 11,12 Seth Craig: NHS 10,11,12; NFHS 12 Co-Pres; Focus/ French 9,10,11,12; Class Sec 11,12; Key 12 Rosann Crampton: FBLA 9,10; FHA 9; Drama 12









Arthur Crouch: Fibil 9,10,11,12; Trek 10; Wghthing 9,10,11,12 Mike Curry: Yearbook 11,12 Chad Curtis: FBLS 10; Spanish 11,12 VP; Crss Cutry 11,12; Trek 12 Mike Davids: Bisktbil 12; Sccr 12 Mark Dempsey: Marching Band 12; Concert Band 11,12 Nerissa Deleon: IV Stibil 10; Var Stibil 11; Key









Bruce DeShazo: Vica 11,12 Angela Dickerson: International Study 9,10: liskibil Mgr 12; Sitbil Mgr 12; FBLA 12 Mat Dinehart David Dobson Teresa Dodd: Show Choir 9.10; FBLA 12; COE 11.12; Spanish Kelly Donahoe: NHS 10,11,12; Fld Hcky 9,10,11; Scot 9,10,11,12; Cras Catry 9,10,11,12; Trek 9,10,11,12; Baktbil 9,10,11,12

Rodney Dotson: Ftbll 9; Vica 10,11,12 Danny Dougherty: Wrstling 9,10,11,12; Vica 11,12; HERO 10,11, 12 TSA Steven Dove Jami Dwight: NHS 10,11,12; Focus 9,10,11,12; Sccr 9; Fld Hcky 9,10,11,12; Spanish Jeremy Edmonds Shane Edwards

Cynthia Eley Todd England: Vica 11,12; FBLA 11; Electricity 1-2 Jean Enzbrenner: NHS 11,12; German 12; Environmentals 12; Newspaper 12 Katie Erskine: Trns 9,10,11,12; German 9,10; NHS 11, 12 Parl; Hmrm Rep 10,11,12; Boys' Tnns Mgr 10; Yrbk 10, 11 Co-Photo Ed, 12 Ed-in-Chief Edward Farley: Band 9,10; Vica 11,12 Dist XI Pres Elliott Farley: Band 9,10,11,12; FBLA 10,11; SADD 12

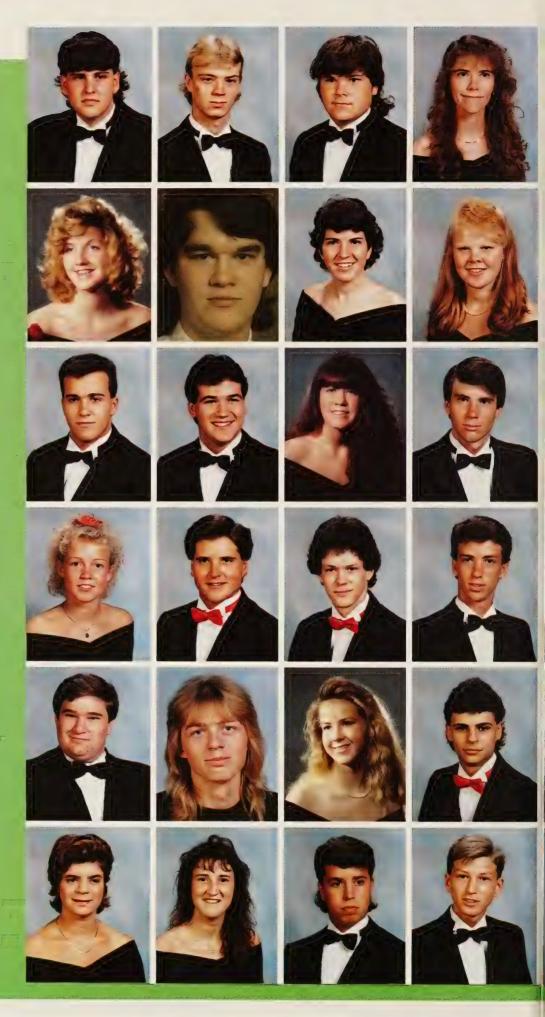
lason Farley Chris Faucette Marie Fedowitz: Focus 10,11,12; Spanish 12; Hmrm Rep 9,11 Jake Feeney: Trck 9,10,11,12; Crss Cntry 11,12; Spanish 9,11,12; NHS 10,11,12; FBLA 10 Debra Flippo: FBLA 9,10,11; FHA 9; DECA 12 Sec Jennifer Floyd: Var Sftbll 9,10,11,12; HOSA 12

Marie Frank Matthew Franklin: Ftbll 9,10,11,12; Bsktbll 9; Wrstling 10; NHS 10,11,12; Focus 9,10,11,12; FBLA 10; Academic Ltr 10,11,12 Samuel Frantum Scott Fray: Spanish 10,11,12; Tnns 9,10,11,12; FBLA 10; Key 12; TAR 12; Environmentals 12; Hmrm Rep Jennifer Frazier: FBLA 10; Vica 9,10,11,12; Pep 12 Catherine Friend

Clint Gaige: Latin 9; FBLA 10; Ftbll 9; DECA 11,12 Pres; Battle of the Brains 10 Dana Gallahan

Diana Garnett Michael Garvey Jason Geary: Vica 12 Christina Gianaris

Diane Gibbons: DECA 11; Chorus 11,12 Sandra Gonclaves: FHA 9; FBLA 10
Danny Good: FBLA 11, 12; Spanish 9; SADD 9, 10, 11, 12
Mike Gouldman: NHS 9; FBLA 10, 11, 12; Vica 11, 12
Kraig Graham: Sccr 9, 10, 11, 12; Latin 9, 10, 11, 12; FBLA
10, 11; Ftbll 9; NHS 11, 12 Sandy Graninger



























**Proud of** her freckles, Stephanie Frantz gives a grande smile. Red hair, fair complexions, and freckles were as common a combination as brown hair and brown eyes. Photo by Lisa Hol-

Dots galore can be fround on Michelle Trant's face. If you didn't have freckles naturally, lying in the sun would help them pop up. Photo by Liz Howard

### Freckled Faces

#### They're as unique as Lefties.

Freckles. Those little brown dots on your face. You either love them or hate them. It seems if you had freckles you hated them and if you were freckleless, you wanted them! "I've always wanted freckles!" said Leila Ugincius. Leila is a member of that freckleless group of people that can sit in the sun without thousands of little brown spots exploding all over. Freckles are most commonly spotted dancing right over the bridge of your nose. "I like my freckles because they give my face a new look. They fade in winter and give me some color as soon as it gets warmer. Sort of a sun kissed

look!" said Katie Erskine. Bryan Grasso "wouldn't change a thing with his looks." And he prefers to remain a freckle face. "I always hated having freckles as a little kid. Especially when my relatives came up and

### "I like my freckles because they give my face a new look." — Katie Erskine.

pinched my cheeks!" said Vanessa Howard. With or without freckles everybody is unique. Maybe those little brown dots are the trademarks that distinguish you from the rest of the crowd. — Vanessa Howard

Bryan Grasso: Soph Class VP; Campaigners 10,11,12; FBLA 10; TAR 10,11,12 Tres; SCA Tres 11,12; French 10,11-12 Co-Pres; NHS 10,11,12; FNHS 12 Co Pres; Var Crss Cntry 9,10,11,12; Trck 10; Var Tnns 9,10,11,12 Peter Graves: Bsktbll 9,10,11; Bsbll 9,10,11,12; Vica 12 Tabitha Green Harold Green: Vica 11,12 Connie Griffith Mary Griffith: FHA/HERO 10,11,12

Stephanie Grove: Show Choir 9,10; FBLA 11; Boys' Bsktbll Mgr 9,10; Spanish 9,10,11,12; Key 12; SCA Rep 11,12; Drill Team 12 Co-Cptn Jordan Gushurst: Sccr 10,11,12; Tnns 9; Focus 9,10,11,12; Yng Democrats 10,11,12; NHS 10,11,12 Pres; Battle of the Brains 12; Lit Mag 9,10; Latin 9,10,11 Kathy Hague Mashawn Hamm Joe Hamner Angela Hannick

Josh Hatton Tammy Haynes Michaelene Hazard Joel Heuring Stari Hibner Jason Hicks

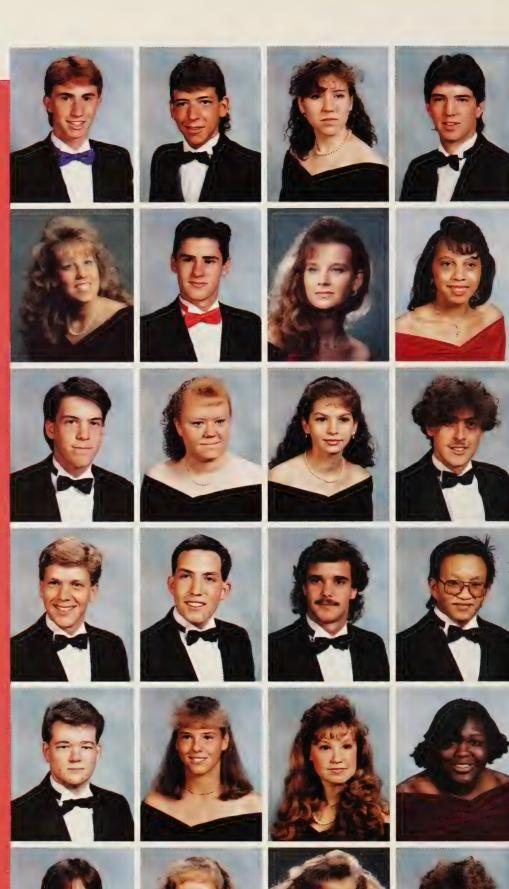
Jason Hillman: FBLA 10,12; Spanish 11,12; Intramural Bsktbll 9,10; Tnns 9,10,12; Crss Cntry 11,12 Christopher Hintz David Hinzman Dung Ho Jennifer Hohman: Drama 9,11 Fall production "Ducktails and Bobbysocks" Dist. win,12; DECA 11; Chorus 9,11 Regional; Girls' Ensemble 10,11; Madrigals 12; Spanish 9,10,12; SCA Rep 11 Beverly Holmes: HOSA 12; Tnns Mgr 9,10

Eric Hoskins: Vica 11,12; FBLA 10; German 9; Computer Science 11 Laura Houck: NHS 10,11,12; Var Sccr 9,10,11,12; Var Fld Hcky 11,12; Crss Cntry 9,10 Vanessa Howard: Chrlding 9,10,11; Sccr 9; FBLA 10; French 11,12; NFHS 12 Reporter; Yrbk 11,12 Copy Ed Sandra Hull Stefanie Hunczek Thomas Hutchinson

Brian Hyde: Orchestra 9,10; Jazz Band 11; Latin 10 Catherine Ingalls: Tnns 9,10,11,12; Gymnastics 9,10; Sccr 9,10,11,12, NHS 11,12 Kate Ireland: Fld Hcky 10,11,12; Sftbll 9,10,11,12; SCA Rep 12; Spanish 9,10 Rebecca Ingling

Christopher Ingram: Ftbll 9,10,11; Wrstling 9,10,11; NHS 11,12; Focus 9,10,11,12; German 12; Jazz Band 10,11; NGHS 10,11,12; German Gov School 11

Christina Jenkins: FHA 11,12; HERO 12





























## Zany Zodiac

# Which sign are you?

It's the oldest line in the book. "Hey, babe, what's your sign?" No matter if you are an Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Saggittarius, Capricorn, Aquarius, or Pisces your astrological sign may determine certain characteristics or qualities of your personality. Believe it? Why not. Virgos are supposed to be perfectionists. Scorpios are said to be magnetic. Capricorns are supposedly ambitious. But does your personality match the definition of your sign? Probably not in all respects. Depends who wrote what you read.

Do you even read your horoscope? "I read my horoscope but I tend to only pay close attention if it says something good," said Liz Howard. It is fun, meaningless ac-

tivity. "But it can be creepy if the prediction really does come true," said Liz.

Just about all magazines and newspapers print horoscopes. It's generally agreed by these columns that opposites attract. Look at the chart and see whom you're best suited. — Vanessa Howard

According to Dell Horoscope the following zodiac signs are perfectly matched for marriage. Their characteristics are such that a happy and successful marriage is likely to come from these unions. Be sure to ask your date his/her sign!!

Gemini:Sagittarius Leo:Aquarius Libra:Aries Cancer:Capricorn Virgo:Pisces Scorpio:Taurus



**Star gazing** Elise Beamon sits outside the Math planning area reading her magazine. The horoscope told her she was have good luck that day with important matters. She did in fact get an A on an English essay. Photo by Lisa Holsinger

"Sometimes horoscopes sound as if they may come true." — George Coker

"I read horoscopes to get an idea of what kinds of things will happen that week." Iulie Clore

Mary Jett: FBLA 9; DECA 10,11,12 Chris Jobe: Sccr 9,10,11,12

Andrew Johnson

Karen Johnson: Marching Band 9-10 Majorette; Pom-Pon

11; FBLA 9,10,12; DECA 11,12

Mark Johnson Michael Johnson: Tnns 9,10,11,12; NHS 10,11,12; NFHS 11,12; French 12

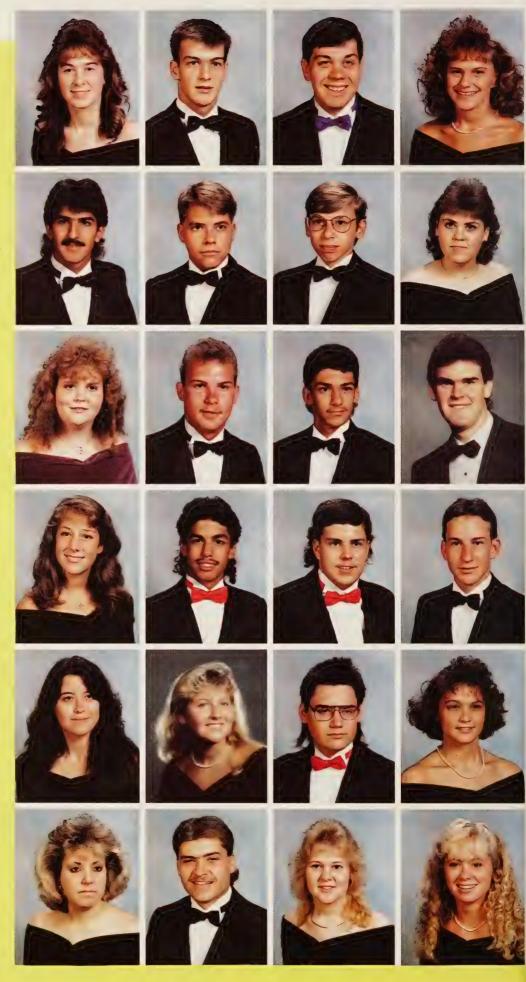
Tommy Johnston: Marching Band 9,10; Symphonic Band 9,10,11,12; Dist Regionals 9,11,12; FBLA 10; Spanish 10,11,12; SADD 12 Sec; TAR 12; Environmentals 12 Kelly Jordan: DECA 12 Tres; FBLA 11; FHA 11;

Julie Kahn: FHA; HOSA Brian Kearns: Vica 11,12 Mike Keesecker: Ftbll 10 Scott Kehoe

Lisa Kelminski: Fld Hcky 9,10,11,12; Trck 9,10; Drama 11,12; French 9,10,11,12; Focus 9,10,11,12; NHS 10,11,12 Allen Kerns Troy Kirtley: Ftbll 9,10,11; Wrstling 9 Daniel Krpata

Diana Kuhl: FBLA 10; German 9,11,12; Governor's German Academy 11 Heather Kuhl: NHS 10,11,12' FBLA 10; SCA Rep 10,11; Key 9; Trck Mgr 9,10,11,12; Spanish 9,10 David Kula: Newspaper 11,12 Editor-in-Chief Patricia Landreau: Drama 9; Trck 10; Sccr 11 Mgr, 12; Yrbk 11,12; French 9

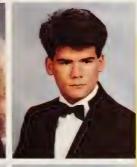
Kimberly Leake: FHA 10; HERO 11 VP, 12 Pres Chip Lee Jennifer Legasse Muffy Lewis: Latin 9,10; Spanish 11,12; FBLA 10,11; SADD 11; FHA 12











Cameron Limbrick: SADD 9; Spanish 9,10; Drama 9 Johnathan Logan Candice Long Matt Long: Marching Band 9,10,11,12







Wendy Lostetter: Vica 12; ICT 12; Yrbk 11,12 Ernie Madhavan: Ftbll 9,10,11,12; Wrstling 9,10,11; NHS 12; German 12 Christopher Madison William Major







Wendy Malloy Angel Martinez: NHS; Chess 10, 11 Pres, 12 Rebecca Masters Jeffrey Maynard









Lisa McConnell: Fld Hcky 9; Tnns 10; German 9 Sec, 10,11,12; Key 9; Environmentals 12; Hmrm Rep 9,10 Chris McCullough: Wrstling 9,10,11; FBLA 10,11; Marine Science 12; Sccr 12 Andrew McDougal: Chess 9,10,11 Tres,12 VP; Latin 9,10,11,12; NHS 10,11,12; Drama 12; Environmentals 12; SADD 12







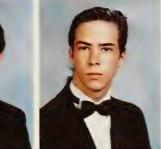




Ronnie McFadden









Melissa Mills: Drama; Newspaper, Vica David Moran: Sccr 9; FBLA 10,12; Vica 12 Brian Moriarty: NHS; Marching Band 9,10; Spanish 10,11,12; Drama 9,10,11 VP,12 Pres, Student Director "Clumsy Custard Horror Show"; Young Democrats 11,12; FFA 10,11,12

Cary Morin: Chrlding 9,10,11,12; Trck 9,11,12; Sccr 10; French 9,10,12; FBLA 10; SCA REp 9,10

Nader Muhsin: Wrstling 9; Secr 10,12; FBLA 10; Vica 11,12 Kimberly Myers: Vica 11 Michael Nelms Robbin Nelson: FBLA 10; Spanish 11,12; Drama 9

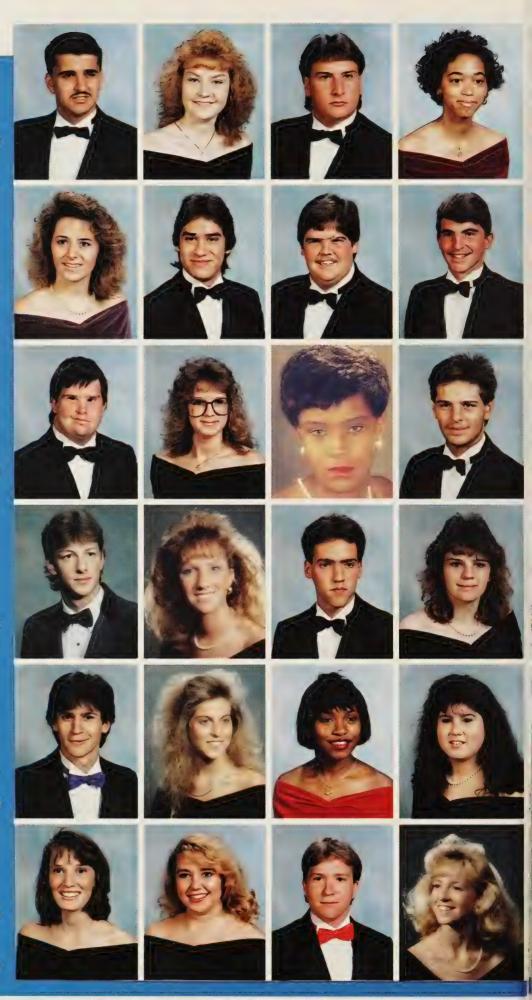
Rebecca Nero; FBLA 11; Spanish 12; Science 12; Newspaper 12 Anthony Newton: Vica 11,12 Bryan Newton Dennis Newton

Kevin Newton Anne Norman Demetria Oliver: FBLA 10,11,12; Pep 10,11,12; SCA Rep 9,10,11,12; Bsktbii Mgr 11,12 Clifton Palmateer

Jeff Farks
Keeva Pawlik: Drama 9; Chhriding 10: Key 11,12 Tres;
Class Reporter 11; Class Tres 12: FBLA 10,11,12
Bradley Payne: French 9,10; FBLA 10; Focus 9,10,11,12
Shelli Payne

Samuel Pearson Kristy Pennino: Academic Awards 11 Physical Science, Consumer Math; Honor Roll 11; Crss Cntry 9 Cheryl Penny Cynthia Pelroutsa: French 9,10; Pom-Pons 10; Pep 10; SADD 10; Drama 11; FBLA 12

Molle Phillips: Trins 9; French 9; Modeling 10,11,12; Spanish 11,12; Environmentals 12; Yrbk 11,12 Stdnt 1,1 Ed; Newspaper 10,12 Sandra Phipps Raymond Platt: FBLA 9,10,11 Keri Pickett/SCA Rep 9; Class Fres 10,11; Christing 9,10,11,12 Co-Cptn; Trck 9,10,11,12 Cptn; SCA Sec 12











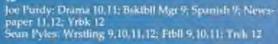
Dwight Pollock Dyught Pollock
Robert Pomeroy: FBLA 10,11; Drama 9,10,11; Busaness
Law 11; Stat Police Cadet Program 11
Brain Pomykala: Ftbil 9,10,11,12; Sccr 9,10; SCA Rep 9;
Spanish 11; TAR 11,12; Key 12; Boys' State; NFIS 10,11,12
Kathy Politer: Var Bsbil Mgr 11,12; Lit Magazine 12; Yrbk
10,11 Sports Ed







Robert Pressly: Ffbil 9,10,11,12; Trck 9,10,11,12; Bskibbl 9,10; FBLA 10; Class Reporter 12; Spanish 11,12; SCA Rep







Pam Radtke: FBLA 10.11.12; FHA 11: Academic Ltr 10 Bar 11; Honor Awards 9,10,11,12; Jone Raines: NH5 11,12; Focus 9,10,11,12; Dnii Team Capto 12; SCA Rep 11; Key 12; FBLA 12; Journalism

Paul Raines: Vica; Firefighting, 1-2; EMT Wendy Randall





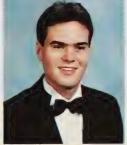




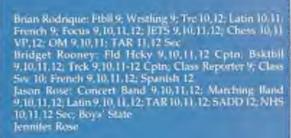
**Heidi Reidsmith** Steven Reilly Reginald Richardson James Robinson: Var Scer 10; Art 1-4; Carpentry 1



















Sharon Rescue: Chriding 9,10; Drama 9,10; Yrbk 11,12 Design Ed: French 9; Art 1-4; JV Boys' Sccr Mgr <sup>9</sup>

Ronald Saikowski: Fibli 9: Spanish 12: Science 12 Omar Salam: Orchestra 9,10,11,12; Choral 11: Muanguls 12; FBLA 12; Drama 10,11,12; CEC 9,10,11,12; Mascot

James Sampsell Susan Schlager: Fld Hcky 9,10,11,12 Cptn; Sccr 9,10,11,12; NHS 10,11,12; Focus 9,10,11,12; French 9,10; NFHS 9 Debra Schleigh: FBLA 9,10; HOSA 10,11,12 Tatjana Schmidt

Becky Schooler: Bsktbll 9,10,11,12; Sftbll 9,10,11,12; Latin 12; FBLA 10; Hmrom Rep 11 Cynthia Schooley Michael Scoggins: Art 1-4; FBLA 9,10; Environmentals 12 Will Scott: Sccr 10; FBLA 10; French 9,10,11,12

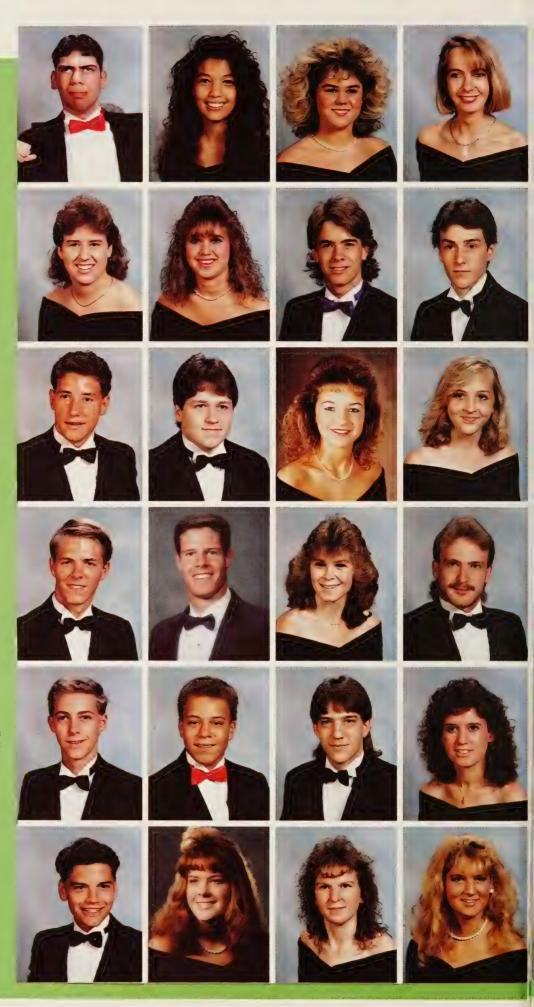
Duane Seay: FBLA 11 Pres,12; Sophomore class Pres; Hmcoming Court 10,11; Var Sccr 9,10,11,12 Captn; Key 12 Ryan Self Betsy Shelton Kerri Shifflett: Lit Mag 10; Young Democrats 10

Scott Silkenson: JV Sccr 9,10; Var Sccr 12; FBLa 10,11,12 Mike Silver: Sccr 9,10,11,12; Young Democrats 10,11,12; Key 11-12 Pres; NHS 11,12; Latin 9 Robin Slack: Drama 1-2; FBLA; FHA; DECA Ben Smith

Carter Smith: SCA 11 VP, 12 Pres; TAR Pres 11,12; French 11 Sec, 12 Tres; Soph Class Reporter; Freshmen class Pres; Peer Facilitator 11,12; NHS 11,12; Tnns 9,10,11,12 Chris Smith: Golf 9,10,11,12; Bsbll 11; Firefighting 1-3; EMT; FBLA 9,10 Ernie Snellings: Vica 11,12

Christa Snyder: Trck 9; Show Choir 10; FBLA 9,12; COE 12

Victor Sorano: Crss Cntry 11,12; Trckk 10,11,12 Sarah Spalding Stephanie Spencer Christine Spiak: Tnns 9,10; Spanish 10; Yrbk 11,12; Newspaper12











Brian Spitzer: Sccr 9,10,11,12 Lori Stamey: Yrbk 11 Clubs Ed,12 Asst. Ed-in-Chief; French 9,10; Key 11,12; Madrigals 10,11 Greg Stevens: Vica 10,11,12 Brant Stevenson: Ftbll 9,10,11,12







Cameron Sullivan: Bsktbll 10; Sccr 9,10,11-12 Var; TAR 12; FBLA 10; Environmentals 12 David Sullivan Michelle Sullivan: Drama 9; FBLA 10; Trck 10; JV Sccr Mgr Tara Sullivan: DECA







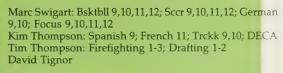










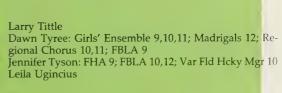




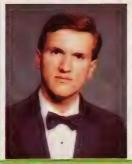
















Tracy Ulrich: FHA 9,11; FBLA 10; Sftbll Mgr Brandon Vandivert: Latin 10,11; FBLA 12; Marine Science Karen Vernon: Show Choir 9; Bus Econ; FBLA 11,12 Megan Walker

Clarence Walker: Marching Band 9,10,11,12 Drum Major, Concert Band 9,10,11,12; Spanish 9,10,12 William Walker David Walor Stephanie Warner: FHA 9; FBLA 10; Jr Law Cadet; Yrbk 10; Sftbll Mgr 11

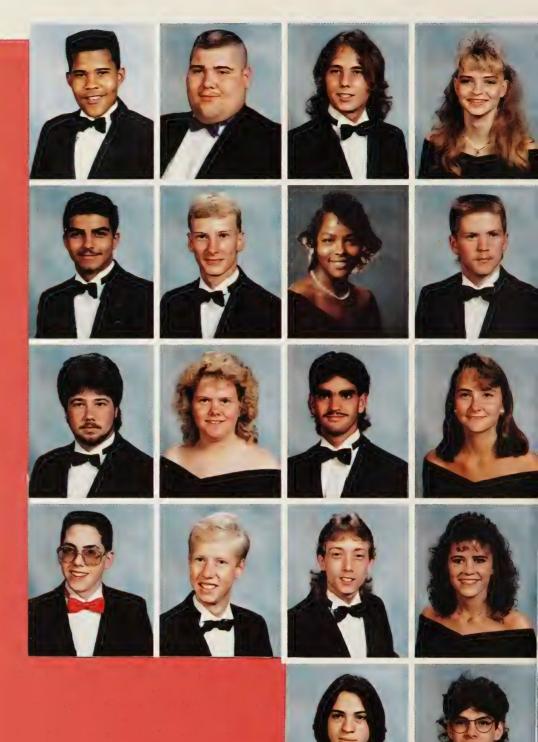
Mike Wasson: Ftbll 9,10,11,12; Vica 10,11; FBLA 9,10,11; Bsbll 12
Jeffrey Watts: Bsktbll 9,10,12
Yolanda White: Academic Ltr 10; Spanish 11; Peer Facilitator 11,12; Honor Roll 9,10,11; Art 1-3
Todd Whitehead: Bsbll 9,10,11,12; Bsktbll 9,10; Ftbll 9,10,11,12;

9,10,11,12

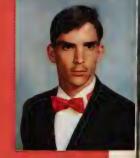
Ralph Williams Rhonda Williams Robert Williams: Drama; ICT 1-2; Spanish 9; SCA Rep 10 Sarah Wilson: Newspaper 11,12; FBLA 10; Peer Facilitator 11,12; Environmentals 12

Joe Winn: FBLA 10,12; Latin 9,10,11,12; Focus 9,10,11,12; Science 12 Kevin Woody: Latin 9,10,11,12; Marching Band 9,10,11,12; FBLA 12; NHS 11,12 Ralph Wooten Donna Young: FBLA 10,11; Vica 12





John Zsoldos: DECA 11,12 VP; Ftbll 11,12





Rob Merrill sits in the Chemistry lab waiting for class to begin. About his senior year he said, "Well, I really didn't enjoy coming back to school, but since it was my senior year, it was not so bad because it was my last year of high school." Rob had mixed feelings about returning to school, but being a senior was a definate plus. Photo by Katie Erskine

About being a senior Karl Ackermann said, "Being a senior gives me a confidence unattainable by those younger than I. I find solace in the knowledge that there are hundereds of students struggling every day to attain the position I have aquired as senior. I know the ropes and the other kids do not. That gives me the edge."

#### What's It Like?

It's great!! Rules are no longer new. Graduation doesn't seem so far off. And, the school just feels right. After going to the same building for three years, the routine and building layout seem somehow to be as familiar as home.

The entire year was actually spent preparing for life after graduation. Students prepared college applications. Ernie Madhaven was told that Penn State called the English department for him. He had told him that the English department phone number was the number at which they could reach him. Ernie was one of the departments fourth period aides.

With graduation in sight, grade point averages and passing grades were also a major concern. When faced with assignments that one did not want to do, the motivating factor toward doing the assignment was, "I need to do this so I can graduate." Grade point averages determined the col-

lege acceptance and passing grades determined the diploma.

However, even with the pressing business of college applications and grades, being a senior was the best and is the best for everyone as hell she becomes one. It's like being the oldest child. Of course, being the oldest means being the example for the others. But, it also means being invited to the best parties and the biggest social events because "everyone wants to meet seniors," said Lorie Spenser.

So, what's it like being a senior? Well, after being in a building day in and day out for three years, a person generates an understanding of what's expected of him and establishes a bond with those he sees everyday.





Mike Silver was a member of the National Honor Society and the Stafford Spartans. He ran Winter Track and was on the Varsity Soccer team. He was the Senior Class Vice President and the President of the Key club. As an active member of the senior class Mike said, "My senior year is my best year. It's kind of wierd to look back to when I was a freshman and realize I've spent three years here. I now look at my teachers differently, as friends instead of people to be feared. I've made a lot of friends and will miss them, but I'm looking forward to college and the rest of my life.



Football Captain Ernie Madhaven felt that his last year has been different and better because as he said, "You get a friendly feelng deep inside your guts when you walk through the halls. You know the teachers and you know your friends. You've seen them all before, but this year is special because you realize it's the last time you'll walk down these halls, and it quite possibly could be the last time you see any of these familiar faces again."



Enjoying his senior year behind the wheel, Aaron Boudreau drives from the parking lot after school in October. Aaron said that he liked being a senior best of all because he could cut in line at lunch as other seniors had done to him for three years. He said it kind of made him feel revenge for three years of being talked down to. Photo by Katie Erskine

Ken Abel Deena Abi-Merched Kelley Allen Missy Allen Rachel Atkinson Philip Babel Scott Baeder

Chrissy Baggett Marc Balgavy Tommy Ballard Brian Barnes Anthony Barnhill Tom Barth Eric Bartholow







Reaching for her canvas, Vicki Wilson designs her latest creation. Vicki drew cartoons, also. Photo by Stephen Kozicki

Mila Bays Paul Beales Pam Behm Krissy Benhase Jacent Berdnik Patti Berry Jason Bissett

Conrad Blevins
Betsy Bley
Eric Bobon
Rebecca Bocson
Chris Bogert
Jeff Boston
Jimmy Bove

Brian Bowles Theresa Boxley Eric Brady David Branham Tracy Brazzil Jeni Bridges Shelley Broadway







































The Competition

Vicki competed with twelve others in the contest. Vicki's design was a map of the world. Photo by Stephen Kozicki

### Meet Vicki Wilson

"Excuse me, do you know where Vicki Wilson is?"

'Yeah, over there somewhere." A finger pointed to a painting on the wall. That sure didn't help. I looked around a little bit, and there she was, sitting cross legged in an alcove on the concrete floor, a piece of styrofoam in her hand. At around the beginning of the year, Vicki Wilson competed in a poster contest sponsored by Spotsylvania Mall. She received first place and was awarded a \$200.00 savings bond for her work.

"I started getting into art in the seventh grade. Actually, I didn't really want to do it. I had this art teacher, Mrs. Adams, and she liked me and asked me to stay in her class. She wanted to nurture my talent. I figured out later, Hey! I'm good at this."

I watched her say this as she shaped the styrofoam into a person slumped in a chair. "How did you learn how to do that?" I asked, as she slapped pieces of styrofoam out of her hair.

"I went to VCU on a scholarship over the summer. I had never worked with sculpture before. They told us how to work with a foundry. That's a big pit mold that you pour metal into. Every day from 9 a.m. to 9 p.m. was sculpting class. When I found out that I was accepted, I jumped up and down, and I screamed and ran around the house. I felt like I had accomplished something very

large; it's an awesome school with a great art program, and they're the only ones who offer sculpture as a major. They're also the second largest school for art in the country."

"What's your favorite medium?"

"It's not styrofoam," she said, laughing.

I left Vicki just as she was finishing up the sculpture, which was impressive considering it was made out of styrofoam of all things. She's got her eye set on VCU, and wishes to become either a sculptress or a courtroom artist. Considering her credentials, she shouldn't have any trouble at all. Story by Paul Ronco



Jennifer Chaffin Heather Chase Ryan Childress Mike Chinn Antoine Clark Keefe Coble Valerie Coffey

Melissa Coghill George Coker Tom Colbert Allison Colvin Mike Colvin Tracy Conn Larry Cook

Kendall Cooke Thomas Cooper Roxanne Cotton Julie Cover Karen Craiger Nicole Crain Kristi Crismond

Connie Crisp **Jeff Cropp** Ron Cropp Sydney Crowder Karen Crowley Kelly Cruce Josh Davis

Reed Davis Sherri Davis Tonva Davis Rusty Daymude Andrea deLeon Jackie Denoncourt Corey Devine

Robbie Dickinson Michelle Dietrich David Dimeler David Dingess John Dornan Kevin Dove Kellie Downey





















## Spend It

Is it a sickness or a compulsive habit? Why is it that so many people are constantly shopping or merely buying, just for the fun of it?

It hist you like a sickness, the symptoms: constant credit card abuse! "Shopping is more fun when you're spending your parents' money," said Kiera Smith. When you first step into the mall the first thing that hits you is that mall smell, sort of indescribable but a combination of perfume and cookie stands. After being hit by the alluring odor you're suddenly drawn in by racks of clothes-everywhere!! Before you realize it you're envisioning yourself in each outfit, looking spectacular and glamourous, of course.

Oh no, here she comes! You turned away too late. It's the saleswoman, she see her victim--you! Now, she will say anything to convince you to spend, spend, spend. She knows you are going to buckle under pressure. "It always seems that the sales ladies are there to help when you're only window shopping," Kiera said.

No matter if you were window shopping or doing some major compulsive spending, shopping seems to be the national pasttime. Story by Vanessa Howard

Sale Shopper

At a JC Penney's sale, Melanie Cooper looks through shirts. Melanie didn't find the right color she was looking for.



Bryan Dudash Becky Dye Donald Dye William Edenton Adam Eidson Marie Elliott Sheryl Embrey

Craig Ennis Laura Eubanks Davis Farley Anneen Farney Thomas Feindt David Fines Crystal Flack

































Margaret Fleming Stephanie Frantz Jay Frederick Scott Gardner Sarah Garland Kyra Garver Ronnie Gayle





















Todd Gyllenhoff Brett Haas JoJo Hagerty Jodi Hakanen Jessica Hamway Bobbie Hancock Jeff Harvey





Since walking machines are on sale in Sears, Tammy Knave tested one to see if she liked it. Photo by Pat Landreau

Think these fit?

In the men's department Pat Landreau shops for Craig Bourne. Not only did Pat shop at Sears, but she worked there too.























Wayne Haward Missy Hawley Kristi Hendrickson Lori Hertz Jason Hicks David Hinzman Stephanie Hitchcock

Gary Hix Susan Hodnett Lisa Holsinger Michael Horton Courtney Hyatt Rob Illi Hillary Ittner

Bryant Jackson Sharon Jackson Edrick Jansson Eddie Jeffcoat Victoria Jenkins Mike Jernigan Edward Jett

Stacy Jewell Corey Johnson Matthew Johnson Tom Johnson Aaron Jonas Bennett Jones Michelle Kang





Read a Book

Library aides Cathy Allard, Kelly Brazzil look for overdue books. This was one of their tasks. Photo by Katie Payne

> Soula Kapataidakis Valerie Kearns Donnie Kelley Shawn Kerrigan Jamey Killian Steve Kovalik Budan Lacey

Angel Ladd Thomas Lawrence Daniel Lawson David Lee Mary Lee Becky Lee Stephanie Leonhardt

> Tonya Lieb Jay Lindsay Daniel Linsmayer Stephen Littleford Courtney Lucado Eddie Lunney Matthew Lynn





Anita Macleay Robyn Manuel Michelle Marchant Ronnie Marshall Deborah Martinez Heather Matthews Greg McCadden

Heather McDermott Kelly McFall Donna McKendree Lisa McLaughlin Kate McQuary Ernest Meadows Dawn Meline



## Co-operation

"Could you do this? Do me a really big favor and run up to ... you know, we could really use your help right about now."

These were the opening lines awaiting aides. Aides were the thanked recipients, hailed to and loved by the teachers and staff members who welcomed the helping hands of their student helpers.

Due to an incomplete schedule, a nurse aide seventh period, Missy Coghill stated, "I became an aide because I had a free period. I had two study halls and I

Okay, It's Like This

In the library, Anita Macleay runs off a paper for a teacher. This was the best machine. Photo by Rusty Daymude

"Could you do this? Do me a needed an aide position. This ally big favor and run up to one looked interesting."

Being an aide was a break from the routine of classes. "It's time off from my classes," said Jill Royster. "Different periods they give us different things to do. They make us check attendance cards and put them in the teachers boxes."

You don't get credit for being an aide, at least academic credit. It's just something to do. But, it does sometimes grant privileges. Chris Bradford said, "Being an aide gives a person freedom in that no one is pressuring you about what to do, it doesn't mean you'll be working everyday of the year." Story by Paul Ronco



Tara Mendoza Chris Mesimer Todd Mesimer Brock Miller Jacqueline Miller Lisa Miller Melissa Mix

Greg Monn
Angie Monroe
Paige Moore
Jane Morgan
Jennifer Morris
Mike Morris
Kendra Musante

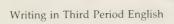
Tracy Neal Kevin Nealy Traci Nealy Caroline Neitzey David Newcomb Juli Newton Nicole Newton

Matt Nisley Katherine Oakman Jennifer Ojibway Danny Oliver Cristi Palomino Jason Parsons Michelle Patterson Amanda Pearson Jason Pendergraft Heather Perry Amy Phillips Jerry Ponton Rick Proffitt Traci Pryor Tifani Quayle Erik Reed John Riddell Jennifer Roberson Jenny Romack Paul Ronco Renee Rouse Brian Rowe Jill Royster Mark Rutstein Julie Sanborn Bobby Santmyer Michelle Schindel Jeffrey Schooler Jay Seitz Shelley Seitz David Shebalin Bryan Shelton Stephanie Sheppard Mary Short Connie Silver John Skinner Ben Smith Billie Smith Missie Smith Tammy Smith Jason Snellings DeWayne Speed Caryn Spiak Jason St. Ours **Emily Stevens** Megan Stewart Kevin Stone Stephanie Stoner Meg Strohl David Strong Terrance Sullivan Shannon Sweet Leslie Taylor Tammy Teter Noah Thompson Suzanne Tignor Jonathan Tinsley Jason Toombs Danny Torrice David Tran Michelle Trant Sandy Tyler Donna Tyree

56 Juniors







After one semester as a junior, Scott Carpenter said, "The greatest thing about being a junior is that there is only one year left of high school. It's kind of like this year is a waiting period before graduation. As long as I pass all of my classes the senior year is a sure thing." Photo by Lynn Miller



Susan Uecker Lori Underwood Missy Vance Kathleen Vann Rick Vermillion Larissa Vida Matt Waite

Stacey Waite Catrina Washington

Shannon Whisnant Shawn Whisnant Jeanne Whitman Brenda Wible Tom Wielt Eric Wildermuth Jamie Williams

Randolph Williams Catherine Wilson Danny Wilson Scott Wilson Vicki Wilson Amy Witter Melanie Wood

Brian Way Jimmy Way Brian Weaver Sharon Weaver Delora Wheeler

Talking to Shawn

Buckling down to his junior English, Mat Dinehart chats to Shawn Whisnant. Mat said that the best thing about his junior year is basically just like his sophomore and freshman years, being with your friends. He said, "I like coming to school to socialize with my friends. It's great!" Photo by Lynn Miller

William Abel Robyn Adair Tiffany Adderton Paul Akers Kathy Allard Lisa Allen Nicola Allen Brian Anderson

Tina Anderson Jimmy Andrews Sara Askins Myra Axibal Wendy Aylor Stacy Ayres Jennifer Bailey Dawn Baldwin

Philip Beazley Jorge Beltran Mandy Bequette Jenny Best Tracy Bigelow David Bird Shannon Bivens Becky Blevins





#### Checking out the Scenery

Waiting for the next class, Steven Kozicki and Sharon Weaver take advantage of a beautiful autumn day. The temperature was 72F. Photo by Laura Eubanks

> Nicole Boice Aimee Boisot Sherrell Borders Geraldine Bourne Roy Bowling William Boyle Angelina Bratti Kelly Brazil

Becky Brazzil
Becky Brennan
Misty Brent
Julie Bromley
Kevin Browder
Adam Brown
Dean Brown





Alicea Buck
Derron Bumbrey
Allen Burcham
Chuck Burchell
Julie Cabitto
Jeremy Cadiere
Christy Calverley

Scott Campbell Brent Caple Lisa Carr Charlotte Carter John Carter Nina Catalano Marc Chapman Rodney Childress

Mark Chinn Gary Clark Meg Clark Rodney Clemons Russell Cockerill Heather Coker Darlene Collier Ali Collinsworth



#### We'll Miss the Colonel

Saturday morning, October 27. Twenty-six members of the yearbook and newspaper staffs piled onto a bus getting ready to depart for the Virginia Commonwealth University in Richmond, letting go of their free weekend to learn more about yearbook and newspaper construction. The trip up was slow and packed considering it was via the school bus, but after checking in at the Days Inn Hotel, they were off for VCU and an interesting experience.

Once on the inside, the element of school dried up with air-conditioning and carpeted halls, and was shattered

Joe Purdy, Katie Payne, Mike Curry, Hillary Ittner, and Laura Eubanks munch before class. Photo by Sharon Weaver

Saturday morning, October 7. Twenty-six members of the earbook and newspaper affs piled onto a bus getting ady to depart for the Virginia ommonwealth University in chmond, letting go of their ee weekend to learn more with the refreshing welcoming presentation given by Colonel Charles Savedge. After his class on yearbook evaluation, different students began the new experience of self-education as they took off for their choice of classes.

A good college professor associating light humor with education is rather unforgettable, and they managed to keep the students' attention until 5:00 p.m., when everybody was getting ready to leave for the day. A dance was held at the Hyatt Regency (actually, more time was spent trying to get there than dancing) and everyone did his or her own thing freely until around 12:00. Oh yeah, and the clocks went back that night. Story by Paul Ronco



Amy Connelly Jason Cook Sheila Cooper Andy Costa Travis Courtney William Cowan Tim Cowger Laura Craig

Emily Craver Ashton Cropp Mike Crowley Stephen Crowley Celenia Dameron Nick Davidson Sarah Davidson Peppi Davis

Seth Davis Chris Deale Scott Debord Angela Decatur Lee Dejean Lisa Demmel Matthew Dempsey Stephanie Detwiler

Valerie Dodd Wesley Donelson Marc Donohue Carey Dooley Jason Dotson Melinda Douberly Jennifer Downey Jeffery Drake







Jay Dwight Beth Eagal Melinda Edsall Brock Edwards Ernest Ellett Chad Elliott Delbert Embrey John Ennis

Fletcher Epes Amy Eubanks Jennifer Fagan Audrey Farley Bobbie Farley Billie Farrell Holly Fedowitz Christie Fields

Tracy Fisher Jerry Fleming Keith Fleming Ronald Fleming Tony Floyd Ryan Foosness Michael Foster Kyle Fredette























John French Timothy Fries Chanita Gaither Devry Gallagher Steven Galusha Lorrie Gammon Tonya Garant Jon Gardiner

Sean Garvey Cindy Gassaway Amber Gaucher Saundra Gautreaux Patrick Gav Jennifer Geichei Joe Gill Joe Gill



# Swing Kick

Europe and South America is soccer, or as they call it "futbol." Duane Seay won the opportunity to experience foreign futbol firsthand last summer. Duane traveled to Greensboro, North Carolina to audition for a national soccer team that was searching for twenty soccer players to travel to Holland, Denmark, Sweden, and West Germany while representing the U.S. and competing against other countries. "Over four thousand people tried out, we just had to do basics, exept they were timed. It was sort of hard because

Serial Shots

Soccer is his love. Duane Seay practiced the game after school brushing up for 1992. Photos by Becky Lee

The most popular sport in when you're nervous, it's hard to do your best, and there were so many people there, said Duane.

> "It's not just a game there. It's a very serious issue to both the onlookers as well as the players themselves," said Duane. "On the playing field, our opponents were very vicious and dominating, but the moment we left the field the opposing team was very admiring towards us because we were Americans. It was really nice to have someone go out of his way to impress."

> Duane has has one more step to go. "I received a written invitation to try out for the 1992 U.S. Olympic Soccer team in Bingham, NY this April!" Story by Becky Lee



Emily Glazman Kristin Gnegy James Gnoffo Wendy Goad Carla Goncalves Scott Gore Michelle Gorham Bryon Graninger

Christene Graninger H.B. Graninger Bryan Grant Billy Graybill Sally Green Sarah Green Paul Griggs Laura Guy

Kenneth Gyovai Chris Hahn Holly Hall Joy Hamm Steven Hanna Mark Hare Angela Harper Matthew Harris

Tom Harris Amy Hash Heather Hawk Tina Heflin Nina Henderson Tammy Hicks Carey Hilton Brian Hix

Angie Hobby Carrie Hohman Tony Holland Andrew Holt Scott Hopkins William Houser Mike Howell Kim Hudson

Andy Huffstickler Cherise Hughes Heather Hughlett Elizabeth Hunt Mellissa Hyatt Frank Iannarelli Mandi Ice Chad Ingram





#### He-Man

In Virginia's Strongest man contest Adam Edison looks determined. It was held at Bodyworks Gym. Adam won 4th place. Photo by Lorie Spenser

> Daniel Ingram Keri Irlbacher Wendy Isdell Holly Jacobs Melody Jacobs Crissy Jenkins Chris Jett William Jett

Arden Johnson Craig Johnson Kenny Johnson Michael Johnson Michael Johnson Mike Johnson Regina Johnson Jeremy Jones





Stephanie Jordan Kaleo Kala Gus Kapataidakis Adam Keen Susan Kelley Darlene Kelly Sally King

Wayne King Garth Kirkpatrick Paul Klein Scott Klinck Chip Klock Stephen Kozicki Jenny Kurtz Tim Langaas

Kyna Langhorne Jermaine Lawrence Chris Leblanc Melanie Leite Doug Lemmons Andy Lewis Trey Lewis Matt Lichtenfels



### Burn It

You might like running until your lungs creep up into your throat, or attending aerobic class until the muscles twinge. But aside from eating right and exercising three days a week, there is another facet to the world of keeping fit--bodybuilding.

"I love lifting weights," said Adam Edson. "The atmosphere is relaxing. Someday maybe I'll compete. In the middle of a long repetition, all you feel is this burning deep inside your muscles. I think it's great."

The gym is huge, two stories with different items of workout

Mr. Telephone Man

It's Jeff Parks. Jeff worked at the Gym's counter and was able to use the facilities. Photo by Lorie Spenser

machinery on the floor. The Bodyworks Gym is a tremendous success providing an outlet for an otherwise neglected leisure activity.

"I like the place," said Danny Linsmayer. "It's a nice place to go and work out, and it's great for people who like to stay in shape. I personally do a lot of weightlifting there myself. I benchpress 320 pounds, and I hope to go into competition in about a year."

Danny, being the top benchpresser in the school, attends Bodyworks Gym on a regular basis. Having over 1700 members, the gym is a strong institution for anybody serious about in top condition. Boasting pros and amateurs love it. Story by Paul Ronco



Amy Lipscomb Trinity Lloyd Ray Loving Justin Loyd Brian Lutterbie Iill Lyons Randy Macgregor Edward Macias

Monica Majewski Scott Malloy Ilene Manster John Marcoux Matt Markevicz Mike Markham Robert Marshall Michelle Marti

Matt Matarese Lorie Matthews Danny Matula Shannon Mccloskey Jim Mcconnell Kevin Mcgillicuddy Cheri Mcnutt Shaun Mcpherson

Erikka Mears Karen Middleton Jay Miller Jeanie Miller Kim Miller Jimmy Mills Tara Mills Matt Minter





It's Halloween! Football players Robert Pressly and Brian Pomykala dug for the English homework while sporting muscle shirts and plastic masks. Photo by Katie Erskine

> Adam Monroe Sonnia Montemayor John Moore Tina Moore Jessica Morgan Kevin Morgan Kevin Morris Mike Morrison

> Scott Moter Clay Mottley Bret Mullinix Louise Musante Thomas Musselman Clarke Newlin Andre Newman Jason Newman

> > Eric Newton Susan Newton Tiffany Newton Jerry Noah Shawn Noonan Kristina Northrop Robbie Norvell James O'Neill





















Becky Paige Virginia Painter Angela Patricelli Nathan Payette Katie Payne Traci Pfeffer Ryder Pieratt

Dawn Pollock Kim Poppen Rodney Pretlow Lindsay Pyles Erin Quinlan James Rauth Mark Rawlings Stephanie Rea



## Hot Strobes

Everthought about being an actress or model? What would it be like to be under the spotlight, having millions of eyes watching your every move?

Michelle Marti wanted to be an actress. "But my mom suggested that I start modeling and doing commercials." Michelle was hoping to get a part on a new sitcom where she'd play a daughter in an average American family. In the meantime, she models.

Speaking of modeling, we have three local models here, Molly Phillips, Lori Stamey, and Suzanne Briggs. "I am planning

Dramatic Duo

have a partner. Jenny Smith and Patrick Tulloss rehearsed their Drama assign-

on going to college, but modeling will definitely be a hobby," said Suzanne Briggs. Suzanne was President of the Leggett modeling club. Other members included Nicole Craig, Erin Royster, Missy Hazard, Lori Stamey, and Molly Phillips. These girls model in front of Leggetts for Prom and Homecoming.

Suzanne felt that "patience is essential. They're always calling you in last minute for changing your times." Michellesaid, "One downfall is that people see the pretty face, but figure there are no brains behind that face."

And then, take Drama and holidays to get another feel for Memorizing lines is easier when you being in the spotlight. Story by Vanessa Howard



Robin Rector Kim Reid Reagan Reid David Richter Rick Rivers Tommy Rollins Chris Roop Keith Roop

Jeannine Rosado Danny Roscoe Matt Rose Corey Roy Melissa Russell Carrie Saikowski Courtney Sale Penny Sampson

Jason Sanborn Baljit Sandhu Kevin Scalia Eddie Scherzer Shanon Seitz Cindy Shafferman Craig Sharum Cameron Shelton

Mark Shelton Martha Shelton Suellen Silver Rachel Smart Anthony Smith Crystal Smith Heather Smith Inana Smith

Keira Smith Kelly Smith Ian Smith Chris Snellings Walter Snyder Lori Souders Brian Sparks Tonya Spicer

Jenn St.Ours Shon Stacy David Stanskas Lisa Staples Jennifer Starn Iimmy Steele Teresa Stockdill Sean Stover



### Punch In

get the experience or the money, the paycheck, the cashola?

Of course, it's the money. But, not always. "The best thing about working with the elderly is just the experience," said Debra Schliegh who worked at Marion Manor. Melanie Cooper said, "The best thing about working is having money on the weekend."

What about the training? Is it necessary? "Through training, I had to take a two and half month class at the YMCA and a rescue class. After that I had to swim laps and keep in shape," said Karen Johnson who worked as a guard at Holly Haven Pool.

In other situations the training differed. "At Sears the training was mainly on the job with

Working. Is the objective to a one day orientation," said Kristi Carneal who worked in the catalogue department.

Of course, payday could motivate a person. Why? Because of the money, you can buy things that you otherwise might not. Amy Brewster said, "I think the best thing about working is getting out of the house and making money to drive my new truck." Amy worked at Hardees.

Meeting new people, making money, and keeping up with what's going on, whatever the reason, having a job definately had it's payoffs.

Workaholic

At the Party Store Pam Radtke helps a customer try on a costume. Pam modeled for Halloween. Photo by Lynn Miller



Mike Street Mary Strohl Aaron Sullivan Berry Sullivan Ivy Sullivan Terry Sullivan Philip Surles Jason Swenson

Charles Tate Angela Taylor Dale Taylor Alex Thacker Justin Thacker Eric Thomas Rynan Thomas Shane Thomas























Lisa Thompson Sissy Thompson Zack Thorpe Tina Tincher Wendy Tkach Erica Toombs John Torrice

Kristen Traulsen Andora Trickett Michael Tucci Stephanie Turnbull Michelle Tuttle Todd Viers Ninh Vu Benjamin Walker

Mike Waller Christina Ward Beth Watkins Kim Watson William Wedding Jason Wells Patrick Weppner Jason White



#### Kodak Moment

Writing receipts, Tommy Johnson's job at PhotoArt keeps him constantly busy. Tommy charged yearbook enlargements. Photo by Lynn Miller





























Clifton Abel Latisha Ackers Tracey Acree Neva Adamson Amy Aldridge Antoine Allen Chad Allen Eric Allen

Joni Allen Michael Allen Kristen Anderson Don Angold Christi Apperson Tony Armstrong David Argold Amanda Atkinson







Do you have a pencil?

Ah, the question. Molly Strohl asked Mr. Duncan for a pencil in order to do her assignment. Mr. Duncar obliged. The next question: Got any paper?

Jasmine Aulakh Grace Axibal Michelle Ayers Sara Babel Shannon Bailey Charity Bainbridge Kira Baker Lisa Balderson

Traci Ballard Kenneth Barbeau Stephanie Beck Amy Becker Courtney Beeson Justin Beggs Thomas Behm Tiffany Bernardo

Rick Bernstein Jennie Bissett Danny Blackmon Geoffrey Bland Jimmy Blazek John Blevins Stan Bly Matt Bocson



















Amy Boor Lowanna Booth Crystal Bourne Melinda Boutchyard Melissa Boutchvard lames Bowman Jonathan Branham Jennifer Brascher

Gina Bratti Knox Bricken Shannon Brooks Tiffany Brooks Tonva Brooks Stephen Brown Steve Brown Thomas Brown



Thanks Pal

Receiving money from Darlene Kelly, Melinda Williams buys lunch. Because of the various lunch options, money exchanges occured daily. Photo by Kellie

## Takes the Touch

"Okay, quiz time. Get out a sheet of paper, no talking, number from 1 to 5."

Oh no. Quiz?! How dare she. I didn't think I'd need a pen today! Almost without thinking, I turned and asked some blank faced person sitting beside me.

"Do you have a pen?"

"NO."

"Oh . . .

"Paul, this is a quiz. It's your responsibility to bring a pen, and I don't have any that I can loan you. You'll have to take the zero

Oh well.

"Paul, you need a pen?" I turned, and a pen was thrown from the other side of the room and hit my shoulder, falling to the floor, I was saved.

Oh no ... there they were again! "Can I borrow a ----?" (Fill in the appropriate word.) That elegant phrase first asked in grade school still remains in a back alley of the mind, trailing behind the glittering limousine of Academic Success like a suicidal puppy. It's a necessary question at times, as we all know--even though it leaves you feeling like a fool and the kindhearted donor wondering what your problem is. As Michelle Kang explained, "It depends on who the person is. If it's one of my friends, I just go ahead and give it to them because I know I'll get it back. If they constantly ask me, it annoys me.

So are they lying to you when they say, "No, sorry?" Do you feel like a reject? Sure. But even the most repulsive personality can get a sympathetic response. Of course, maybe a sigh, a rolling of the eyes, or a sluggish ripping open of the backpack will accompany the reward, but the Masters of Mooching can handle anything under this type of stress. Story by Paul Ronco





























Dan Byrne David Byrne Diane Cabaniss Matt Cabaniss Jack Caldwell Roceda Campbell Christian Carmody Lori Carpenter

Dawn Carter Zephenia Casimiro Wes Childress Geoffrey Clayton Matt Cleaver Julia Clore Christy Cockrill David Cole

Vaness Collier Mark Collins Chris Colombel Karyn Coman Michael Conley Chris Conyers Tripp Cook Candice Cook

Steve Cook Eric Cooley Angie Cooper Brian Cooper Brian Cooper Susan Cooper Kelly Copley Ashley Corbin

Chasity Cornwell
Nicole Craig
Danny Crawford
Dennis Crawford
Joe Crisp
Christy Critchfield
Chris Critzer
Jim Crowder



# Feed Me, Dude

My mouth drops in disgust. The meter rolls off it's numbers, sucking the cash out of my pocket like an alcoholic leech. I sigh and wait patiently, sniffing the gasoline fumes while feeding my car--a weekly ritual. I am beginning to hate gas. I love my car, though, and the more money I devote to it's life's blood, the more intense our relationship becomes. Hold on. Did I say relationship? What relationship? Nobody has relationships with his car. What am I talking about?!

Students regard their cars as symbols and furnishers of their independence and find it hard not to associate their cars with themselves in one way or another. "I am one with my car," said Katie Erskine. "My car is an extension of me. This week I had to drive the spare car. I hated it. I could not drive it because I was not "one" with it," said Katie further.

Well, no matter what they are, they are

definitely useful machines. Sure, they pollute the environment, are annoying, abusive to the ego, and even embarrassing at times. But your car is your personal slave, taking you to school, taking you on dates, taking you everywhere. Just feed it once a week, and it'll carry you whereever you want. Hey! Not even your mother was this faithful.

"Oh it was great when I got my car," said Ben Smith. "When you ask people for rides, they might get all shy about it or say no, and after you ask the same person over and over again they might get really annoyed and make you feel all dumb, like a tag along."

Some of us will never be granted this privilege, while we are condemned to riding the cheesewagon or hitching rides off other kids for the rest of our school lives, or most of it. Story by Paul Ronco



Cowabunga!

Since Jay Foster can't drive, his father picks him u after school in a candy apple red Porsche. What luck Will Jay want to drive? Photo by Rusty Daymude

Ashshahee Crudup Eric Cruz William Curtis Angela Cushing Jill Cutshall Benjamin Davis Jason Davis Patrick Davis

> Reggie Davis James Day Buck Decatur Kim Deshazo Amy Dial Clint Dickerson Pam Dickinson Angela Dietrich



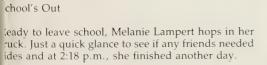


Carrie Donnelly Chris Donohue Marilyn Dooloukas Stephanie Doucette Toby Dougherty Philip Dove Lorrie Downey

Christine Dovle Charles Drumheller Karen Duncan Scott Duncan Mike Dupont Aaron Dupree Kelly Duren Linda Dyson

Olivia East Aimee Easterly Jim Edgar Mike Ellis Toni English Darryl Ennis Jay Éshelman Mary Essig









Lee Evans Robert Eveland Kim Fagan Jaymie Farley Joseph Farley Ali Faucette John Fedowitz Kimberly Fellman

Ryan Filpovich Paula Fines Troy Fischer Charles Fisk Corey Fleming Todd Fleming Steven Fletcher James Foley

## Tricky Trivia

Alright, you've been a student here for one, two, or possibly three or four years. So, you pretty much know all of the interesting and not so very interesting minute trivial facts there are to know about this school,

right?

What students fail to realize is that the place most of us spend at least six hours daily, thirty hours weekly, and one hundred and twenty hours monthly is often taken for granted. Students can often be heard complaining about just how short those alloted five minutes between classes really are. When in fact, we spend thirty minutes of the school day actually changing classes, one hundred fifty minutes weekly, and an astounding six hundred minutes monthly. In a nutshell, students will spend a whopping 5,400 minutes in between classes in a single school year. During their stay here, students will accumulate the amount of time digested between classes to approximately 21,600 minutes.

Is school really that bad? Maybe. But, maybe not. "It's not really work that I dislike. I enjoy being with my friends. If the system was set up differently, I think I might learn more, but the way things are set up now it seems like there should be more than just a few levels of understanding. School seems to challenge a select few and the others are just sort of getting by, or lost in space," said Jean Enzbrenner.

Some more architectural facts: There are about 550 doors and close to 350 windows. Through those doors travel 1,670 students. And at 2:15 p.m., that mass runs down 443 stairs. And, finally the staff of at least 120 vacate only to return to this building the next day. Story by Becky Lee

Did you know that . . .

this locker housing Jason Newman's books and stuff is a part of over 2000 lockers. Jason had a bright orange locker. He could have had yellow or burnt red.



John Foley Jay Foster Crystal Fox Aichelle Foy Michelle Foy David Frankenreiter Jon French Lloyd Fritter

Matt Fritter Ray Fuller Joni Gallahan Sherri Gallahan Adrienne Galloway Rick Garland Margaret Garrett David Gates

Kim Gaucher Mary Gayle Nikeya George John Getgood Wendy Gilkerson Russell Giuffrida Sarah Goggin Chris Good

> Patrick Gorham Robin Graham Kim Grant Chris Green Lori Grella Judy Griffin Amy Griffith Josh Grigg

Mandi Grove Janet Ham Sean Harkins Ben Harley William Harlow Matt Harper Heather Harris Timmy Harrison







Windows!!!

Students often complain that there aren't any windows, but members of the Environmental club found five. They worked on their homecoming float here.

Sardine Lunchables

About twenty-seven people cram through this cafeteria door at once. Oh, yes, and cafeteria tables: on the average, there are fifty-six tables.



lan Hartless Charles Haun Margaret Haynes David Hazel Lenny Headley Eddie Hein Kim Henderson Heidi Henry

Jamie Henshaw Sheila Hensley Sonya Hilton Jeff Hlywa Chris Hoiska Staci Hollibaugh Jason Horton Darrell Hoskins

Eric Housley Elizabeth Howard Dallas Hughes Matt Hyatt Alissha Jackson Leigh-Eri Jacobs Gilbert James Paul Jasman

Daniel Jenkins Jenefer Jenkins Margie Jent Mary Jent Renae Johnson Kelley Johnson Tahnee Johnson April Jones

Jeffrey Jones Kevin Jones Mark Jones Jesse Jordan Jenny Justice Julie Justice Jason Kanagy Katie Keeton

Melissa Keller Leah Kelley Jason Kelly Chris Kerns Brooke Killinger Ali Kimmitz William King Crystal Kirtley

Cassie Kistner Wayne Knapp Kenneth Kockler Amanda Kraus Peter Kuhl Kristen Kunze Alicia Lacey Brandie Ladd































It's a Mystery to Me

As he sets out to discover what's for lunch, Scott Debord gives a look of anxiety. Lunches consisted heavily of carbohydrates. Photo by Katie Payne

Take That Tray Up

Glancing at the leftovers on his tray, Brian Weaver does the dirty deed of returning his tray. What do you think, Mr. Feducia? Photo by Katie Payne



Melanie Lewis Nicole Lillibridge Robyn Limerick Suzanne Limerick Eric Lint Jen Looney Amy Loveless Gail Lowe

Daniel Lynn Pam Macdonald Aaron Madhavan Michael Madison Oscar Mairena Tom Majewski Sarah Mansfield Dawn Marchant

























Christy Martin Melissa Martin Ryan Masters Chris Matarese Krystal Matney David Matthews Eric Mattison

Lewis Maust Alicia Maxey Wayne Mcalister Kimberly Mcavoy Sherry Mccain Jennifer Mccaslin Joe Mccullen Christy Mcdaniel



## Cool Cuisine

You can smell it as you drive past the restaurant. Steak. You can taste it in the home economics hall. Danishes. Your stomach growls, and your mouth waters. It's the delicious savorings for food. From pizza in the cafeteria to boiled lobster at Diamond Head, food varies according to the demand. But because we all need it to survive, we have become accustomed to choose what we want to eat as often as we want it. Of course, this has to do with the great selection offered, not just because the Simpson's are on TV and we need snacks. Right?!

Eating chinese and vegetable dishes seems wise because it seems like get more food. "I really like crab legs because no matter how many you eat, it seems like you don't get full," said Jeremy Edmonds. And, eating ethnic foods breaks from cafeteria

food, sandwiches, and junk food. "It's like really eating good food for a change," said Tommy Rollins.

Since there are so many types of entrees available sometimes it pays to choose food that cooks the fastest and tastes the best. "I think tacos are best because they're quick and easy to cook, and they taste good," said Bennett Jones.

The Surgeon General said that food is best when it not only tastes good, but is nutritious as well. But, as Bronson Woodard said, "I like Nutty Buddy's for all meals because they have two of my favorite combinations, chocolate and ice cream."

It's the food we eat that gets us through the day. As Shannon Whisnant said, "I like to carry a little candy with me for energy." So, whether it's the smell of steak, danishes, or Nutty Buddy's, enjoy. Story by Becky Lee



Patrick Mcdougal Amy Mcintyre Ken Mclein Tracy Mcpeck Troy Meade Jennifer Meadows Kimberly Meadows James Merrill

Brad Merwin Casey Mesimer Leslie Meyers Sparkle Mike Tony Milam Kenny Mills Shannan Mills Dean Mirza

Emily Moir Scott Montrief James Moody Kandy Moody Brian Morgan Brian Morgan Jason Morgan Maggie Morgan

Tammy Morin Bobby Morris Kirk Morris Canella Mullins Heather Mullins Tamara Mullins Beth Nagy Nancy Neal

Kevin Neff Charissa Newcomer Heather Newman Dana Newton Jeff Nicholson Martha Nicodemus Kelly Norton Daniel O'Brien

Sean O'Brien Justin O'Connell Chrissy O'Dell Timmy O'Dell Kelly O'Reilly Chrissy Olson Billy Osler Freddy Ouellette



## Goals at the Farm

It's a crisp, nippy autumn morning. The sun lazily rises above the trees and brightly shines down on dew-covered fields. As the day warms to a moderately cool afternoon, there is only one thought on everyone's mind... Football! A group of friends hanging around a muddy field, passing the football is not a rare sight. In fact it is a traditional pasttime for the students at Ferry Farms. "Hey, it's Americanna! I mean a bunch of guys and gals playing neighborhood football on a crisp, autumn Saturday just brings out that feeling of free-spiritness. Let me tell you ... It doesn't get any better than this," said John Bland. Lisa Kelminski loves the afternoon games because "the people we play with are the people we've grown up with ... it's a tradition!" Lisa and John have been playing with Jon Logan, Cameron Sullivan, Seth Craig, Marc Sweigart, David Baggett since the 9th grade. "Now with the additions of Joe Gill and Jimmy Mills, it's becoming a brand new and improved game," said Lisa.

Co-ed football doesn't seem to bother the guys. The addition of girls in no way hinders the strategy of the game (to have fun), but actually adds excitement. Playing with girls, "... doesn't matter to me. It's just as fun both ways," said Scott Fray, "the more people the better." Getting everyone together on a weekend is tough. Schedules must be juggled to get everyone together at the same time. However, "neighborhood football games have been a great time for friends to get together and have fun. Although the games can be difficult to organize, when they are successful, everyone has a great time," said Seth Craig. As Lisa Kelminski said, "It doesn't take a whole lot of strength or fortitude to play. You just have to be willing to have fun." Story by Leila Ugincius



Latoi Pace Robert Paige Bill Palmer Jason Panek Tabitha Parchment Heather Parker Teal Parmelee Chris Parsons

Gary Partner Shannon Pasteel Karen Pates Rachel Patterson Erica Paulson Clifton Payne Kimberley Payne Billy Payne





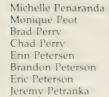














Paulette Petras Tracy Pickeral Andrew Pickerel Christen Pirog Eric Powers James Price Chris Pruitt Heather Ramsey



Amy Randall Jennifer Rapier Melissa Reed James Reiter Nora Rich Georgeann Riddle Loretta Ridenour Kimberly Rieck





Tackle Her!

Giving a laugh, Leila Ugincius realizes she is defeated as Karl Ackerman attempts to stop her from scoring. The game's score was 14-7 as Karl said.

Quick. Stop Him!

A rowdy game inspired Jimmy MIlls to tackle Scott Fray as fellow players Mike Johnson, Karl Ackerman, Marc Sweigart, and Will Scott vie for the ball.

> Danielle Riede Jeff Roberson Andrew Robertson Chris Robinson David Robinson Kathleen Rodgers Josh Rogers Steve Rose

Brian Rowe Mary Rowe Robert Roye Erin Royster Bruce Ruffner Paul Ruppert Rebecca Russell Melissa Rutledge



































Bonnie Sale Sulma Salgado Karina Santiago Stephanie Saphos Kristen Sasser Tim Sauls Chris Saville Brandon Schooley

Don Seecharran Tracy Seeser Teresa Seidl Scott Serrett Kelly Shea Regina Shea Cami Shelton Donnie Shelton

Tony Shelton Larry Shepard Sean Shipp Nathan Shoemaker Nicole Shortt Meagan Shugart Leigh Sitzman Angie Skinner

> Diana Skinner Donald Skinner Andrew Smith Bruce Smith Bryan Smith Charles Smith Jennifer Smith Jonah Smith

Larry Smith April Snellings Melannie Snellings Sonja Sovich Lorie Spenser Chris Spicer Michelle Spindle Andrea Staab

> Richard Stamey Bryan Stoelker Russell Stone Frances Stover Linda Stover Izzy Stradle Emma Sullivan Kevin Sullivan

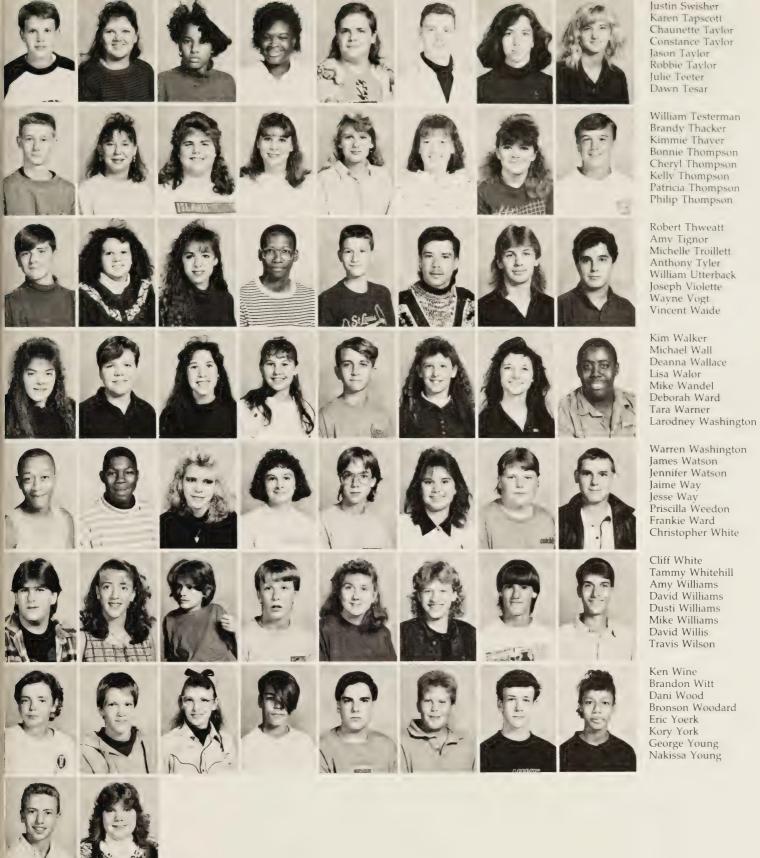
Michelle Sullivan
Becky Sullivan
Tracy Sullivan
Jason Sulser
Donna Surles
Mike Surles
Jason Sutton
Melanie Sweigart



He said what, girlfriend?

During P.E. Melanie Leite and Kim Allen exchange gossip while friends Talaya Lambert, Alissha Jackson and Missy Allen listen. It's the language that kept these conversations going. Slang words like cool, jammin, kickin, and dork distinguised kids from teachers. Like Zac Smith said, "I kid around with my best friend Craig a lot. Sometimes, I'll go up to him and say, 'Hey, dork!' What's going on?" Photo by Katie Payne





Nicola Zappala Karen Zeller James Andrews Bobbi Blalock Ronald Beverly Susan Boggs Beverly Bonderman Milton Branch Walter Breede Gerald Brooks

Roger Brown
Judy Bunn
Pat Butler
Richard Byrne
Stephanie Carpenter
Eileen Cash
Jane Clark
Beth Coss

Betty Dameron Wanda Dangerfield Dom DeMaria Robin Didlake Lorraine Dillard Robin DiPeppi Lisa D'Orazio Brian Driver

> Joe Dunkin Anna Ellis Jace Enyeart David Eshelman Dave Farmer Greg Feducia Pat Ganderup Betsy Gilbert

Sue Gill Joe Haag Heidi Habheggar Pat Harrison Mallie Henderson Sara Hill Missy Hirsch Kenneth Hite

Chris Hylton
Betty Inman
Elena Jenewein
Robert Jett
Jimmy Jones
Retha Jones
Sue Keyser
Deanna Kindred

Sandy Kitchin Ralph Ladmirault Julie Lamb Lynn Lansford Mary Lewis Vic Long Kathleen Magargal Maureen Mascsak

> Jane McConnell Sandra Melick Lynn Miller Brenda Monn Jean Moore Judy Norton Olga Null Don Olah

> > Wayne Parker Janet Payne Dave Perino Dale Portner John Prowett William Pugh Linda Randall Dorothy Reid





## Help Wanted Ad

#### Wanted: Twenty year veteran

Who could have been here that long? He enjoys teaching. He said, "I have a chance to get to know more than a hundred new people each year, and teach them skills which will make it easier for

Sweet Music

Is Mr. James Andrews asleep? Not this time. He is listening to the sweet Christmas music of the orchestra. A school concert was performed on December 21. Photo by Lynn Miller

them to survive in the real world." He's tall, slim, and his desk is cluttered. His voice can hit the higher notes above and his computer is his true love.

Figured it out yet? This teacher's name is not Dr. Wong! It is Jimmy Andrews. He will always be here. At the thought of retirement, Mr. Andrews said, "I'll probably drop dead in front of a class while jumping around, crazily acting out some story." Ad answered. Story by Pat Landreau



s 7:00 a.m.

hile in Florida, Mr. Hite performed another of his aching duties, wake up calls to band members. Mr. enneth Hite had over one hundred students with m. The band was in Florida for competition.





Setting a trend?

Getting into the swing of the after prom celebration, Mr. William Pugh sports shades. After the long hours of cafeteria lights, music, and fun activities, the eyes must have been a little tired. Photo by Cathy Neitzey

my slip is falling. Direct quotes from the bride Julie Lamb as she is dashed from the alter by her groom Jim Stemple. The couple enjoyed a honeymoon cruise after wedding on December 1. Photo by Lynn Miller













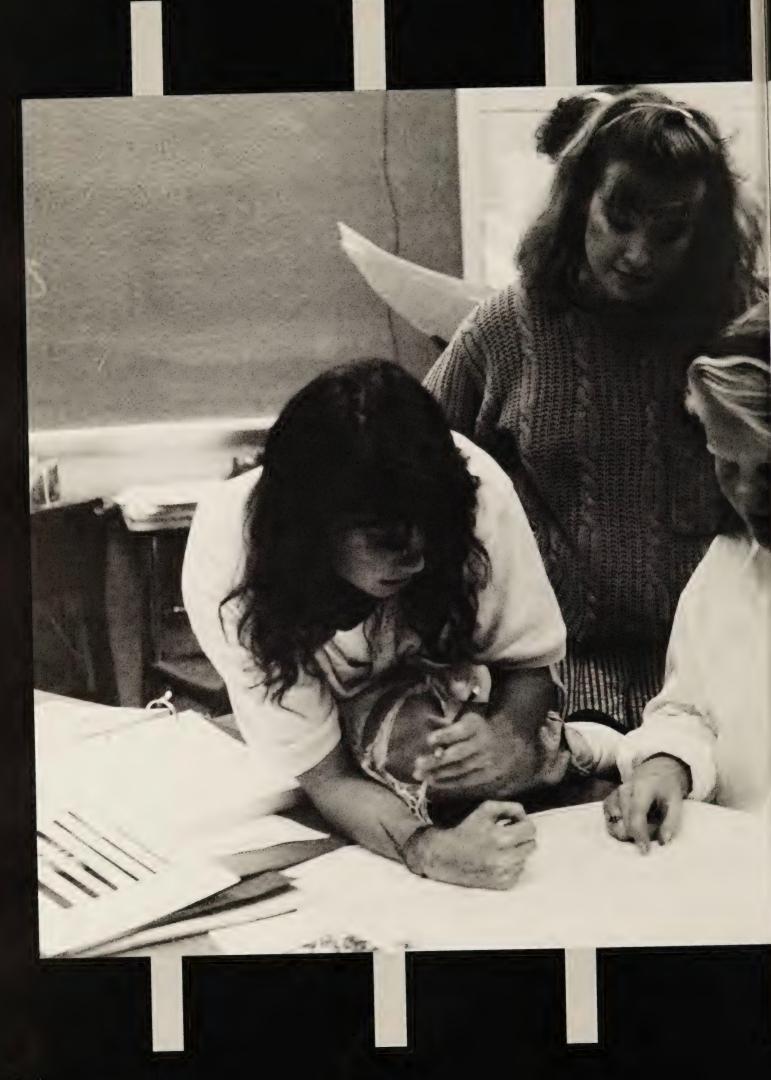






Joe Soldan Gail Smith Tamar Sonstegard Steve Spicer Anita Stowe Nancy Wilson







# LATE IN THE DAY

Wondering what goes on late in the day? Ever leave school and think that once you leave the building is empty? Look around the corner in the French room or try down in the cafeteria or maybe back upstairs in the Science department. Just about every day after school, clubs were having meetings. The newly founded Environmentalist club was trying to organize a group of students who felt strongly about conversation. While French Club was "just hanging out and having fun." Carter Smith and Bryan Grasso who preferred to be called Luc and Bert liked French club because it allowed them "to be together with many of [their] friends and plan special activities or just joke around and have a good time." The work of many of the clubs was apparent throughout school and their extra efforts often carried on until late in the day. Especially, yearbook. We stayed a few nights until 9:30 p.m.--Story by Vanessa Howard

Working at it, the yearbook, are Sharon Roscoe, Vanessa Howard, and Katie Erskine. Designing the book's look required everyone's involvement. Here, the main concern was the opening section.

### Found: Food

#### folks, and fun club

looked for a little extra pazazz had the opportunity to join the ever-popular French club.

Sponsored by French teacher Mrs. Betty Dameron, the club was always buzzing with activity and excitement. The French club was continuously striving to come up with new ideas for raising funds and just having fun. It was always successful in all of its endeavors (such as the Valentine day songs and sales and the Homecoming parade float); and part of the success was due to the close-knit family that quickly developed between the students and Mrs. Dameron.

Co-President Bryan Grasso specifically joined the club

French students who because of Mrs. Dameron's influence. "Mrs. Dameron encouraged me to become more involved and I knew I'd be working a lot with the club in the future," said Bryan.

Others joined because they heard of all the fun from current members. Lisa Miller was always ready to put in a good word for the French club: "Mrs. Dameron is really enthusiastic about all kinds of stuff. My favorite stuff was the Valentines sales. That was really fun."

Each year, students take the time on Valentines day to deliver balloons, flowers and singing telegrams and spread Valentine cheer. As Vice-President Carter Smith said, "If you want to join spirit, you join the French club." Story by Leila Ugincius





What a mouthful!

At the French club Christmas party, Kristen Sasser snacks on a Dessert. For this party, the members made various French holiday recipes.

#### Vive la France

Despite the monotony of starting off a meeting, C.J. Newcomer and Janet Hamn awaite Le Cercle Français. Meetings were a time to get updated on upcoming projects and events. Photo by Pat Landreau





#### I dare you!

Deciding whether or not he really wants one of Stephanie Rea's French appetizers, Nick Davidson waites with Lauren Whitter for the club party to begin. The different foods added to their knowledge of French culture. Photo by Pat Landreau

French club--Front row: Tabitha Greene, Vicky Wilson, Michelle Kang Middle Row: Mike Harkins, Ilene Manster, Angela Cushing, Erica Paulson, Erin Royster, Amy Tignor, Jennifer McAslin Back row: Cary Morin, David Baggett, Candice Long, Jill Royster, Stacy Waite, Janet Ham, Bonnie Sale, Charissa Newcomber, Lauren Whitter, Rachel Atkinson, Jennifer Roberson, Seth Craig, Rick Vermillion, Nick Davidson, David Shebalin, Jamie Way, Kelly Smith, Lisa Kelminski







Sampling the Petit Fours and other delicacies are Bill Palmer, Erin Royster, Marianna Essig, Robin Graham, Angela Cushing, and Gotz Grouwinkel. Every member made something.

## Establishing New Roots

At times, we've all felt a little pang of guilt when we threw a bottle or can onto the side of the road, or non-chalantly dropped a chewing gum wrapper onto the sidewalk; unless, of course, we were ticked off at the time-in which case we didn't care less. Littering was only one of the problems that the Environmental club, along with its president and founder, Curt Bradford, decided to conquer.

"I had originally thought of

starting an environmental club last year, and I realized that there was a lot of student awareness and student support for such a club, so that once we started making it an issue, there was a good student response," said Curt Bradford. "Our main goal is to educate students that we can make a change and also to have them be active in cleaning up and recycling."

With so much student support, Curt and his group been received well, having over 50 members to date. They have placed large blue garbage bins around the school that used for aluminum receptacles year-round, and they hope to be able to buy rain forest at \$58 an acre with the money they receive from the aluminum. This was just one of their numerous schemes; they have recently been cleaning up along the Rappahanock River and public parks.

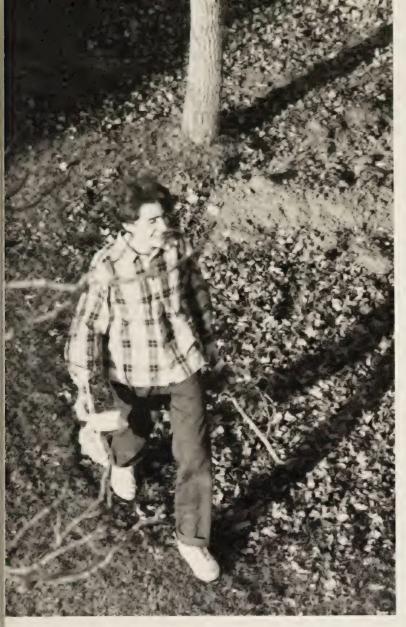
The key word said Jennifer Hohman "...is environment. We're all living in it, so we may as well keep it looking decent.

The club urges us to "...get our acts together..." It takes just as much kinetic energy to throw a bottle to be recycled as it does to throw it out the window. Some day there will come a time when we might not have to recycle, but it's definitely not that time yet. Story by Paul Ronco



Clean America

Clowning around, Michelle Kang directs the posse as the club collects trash. The pond was a common site for the litter pickers. Photo by Stephen Kozicki



#### Give a Hoot!

Armed with trash bags, Karl Ackerman scours the grounds. The club planned to buy rain forest with the money they received from the collection. Photo by Stephen Kozicki

Environmental club--Front row: Karl Ackerman, Molly Phillips, Scott Frey, Tabitha Green, Curt Bradford, Ilene Manster, Jeni Bridges, Michelle Kang, Kelly McFall, Jennifer Hohman Middle row: George Coker, Tommy Johnson, Jean Enzbrenner, Matt Matarese, Bryan Dudash, Jenny Morris, Amber Gaucher, Seth Davis, Stephanie Hunczek Back row: Julie Covert, Mike Scoggins, Michelle Tuttle, Ben Walker, Vicki Wilson, David Walor, Mandy Ice, Seth Craig, Brian Rodrigue, Josephine Haggerty, Keira Smith, Jessica Hamway, Jennifer Fagan, Fletcher Epes, Jenny Smith, Molly





Litterbug Hunt

Investigating has paid off for Scott Frey as he unearths an old "trash relic." Environmental members hunted high and low for trash specimens in the swamp.

#### Consider Opening It

Leaning against the elevator doors, Brian Rodrigue contemplates whether or not he will open the elevator for Brian Moriarty. Key club members operated the elevator between classes.

#### Candy Sells

Looking at a list, Erica Paulson picks up M&M's from PTSA representative Mrs. Silver. The candy sold for fifty cents and was to benefit PTSA. Photo by Seth



Daily Routine

Being a key club member, Sarah Spalding raises the flag every morning. This particular morning the temperature was 36 degrees, but the American Flag was raised. Photo by Lynn Miller



# Community Efforts

Aside from their most noted activities, such as raising the flag every day and setting up the blood drive during October, the Key Club had a lot more work in store for them. Their president, Mike Silver, was satisfied with their achievements, which consisted mainly of services to the community.

Key Club was also considering taking on a main theme, which was confirmed as "Project Literacy," a movement to help the illiterate population of the United States. Possible angles of approach for Project Literacy would be a book drive or fundraiser for the Fredericksburg Library, but the club found itself leaning towards fundraising for the school. "We're a school

club, and I think it's important that we do things for the school," Mike added. This concept marked a new step for the Key Club, as they were no longer confinec to routine, but rather a long-term group effort that all class members could contribute to. "We've got members of every class, and it's a good chance for underclassmen to get to know older members of the school. It's not just a bunch of seniors, it's not cliquey. It shows that a lot of people are interested in the community service."

Key Club was successful, boasting a higher membership than last year and their two new projects, Project Literacy and the After Prom Party fundraiser. More importantly, however, was that it assisted the community in areas that are always open to a helping hand. "I like the fact that I get to help people and have fun at the same time," said Erica

Paulsen. "I'm doing something important for people that don't have as much as I do. I get to bring something bright into their day and make them feel better." Story by Paul Ronco

Key Club members--Front row: Tiffany Bernardo, Erica Paulson, Rebecca Jackson, Sarah Spalding, Keeva Pawlik Back row: Matt Minter, Nick Davidson, Brian Rodrique, Mike Silver, Lori Stamey, Stephanie Grove, Laurie Houck





What have we got?

Among the crowd of Key club members, Tiffany Bernardo, Leila Ugincius, and Lori Stamey select their candy for the Key club sale. The sale took place in February. Photo by Seth Davis



## Ecstatic Espanol

Students who participate in extracurricular activities such as Spanish club seem to find Homecoming the most enjoyable time of the year. "Making the Homecoming float is probably the most fun we have all year, working with friends and especially seeing the finished product (the float) that we worked so hard on. Even if we don't win we had lots of fun," said Sharon Weaver.

"Spanish club is a lot of fun because I've always wanted to go to Mexico, and this is as close as I can get to it right now," said Laura Eubanks.

Spanish club is not the

only enjoyable language club. The German club had another productive year. Attempts at fundraising were successful with the annual selling of German advent calendars, and it looked forward to Christmas as a time of hands-on experience with other people of German culture. "In the past, the clubs have stood out the most have been the French and Spanish clubs. I wanted to make the German club stand out as well and be right up there with the other clubs," said Barbara Zahl.

So where did the club stand? The size of student enrollment was small, even though they reached a high, and the German club members will all have to keep up their efforts if they intend to achieve this aspiration. Perhaps the amount of work they've put in might help to increase next year's enrollment. Nevertheless, all foreign language clubs did well. French club sold flowers and ballons for Valentine's Day. They all made a little money. Bis spater! Story by Paul Ronco and Becky Lee

Thanks for Contributing

Participating in fundraising efforts, Barbara Zahl, Joe Gill, John Bland, and Catherine Wilson discuss selling of advent calendars.





German club members--Front row: Joe Gill, Steve Miller, Barbara Zahl, Catherine Wilson, John Bland, Middle row: Dawn Meline, Jerry Noah, Mike Tucci, Tracy McPeck Back row: Billy Boyle, Kevin Morris, Jeff Bland, Jenny Morris

Cutting the Cake

In German, Martha Shelton makes sure it is done right. November 3 gave students much to celebrate. It was the one year anniversary of the reunification of east and west Germany. Photo by Katie Erskine









Buy a Calendar

Giving his money for an advent calendar, Chris Ingram pays Jay Bland. The biggest fundraiser for German was these calendars. Photo by Katie Erskine.



Spanish club members--Front row: Jeanine Rosado, Wendy Gilkerson, Becca Bocson, Pam Beebe, Michelle Marchant, Becky Nero, Tommy Johnson Middle row: Lori Saunders, Dawn Merchant, Monique Peot, Wendy Isdell, Scott Frey, Robert Pressley, Jason Hillman, Marc Balgavy, Chrissy Baggett, Jennifer Ojibway, Jennifer Hohman, Justin Swisher Back row: Brian Moriarty, Danny Wilson, Erik Barthelow, Kim Barnett, Sean Campbell, Mickey Chinn, Jake Fenny

#### Seven Dwarfs

Acting out parts from Snow White, Bobby JoHancock, and Chad Cutris wait for their cue. Classic plays helped students gain a better understanding of the language.

Heave Ho

At Hope House Caryn Spiak and Jordan Gushurst move the Christmas tree to the back of the house. Members volunteered for the project. Photo by Katie Erskine Let Me See

Before decorating the tree, Traci Pryor entertains a resident with a key chain. Playing with the kids was as fun as Christmas. Photo by Katie Erskine





Tutoring Twosome

For help in Algebra 2, Christine Spiak turns to Tara Mendoza. After school in the library, tutors earned needed points.

Stringing Along

Putting the finishing touches on the Hope House Christmas Tree, Caryn Spiak adds beads. Due to fire codes, the tree remained outside. Photo by Katie Erskine







## We'll Help!

#### Fifty Fighting Hands

National Honor Society. Does the mention of these elite creatures send shivers down your spine? No need to be calm. National Honor Society, in its sobriety and general concern for the pursuit of academic success, is not a matrix of sallow-faced geeks running around on algorithm. Kids of all kinds, all excellent achievers in school and in life, get together to form what is known and respected as the NHS.

NHS is exactly what its name states: honorable. You generally can't elicit answers to a test or quiz from any of them, and much of their work, similar to FBLA, takes place in the community. As Vice President of NHS, Curt Bradford explained:

"Being that NHS is generally a service organization for the community, some of our projects include going to the 1208 House, which is a home for the elderly and the poor. We play Bingo with the older people and have a pretty good time there.

Another activity we do is go to the Hope House, which is a temporary home for homeless people."

Also famous for its tutoring sessions, NHS members stayed after school every Wednesday to tutor in the library. Kids could seek additional aid from a tempered Honor student in different subjects. "I tutor when ever they sign up," said Betsy Bley. "The people sign their name and whatever they need tutoring in. Then you go up, get it, and tutor whatever subjects you choose," said Betsy.

But do they have fun? "You get a real satisfaction out of seeing the joy of the elderly...it's incredible how a small amount of time can mean so much to them," said Jordan Gusthurst. In order to stay in the club, students must maintain a 3.6 GPA and earn predetermined points. It doesn't get much more complicated than that. Like they say about Harvard, the hardest part is getting in. Story by Paul Ronco





NHS members--Front row: Andy McDougal, Jason Rose, Matt Franklin, Mike Silver, David Baggett Middle row: Angel Martinez, Catherine Ingalls, Bonnie Baker, Jill Royster, Tara Mendoza, Heather Chase, Rachel Atkinson, Donna Tyree, Katie Erskine, David Tignor, Robyn Manuel, Jennifer Cooper, Jordan Gushurst, Marc Balgavy, Lesi Beamon, Traci Pryor, Kelly Donahoe, Debbie Martinez, Pam Behm Back row: Mrs. Norton, Jennifer Roberson, Kelly McFall, Lisa Becker, Mike Johnson, Susan Schlager, Jami Dwight, Jacque Miller, Jennifer Morrison, Caryn Spiak, Terri Woodington, Melissa Griffith, Lisa Kelminski, Steve Miles, Kraig Graham, Jake Feeney, Chris Hintz, Kelly Cruse, Renee Rouse, Chris Ingram, Briam Pomykala, Kevin Woody, Jeff Maynard, George Coker, Carter Smith

## Workshop Woes

It's the SCA!Our Student Council Association was rather influential to student life considering the size of its staff. The six officers, Carter Smith, Bryan Grasso, Kari Pickett, Lisa Miller, Michelle Butzner, and Ben Smith met daily seventh period to plan student activities.

"We're trying to increase school spirit," said vice-president Ben Smith. "We arrange activities, Homecoming being the busiest. We also arrange the Dating Survey, the canned food drive, senior action, teacher breakfasts, and freshmen orientation. Our basic goal is just for the students to have fun."

SCA was swamped with things to do all year round, and since nobody really liked repetition, they had to come up with new ideas all the time. "It's challenging to sponsor new ideas

Junior Class Officers--Front row: Heather Chase, Jacque Miller, Amy Witter Back row: Kelly Cruse, Stephanie Stoner each marking period, but we have a lot of fun while we're doing it. We come up with a lot of ideas through the Virginia Student Council workshop, as well as brainstorming and looking at what other schools are doing," said president Carter Smith.

The Virginia Student Council is an organization founded to help the plight of SCA members all over Virginia. Kids get together to share theri ideas and pass them on to other schools. The Senior Auction originated from this workshop and nobody can say that's been a failure, raising over \$300.00 for charity. Hats off to our student council. Story by Paul Ronco

Freshmen Class Officers--Front row: Liz Howard, Tiffany Bernardo, Amy Randall Back row: Erica Paulson, Amanda Atkins



Sophomore Class Officers--Front row: Wendy Goad, Jason Newman, Robin Rector, Christy Fields Back row: Ben Walker

Preparing for Prom

Before homeroom, Jacque Miller reminds other junior class officers Amy Witter and Stephanie Stoner of an upcoming meeting to plan for prom. The prom was the biggest event the junior class sponsored.



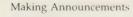








Senior Class Officers--Front row: Seth Craig, Keeva Pawlick, Mike Silver, Jennifer Cooper, Robert Pressly



Using the speaker phone, Carter Smith reads upcoming events over the intercom as Mrs. Keiser and Ben Smith wait. Ben always gave the weather forecast. Photo by Lynn Miller

Student Council Representatives--Mrs. Keiser, Ben Smith, Michelle Butzner, Kari Pickett, Carter Smith, Lisa Miller, Bryan Grasso



#### What's that smell?

Making a face at the smell of the Clumsy Custard, Princess Prince (Keira Smith) is distressed. The evil Dacron threw her into the cave dtermining her fate. Photo by Sandra Quinlan

#### Pennies, please

Running up and down the aisles, Wortel (Noah Zisman) gets pennies from the audience to gain his quick feet. He got them. Photo by Hillary Ittner



Cast of the "Clumsy Custard Horror Show and Ice Cream Review"--Front Row: Meg Strohl, Christa Burton, Deanna AbidMerched, Tabitha Greene Back Row: Ronald Fleming, Jason Wells, Jennifer Hohman, Erin Quinlan, Kelly McFall, Amy Witter, Katie Keeton, John Moore, Sissy Thompson, Noah Zisman, James Zitz, Keira Smith, Nathan Cavanagh, Craig Sharum, Kyle Fredette, Marc Balgavy, Dianna Skinner Photo by Sandy Quinlan







## 'Clumsy' Casted

Production of "The Clumsy Custard Horror Show and Ice Cream Clone Review" had people running amok in the aisles.

In this case, though, it wasn't ticket holders heading for the door. It was drama students who spent a good bit of time among the seats, prodding and teasing the audience to shout encouragement and boo bad guys--not just to take part, but to take on roles.

The reaction was good, and some students even returned after the play's first performance Nov. 15 for shows the two following nights.

The play was set in the faraway lands of Zob Proper and Zob Improper.

But in the beginning, a man dressed like a Hollywood director (Marc Balgavy) came out from behind the curtain and announced the play would be delayed because narrator Amis Boheme (Kelly McFall) hadn't arrived. The director started a "question-and-answer" session with the audience as Amis was paged.

A lady in the audience, clad in a robe and holding a wooden staff, stood up and wondered: "Is this play going to be as stupid as I heard it will be?"

The director ignored her. Persisting,

Arnis Speaks

On stage, Arnis Boheme (Kelly McFall) narrates the events. She encouraged participation. Photo by Sandra Quinlan the woman asked more questions, each time getting the same reaction from the director.

Finally, it was revealed that the lady asking the questions was the missing narrator.

And that's how most of William Gleason's play went--it spoofed itself, confused the audience and entertained everyone.

Kathleen Magargal, drama teacher and the real director of the play, said the cast had fun with the production. "The best part of this play was that it wasn't as much work as usual," she said. "We had a strong cast."

Noah Zisman, who played one of the heroes, Worfle, agreed. "This play ran real smooth...This was also one of the most individualistic plays we have done," he said.

In the play, beautiful Princess Prince of Zob Proper is kidnapped by henchmen for evil Dacron, who hopes the lady will marry him. The hero Swashbuck Valpariso (Craig Sharum) and his faithful companion Worfle set out to free the damsel, and they have many adventures along the way--braving the Zob Wilderness, home of the Bad Critics, and eventually battling Dacron and his ally Malforce.

In the end, the complicated story closes with soap opera ease. Dacron is slain, the princess is freed and the heroes make it back to Zob Proper, where Swashbuck and Princess Prince realize their love for each other. Story reprinted with permission by Dave Kula





Before Homeroom

For drama club, Jennifer Hohman delivers the morning announcement. She encouraged students and faculty to attend the play and reminded the cast of rehearsal.

You Vile Thing

Sir Prize (Erin Quinlan) pulls Swashbuck (Craig Sharum) away as Sir Vival (Jason Wells) looks on, casted heroes of the fall play.--Photo by Sandra Quinlan





#### It's that time of day

At the PEP club meeting, Carol Caroll and Larissa Campbell turn their attention to a comment made by the speaker. In meetings, members planned events and caught up on future events. Photo by Kellie Downey



#### Oh Really

At a PEP club meeting, Carol Caroll, Larissa Campbell, and DeeDee Oliver discuss events. Although serious business needed attention, students found time for laughs. Photo by Kellie Downey

PEP club members--Front row: Larissa Campbell, Danielle Arfield, Carol Caroll, Karen Baker Back Row: Ms. Embrey, Detra Oliver, Donna Burkhalter





## Student Support

Confronting students are peer and family problems. Students find it difficult to consult with family members, and sometimes even friends on troubling issues. SOS, a student support group, identifies with this and reaches out to students who need a friend to talk to.

After being chosen to be part of the SOS team, students participated in study sessions to help themselves help others.

Time Out

Taking a moment of free time, Mrs. Nougret and Kate Mc-Quary discuss future activities. Going over plans took little time but was necessary for things to go as well as expected.

"After being chosen to be in SOS, I really began to see that helping other people can make you feel good," said Sarah Wilson. The SOS team consisted of a person from each click in school. This helped the SOS member to better understand just what the student in need of help is going through.

Although SOS was a program invented by guidance director, Pat Harrison, there was another program which dealt with group support. The PEP club supported sports teams by doing various spirit boosting activities. "You can be with your friends, and know you're school at the same

time," said Carol Caroll. PEP club can be easily spotted at sports activities by their chanting and cheering. Members make banners for support before the big games and hang them around the school.

"I have lots of school spirit...and I like to display it with my friends," said Demetria Oliver.

Whether or not students are aware of it or not, students constantly supported one another. "After you help someone, it's a refreshing feeling," said Kate McQuary. School is a place where you've always got a friend, as these clubs prove. Story by Becky Lee





SOS members--Front row: Sarah Wilson, Kate McQuary, Kelly McFall Back row: Carter Smith, Ronnie Marshall, Lori Stamey, Yolanda White

Three Lock Box

Remembering the combination, Lori Stamey seeks to open the SOS box. Confidential requests were collected this way. Photo by Lynn Miller



#### Should We??

While some people put stickers on their cars for social reasons, young democrats Amber Gaucher, Noah Zisman, and Karl Ackerman put stickers on their cars for political reasons.

#### Political Trio

Young democrats Noah Zisman, Mike Silver, and Stephanie Capps discuss the future of the country with each other. The democrats were sponsored by Ms. Payne.





Deep in discussion, Cameron Sullivan and John Bland talk about politics. These young republicans vocalized their political opinions using the club as a vehicle.

Young Democrats--Front row: Ben Walker, Brian Lutterbie, Amber Gaucher Back row: Brian Moriarty, Mike Silver, Jordan Gushurst, Stephanie Capps, Regina Johnson







## The Two-Way System

Bitterness and tempers flared in the hearts of both Republican and Democratic parties with the oncoming threat of war, then the actual engagement in war with Iraq on January 16 in the Persian Gulf.

Both groups supported their political forum in the form of pamphlets favoring their candidates in

Teenage Republicans--Front row: Jenny Morris, Michelle Kang, Catherine Wilson, Kelly McFall, Suellen Silver Middle row: Seth Craig, Lisa Becker, Brian Roles, Stephanie Rea, Brian Rodrigue, Staci White, Larissa Vida Back row: Cameron Sullivan, John Bland, Brian Grasso, Carter Smith, Brian Pomykayla

time of elections, attending fundraiser banquets, helping out with private receptions at candidates' homes, and working with the polls and phone banks on and near Election Day. If it were for what they did and not what they believed, they would be essentially the same--but they're not.

'We're different from the republicans in different views," explained Karl Ackerman. "I think democrats are more concerned with the people, like the little guy who doesn't have a lot of power and is on his own, while republicans tend to look to where the money is, and respond more to the big businesses.

Republican Bryan Grasso saw it in a different light. Convinced that Democrats are destructive in their views to the national deficit and misinformed on the grounds of general welfare, he said, "Besides the fact that we're winners, I think we're more informed of the issues and more responsible in our political views. First of all, the democrats are so concerned with social issues that they're driving the country into debt. And they're so

wishy-washy that they couldn't decide whether or not to go to war.

Even with all of this bickering that normally follows opposing views construed by human minds, the positive and negative charge of boths parties allows for a more stable and rational train of thought during crucial times, such as the Persian Gulf decision to go to war. Noah Zisman said in defense of both parties, "I think that it's important to have both parties to counterbalance one another." Story by Paul Ronco







In My Opinion

Discussing a democratic issue, Lori Stamey, Noah Zisman and Vanessa Howard share their opinions with Ms. Payne. Democrats often got into deep discussions during seventh period. Photo by Lynn Miller

Talkin' Bout My Generation

Before school starts, Scott Frey and Brian Rodrigue chat about recent republican issues. Mrs. George sponsored the Teenage Republican club.

#### Checkmate

Chess club, a club for the intelligent students who enjoy a challenge, had an unexpected outcome of new members. It has over fifteen members which well exceeds last year's total.

The object of the game is to checkmate the enemy's king. You do this by using Rooks, Knights, Bishops, Queens, or even Pawns if you have to. Chess is believed to have oriainated in India and was played to divert men from actually waging war. Chess is an ancient game of skill which is very intricate and interesting. Mr. Ladmirault, the chess club sponsor, or one of the members would be thrilled to teach you the game of chess.

Agreeing with most of the chess club, Bryan Stolker says, "Chess club is enjoyable and entertaining, Hearned a lot." There are other after school activities besides chess club. There is Science club and Literary magazine, too. Many members of the Science club went on a field trip to a nuclear power plant. It was an interesting field trip and the students explored the power source's possibilities. Like Lit Mag, if you wanted to broaden your academic skills, you joined Chess, Science clubs. Story by Ronald Fleming

Literary Magazine--Kelly McFall, Mr. Shotwell, Keira Smith









Listening to Mr. Byrne, Eric Bartholow, Bryan Dudash, Edward Lunney, Keefe Coble discuss future Science club field trips. Nuclear plants were praised. Photo by Mike Tucci

Brain Strain

Hoping for a win, Andrew McDougal and Rusty Johnson have a hard fought game of chess. Chess club members played hard to become the best. Photo by Mike Tucci







Caught A Fish This Big

Taking pride in his story, Mr. Byrne enjoys telling students his stories. Curt Bradford was amused by the fish story. Photo by Mike Tucci

Chess Club--Front row: Oscar Mainera, Ronald Fleming, Bryan Stoelker Middle row: Billy Boyle, Mike Tucci, Rusty Johnson, Andrew McDougal, Michelle Dietrich, Mr. Ladmirault Back row: Debbie Martinez, Angel Martinez, Paul Ronco, Matt Johnson Latin, Alive and Well

As a part of the Roman Banquet, Kevin Woody, Dave Farley, Kraig Graham, Amy Whitter, Jason Rose, Joey Winn and Beth Watkins perform the death of Caesar. The Roman Banquet gave Latin students the opportunity to experience Roman life to its fulliest.

Latin Club members--Front row: Jenny Romack, Lorie Houch, Becky Schooler, Courtney Lucado Middle row: Mellisa Keller, Chris Matarea, Deborah Ward, Patrick McDougal, Brian Cooper, Bryan Lutterbie, John Moore, Rachel Smart, Mike Johnson Back row: Nora Rich, Amber Goucher, Heather Coker, Lorie Grella, Diane Skinner, Eddie Lunney, George Coker, Jason Rose, Dale Taylor, Alicia Lacey, Andrew McDougal, Jacent Berdnik







Dues! Dues! Dues!

As the new members wait to hear about planned events, Paul Ruppert and Michelle Kang get an envelop. Civitans cost \$7.00. Photo by Kellie Downey

Living the Latin Way

Before she went to the Oratory contest, Jenny Bridges takes a moment to prepare and psych herself up. The Latin club attended the State Latin Convention where they participated in oratory contests and learned about Roman culture.





# Heritage and Tradition

As far as language is concerned, there isn't one with a richer heritage or more unique placement in history than Latin. It was spoken two thousand years ago, and considering the fact that it doesn't even have a country that speaks it any more, it's held on remarkably strong.

George Coker, an AP Latin student joined for this reason, "What other club takes an overnight trip? It's our yearly sojourn back in history to the Classical Age. At this convention, twenty-five hundred devotees converse to discuss the anomalies of the

Roman Empire."

Latin was just as old as Junior Civitans was new.

What other club takes an over-night trip?--George

Junior Civitans only became a reality on January 16, but Michelle Kang and

Jenny Bridges' idea had been brewing for quite some time.

Jenny and Michelle were sent to a leadership conference in Valley Forge, Pennsylvania called the "Freedom Foundation." Upon arriving back to school, Mr. Clark accepted the sponsorship. Once the club was roughly established, the members formed the "Nucleus group," made up of a group of dedicated students who would get the club off its feet.

The main objective of the Civitans was "to bring patriotism and citizenship back to school," said Jenny Bridges. Their big goal is to assist North Staf-

We bring patriotism back to school.-Jenny Bridges

ford at the Spring Olympics. Story by Paul Ronco





Et tu Brute!

Playing the part of Julius Caesar, Brian Rodrigue grabs his heart as Jason Rose, playing Brutus, stabs him. The Latin Club performed the death of Caesar as a part of the Roman banquet.

Young Civitans--Front row: Michelle Kang, Heather Coker, Amber Gaucher, Jennifer Bridges Back row: Matt Matarese, Benjamin Walker, Paul Ruppert

# Fly Like An Eagle

### Join DECA or FBLA!

FBLA (Future Business Leaders of America) and DECA (Distributive Education Clubs of America), may be two of the biggest clubs.

FBLA, an organization for students enrolled in business classes, gives the students an opportunity to develop leadership qualities to take part in community projects and to become involved in competitive events at local, regional and state levels. It also gives them the opportunity to participate in fund raising projects and to attend social activities.

The FBLA officers include Susan Hodnett, Danny Krpata, Mellissa Griffith, Rhonda Williams, Vicki Wilson, Andrea DeLeon, and Chris Bradford. The co-advisers include Mrs. Bunn, Mr. Eubank, Mr. Harris, Mrs. Inman, Ms. McCauley, and Mr. Parker.

During the Thanksgiving holiday, the FBLA put together a project to help needy families.

They collected canned foods and money. The club was successful in gathering enough money to feed seven families. The FBLA also put together activities for the members. One of the biggest fund raisers was the Tom Watt Sales. The monies raised were well over a thousand dollars. Funds went toward sponsored field trips to Washington and the Zoo. "To me. FBLA is a co-curricular oragnization which allows business students to apply concepts learned in the classroom," said Mrs. Gilbert.

DECA works side by side with marketing and fashion classes only. The teacher was Mrs. Simms. She has been teaching classes for twelve years and has won over twenty awards.

DECA had 47 members. The officers include Clint Gaige, Reggie Richardson and Jeff Boston, Debra Flippo, Kelly Jordon, Angela Hannick, Melanie Cooper, DE1 Rep. Victoria

Jenkins, DE2 Rep. John Zoldos, and Fashion Rep Bobbi Bates.

The president, Clint Gaige, said, "I set up all activities like speaking at the Eagles Club, Kiwanas and Big Brothers and Sisters and the United Way... DECA is a great way to get a jump start in the real world of marketing and fashion."

Activities in DECA include: the school store, the free enterprise system, fundraisers and helping the needy. Jeff Boston ran the school store with help from Cynthia Schooley, Shannon Dickerson, and Darlene Kelly. In December, Clint, Reggie, Debra, and Angela spoke to the Eagles Club to raise money for their Christmas project. The Eagles donated \$500 dollars for the project. Rena Burgess said, "It was a generous donation and it made for a great Christmas to our host family." Story by Marnie Boggs

DECA members, Teri Sullivan and Cynthia Schooley wrap gifts. They spent almost \$500. Photo by Lynn Miller





Having Some Fun

Before wrapping, Clint Gaige and Reggie Richarson check the toys. Nine members helped. Photo by Lynn Miller

Shift and Reach

Looking at the text, Tanya Spicer works on a business letter. Posture and keying demanded concentration.





Doing their job

Looking over items purchased for a family, Darlene Kelly and Elizabeth Hunt marvel at the quantity and quality of the goods. Students enjoyed spending \$620 that didn't belong to them!





Is this enough?

Displaying their goods are FBLA members: Mrs. McCauley, Theresa Dodd, Pam Radtke, Wendi Bourne, Karen Vernon, Cindy Illi, Jennifer Tyson. FBLA sponsored a different family than DECA, but both families enjoyed the holidays.



LONGWOOD COLLEGE

Look at that tongue!

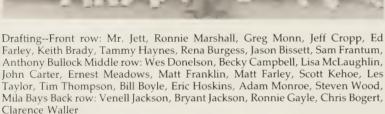
In typing, David Strong makes sure the paper is in the machine right. Yep, it was. Photo by Stephen Kozicki FBLA Officers: Historian Chris Bradford, President Susan Hodnett, Parliamentarian Andrea DeLeon and Treasurer Rhonda Williams Photo taken in Farmvillle, Virginia at a conference

Auto Mechanics I--Front row: Jamie Williams, Mike Markham, Donald Kelly, Scott Wilson, Conrad Blevins, Matt Harris, Steve Able, Gum Cotton, Kevin Dove, Jay Heuring Back row: Jay Frederick, Mike Horton, Ernest Meadows, Berry Sulivan, Bill Edington, Kevin Rogers, George Ambros, Jason St. Ours, Mark Shelton, Mike Odham, Mike Morris, Ryan Zaluski, Tom Calburt, Lewis Eley, Robert Norvel, Jason Dodson, Paul Akers, Jason Gary, Travis Courtny

Auto Mechanics II--Front row: A.J. Newton, Sean Clayborn, Mike Nelms, Drew Lockhart, J.J. Hamner, David Sullivan, Danny Oliver Back row: Brian Kearns, Tim Bland, Paul Raines, Mike Wasson, Ernie Snellings, David Dimeler









Electricity--Front row: Roger Lenox, James Killian, Billy Edenton, Kevin Stone, Corey Devine, Ronnie Crop, Tim Way, Ronnie Gayle, Kevin Morgan Middle row: Mr Thornton, Sam Framtum, Donald Dye, Shawn Whisnant, Chris Hudson, Larry Reed, Celina Dameron, Mike Colven Back row: Dave Buchannan, Jeremy Barrett, Mike Garvey, Todd England

### Daily Doers

Carpenters, electricians, drafters cosmetologists, all of these jobs were the dreams of more than a few VICA, the Vocational Industrial Club of America, members. All students who were enrolled in a vocational class was eligible for VICA.

VICA emphasized the respect for work and aspects of the working world. Students using their knowledge from this club, applied and received jobs. The VICA club was an added plus on their resume.

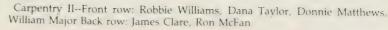
VICA members gained knowledge, self-confidence, and a sense of achievement by competing through local, state, and district levels of competition. Jay Eshelman said, "It gives me a chance to do what I do best and feel good about it."

Cosmetology members gave haircuts to area applicants at reduced costs. Electricity students maintained and fix the electricity systems throughout the school. Money made by individual groups in VICA was donated to area charities. Mr. Jett, VICA sponsor, "encouraged the members and was their number one advocate," said Rena Burgess. Story by Jennifer Bailey



Technology Students Association--Front row: Danny Doughtery, Chris Holska, Bill Walker, Emily Craver, Chris Robinson Back row: Mr. Eshelman, Larry Shepard, Robert Thweart, Scott Motor, Robert Paige, Eric Petterson, Joe Gill, Mike Conley, Mike Foster, Jason Morgan, Craig Johnson, Robert Mills, Mike Lawrence, Mike Keesecker, Mr. Stemple

Carpentry I--Front row: Allen Kerns, Dung Ho, Conrad Blevins, Mat Dinehart, Paul Beales, Pete Graves, Craig Bourne, Greg Stevens Middle row: John Bremerman, Matt Cobb, Maury Conner, John Bozell, Anthony Barnhill, Jerry Ponton, Jeff Parks, Don Rydel, Chris Lablanc Back row: Rickey Lambert, Melony Lambert, Dana Young, Ray Newton











"Look at this warehouse of fruit! Got any ya haven't sold? How much is it? This is great! I'll send some to my mom and dad in Ohio."--comments from various customers participating in the annual Christmas fruit sale.

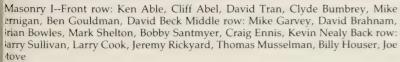
Another Layer

One picture over, Daniel Henley finishes the top portion of the baseball box. The box was finished by October. Photo by Seth Davis

Twenty-four Fruits

After school, Tammy Haynes verifies the boxes of tangelos unloaded and sold. She spent two hours that day doing this. Photo by Katie Erskine







Masonry II--Front row: Chuck Stone, Chris Mesimer, Kevin Stone, Todd Mesimer, Daniel Henley, Floyd Bruce, Mark Rawlings Back row: Mr. Beverly, Rodney Dotson, Casey Mesimer, Rickey Lambert, Ben Smith, Jerry Fleming, Shane Boutchyard

# Daily Deeds

Building responsibility, friendship, and leadership within their members, FHA (Future Homemakers of America), and HERO (Home-Economics Related Occupations) helped take one step closer to understanding the complex tasks of taking care of a home. Mrs. Allen, the HERO sponsor, described the club as, "an organization to promote leadership." Mrs. Shelton, the FHA sponsor, helped plan activities including pizza parties, fruit sales and entering the gingerbread competition. Students of FHA and HERO earned letters through participating in the various club activites.

These two clubs participate in annual events. All members collected teddy bears for needy children during Christmastime. The club entered the Freder-

icksburg parade and tossed these bears to crowded children along the street, but also distributed the bears to selected families as gifts. Another activity these members competed in during the Christmas season was making gingerbread houses. Members tried to create the most elaborate and unique house.

As President of HERO, Charlene Leake said, "We participate in lots of creative and fun things, like bake offs." Julie Kahn of FHA said about her club, "I enjoy the club because it's fun to cook with your friends." Story by Jennifer Bailey

#### Pin It On

Taking care not to poke herself, Robyn Adair pieces her quilt together. Robyn spent hours on this project. Photo by Kellie Downey



Future Homemakers of America--Front row: Becky Russell, Kelly Duran, Rhonda Russell, Jamie Henshaw, Michelle Shindell, Julie Kahn Middle row: Linda Dyson, Tracie Sesser, Taila Lambert, Dani Wood, Melinda Williams, Jennifer Downey, Michelle Selzer Back row: Gail Lowe, Darlene Kelly, Joy Hamm, Robyn Adair, Lorrie Downey, Becky Sullivan, J.J. Gilley, Danielle Arfield





Home Economics Related Occupations--Front tow: Genevieve Chinn, Cherise Hughes, Charlyn Leak, Allen Kearns, Katrina Chavise, Jenny Starnes Back row: Christine Jenkins, Brian Newton, Tammy Teeter, Wendy Tack, Kathy Rogers, Cindy Gasaway, Suzannah Ori, Rynan Thomas, Dave Kuhla

#### Carpenter or Cook?

Sometimes they go hand in hand. David Branham demonstrateed his carpentry skills while putting together his gingerbread house. After the houses were together students added the finishing touches with icing and different kinds of candy. Photo by Seth Davis

Getting the Scoop

Leveling off the top to get the measurement exact, Charlyn Leake measures a cup of sugar as Allen Kerns looks on. Students in Food Occupations II had a second period class that allowed them to learn about food careers. Photo by Seth Davis









Nursing Assistant I--Deury Gallahan, Talaya Lambert, Ashlev Corbin, Stefanie Munczek, Carol Caroll, Cheri McNutt. These students were practicing CPR on the sitting dummy. Photo by Stephen Kozicki

Cosmetology--Front row: Becky Blevins, Billy Smith, Vanessa Weick, Tracy Kahn Back row: Cindy Estes, Valerie Coffee, Antoine Clark, Julie Sanborn, Connie Crisp





### SOMETIMES IT SEEMS LIKE

# O DAYS a WEEK

Eight days a week, that's impossible! But not quite, you might need an extra day to study for that government test or just an extra to practice before the game and it would have been nice to have one day dedicated to sleeping! Sitting in class day in and day out . . . sometimes it seemed like eight days and not five, until that magical weekend. But everyone lived through it, focusing on Fridays and the weekend. Even the teachers were finding it difficult to keep ahead of the students. Mr. Greg Feducia said, "With self-study and prescriptive inservice meetings, I find it difficult to find extra time to do what I need to do." Although sometimes it felt like eight days of school; forturnately it was only five days and then the weekend. Ah, yes the glorious weekend. Spent preparing for the other five days of school, procrastinating the homework lists until it's too late. Monday morning and again no time to prepare for the rushed day. Wouldn't it be nice to have a extra day? - Vanessa Howard

Getting that specimen from the Marine Science tank are Mike Johnson and Duane Seay. They had returned from the Marine Science field trip and needed to make a report.



Perfect Presentation

In Mrs. Lewis's English class, Kate Oakman presents her project about stock in the twenties. Kate's visual aide was presented in a creative way. Photo by Hillary Ittner

Just Jokin' Around

Before class, Kelley Smith and Kiera Smith share an amusing moment. They took this time to catch up on each other's daily events. Photo by Hillary Ittner

"Even though English is difficult at times, I enjoy the class because you learn to really understand the things you read."--Renee Rouse

"AP English has been my most challenging year in English. However, I know that what I get out of it will be extremely beneficial in college. It has been one of my favorite classes."--Curt Bradford

"I like the way Mrs. Norton holds our attention in reading and everything else we do. She's a really fun teacher."--Martha Shelton











Prohibition Professed

Using her visual aide, Tracy Brazzil proposes her twenties project. A visual aide usually meant a high grade. Photo by Hillary Ittner

Lecture Laughs

Listening to Mr. Andrews' lecture, Stephanie Grove and Connie Silver laugh. Pam Beebe, David Tignor concentrated on taking notes. Photo by Hillary Ittner

# Write Right

It is possible for students to English as Nina Catalano said, "I like the creativity in English."

If students think about it, they may find that English could be useful. English offers a wide variety of new vocabulary words that may be advantageous in the long run. We will exert them for SAT's, in future conversations, and we will recognize these words in newspapers and on television. The literature we are required to read will pop up in discussions with others. Oral reports give us the experience of outlining, researching, speaking in front of a group of people. Journals permit us to record our most personal thoughts or experiences in privacy. Of course there is grammar, which educates us to speak and write properly.

One way an English teacher may grasp our attention is to assign projects throughout the year. Mrs. Lewis assigned her junior classes, after studying THE GREAT GATSBY, to create a project about the era of the twenties. One of her sixth period students, Daniel Lawson, chose to make a movie with his group. Daniel's reaction to the assignment was, "After thinking about the project, I was a little excited about making a movie. Everyone was involved and contributed their time to the making of the movie. We had a lot of fun, I can't wait to do another one!"

English is an encounter we all undergo and perhaps an amusing encounter at that. With thanks to the devotion of our teachers we leave another year adroit with the skills we have learned. Nick Davidson said, "Mrs. Norton is such a crazy lady that she makes English almost fun to learn." Story by Hillary

Fast Flippin'

Hunting for homework, Cindy Gassaway scurries to find her English assignment. Mrs. Lewis came around to grade the work. Photo by Hillary Ittner



### Past Notes

For some of us Math our forefathers. Social was the great frustration. "In Algebra I, the first year is difficult, but as the year went on it got much easier," said Tony Floyd. Christie Fields thought the same thing about geometry as she said, "I find it difficult to adjust to, but as the year goes on it's easier to understand." Mrs. Monn prepared her seniors for college as she taught them the many symbols and notations of calculus, "Calculus is hard, but its challenge is fun," said Kevin Woody. Ernie Madhaven said, "I always know I'm going to learn something." Many of Mrs. Monns' students have made a class motto saying, "Calculus is easy."

History is the study of our lives and those of

Studies is not only history, but geography and government as well. Pat McDouaal was asked about his overall opinion of geography and he said, "Geography is a repeat of middle school education and has no place in school curriculum." Jeff Nicholson said that he liked it but he had other favorite classes.

We realize that the study of past history, geography, math anc calculus will enable us to reap great dividends in the future. Story by Ronald Fleming

Bo Knows Baseball

Becky knows math. Becky Brazzil was happy that school was let out early that day. Photo by Mike Tucci







Molly Dodd?

After finishing her class work, Valerie Dodd tries to get ahead by doing her homework. Photo by Ron Fleming

Boy At Work

Pencil in hand, Jon Logan works in Coach Berry's class. Coach Berry taught government to seniors. Photo by Katie Erskine









Working Hard

Concentrating on geography, Monique Peot tries to finish before the bell. She enjoyed learning about the different countries. Photo by Mike Tucci

### Hendrix Lives

Mr. Powell enjoys doing Jimmy Hendrix impressions. Students enjoyed Mr. Powell's teaching style, es-pecially David Strong.

### Just Examining Things

Working hard to get it right in Biology, Jason White concentrates on the small drawing of a euglena. Like many other people, Jason enjoyed working on labs. Photo by Mike Tucci

#### Bartman At Work

In fourth period, Mr. Matheson flips through a Biology book. Teachers controlled lectures by referring to specific text pages. Photo by Mike Turci







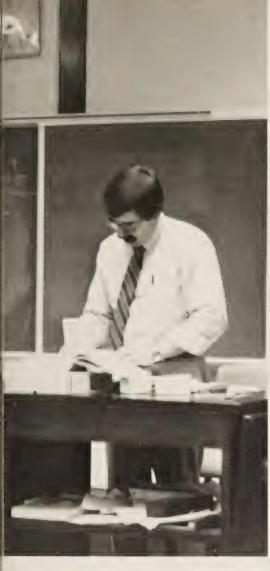
#### H2O or H2SO4

In Chemistry, John Dornan stares at a graduated cylinder. Labs allowed for experimentation. Photo by Rusty Daymude

#### Studious Students

Following the Physics lecture, Frank Sorano, David Tignor, Robert Pressley, and David Walor, sit in 5th period. Photo by Mike Tucci







### Fact Finders

Before school, the science teachers were busy preparing their classes for the day, getting out whatever equipment they might need for experiments. In the morning, the science department was very quiet, except for the gentle hum of the aquarium in the teacher's planning area. A little later on in the day, the science hall was alive with excitement. The rooms filled with disecting, chemical pouring, chart memorizing stu-

You might think that sci-

ence was hard, useless work. However, Bill Boyle said, "Science is the basis of future technology. Without it we would be nowhere."

At the close of a day, the science department contained club meetings. Clubs like Young Republicans, Pep, and Chess met there. We now have two new clubs, Environmental and Science. Environmentals dealt with the future by working to clean up the environment and make students aware of planetary problems. The

scientists also dealt with the future but in a different way. They went on a field trip to a nuclear reactor at the University of Virginia and a power plant at Lake Anna. These clubs explored technology and our future and they had fun doing it. Story by Mike Tucci

Boy or Girl

At the National Aquarium, Kate Ireland and Lisa Kelminski study the horseshoe crab. They had a boy. Photo by Katie Erskine



### **Get Energized**

Students rush into the locker room as the tardy bell rings asking one another for socks, shoes, tshirts, and shorts. Yes, we borrowed almost anything to dress for class. The flying of socks, shoes, and deodorant created a lot of chaos in the locker room, but gym wasn't always popular. Kevin Morgan said, "...it is unfair that you are graded on your physical ability." Another opinion was like that of Ben Goldman and Matt Dempsey who said, ...gym is exciting because of the sports you get to play."

If you were lucky you could have gone to behind the wheel. Carey Hilton said, "I like behind the weel, but it is a little

scary when you first go out on the road because you think you're going to do something wrong."

The greatest thing about gym and driver's ed was that it was hard for passes to get to you since the schedules changed all the time. Ms. Stowe said, "Schedule changes do present a problem for the office aides when they are trying to deliver passes, but we try to notify everyone when the changes occur." But, if you had tardies, those passes could wait. Story by Michelle Trant

Serve it

Playing volleyball, Kristin Gnegy goes for the ball. Her team won in Miss Rooney's 5th period.



### Flextones

Before playing basketball, Julie Teater stretches. Teachers made students warm up muscles. Photo by Michelle Trant

#### Pumping Iron

In the weight room, Stephanie Detwiler, Christie Fields, Tiffany Newton, and Jennifer St. Ours follow through with 5 reps.







At the clutch, Ninn Vu prepares to drive. Students tried not to stall. Photo by Michelle Trant Skins and Shirts

Waiting for a rebound, Sean Harkins and Jason Crisp play an intense basketball game. Skins







Steering Smiles

While Mrs. Stowe hands back quizzes, Erica Mears beams about her grade. She got 100% Photo by Michelle Trant

At the Wheel

Ready, Steve Kovalic starts to drive. Teachers in the tower talked to students over the radio about mistakes. Photo by Michelle Trant

### **Daily Activities**

When the homeroom bell rings, Mrs. Bogg's MOMK students and Mr. Perino's MIMR students rush to their homerooms.

The autistic class taught by Tamar Sonstegave who is assisted by paraprofessionals Jean Moore and Anne Ellis conduct homeroom in their class. Students stand for the pledge to the flag and take attendance forms to the attendance office.

Mr. Perino and full-time aide Mrs. Fitzpatrik taught regular academic subjects throughout the day, geared towards the needs of each student. For the autistic class and Ms. Jenewein's severe and profound classes, the students participated in Mr. Farmer's adaptive physical education on alternate days. On Friday's third period was reserved for physical therapy. Mrs.

Chewning is the gross motor skill therapist. She works with a variety of students throughout the school. Occupational therapist Kit Carver works with fine motor skills and feeding problems with individual students. The MOMK, SP, and Autistic classes also participated in an adaptive swim program at the YMCA once a week.

The autistic and MOMK classes spend the afternoon participating in workshops. During this time, students learn prevocational skills that will lead to employment after graduation. Story by Mike Johnson

Pearly Whites

Mrs. Ellis hands one of her students his toothbrush. Students brushed their teeth after lunch every day. Photo by Michelle Trant





Go For It

A student works hard on making a pot holder. Crafts were one of her favorite things to do during the day. Photo by Michelle Trant

Every Day Highlights

Students enjoy working at their workshops. This was part of their daily agenda. Photo by Michelle Trant







Chatting It Over

Mrs. Moore and one of her students talk together. She was close to all of students and enjoyed talking with them every day.

Concentration and Anticipation

Students concentrate in workshops. This was one of their hardest assignments each day. Photo by Michelle Trant

### Art Express

### Everyone can create

If Leonardo, Raphael, Michaelangelo and Donatello knew what they would be remembered as in the later half of twentieth century, perhaps they would have thought twice before they picked up their brushes and chisels. You might not have known it, but these people actually existed and mastered art.

If you've ever drawn pictures in the back of your notebook during a lecture or doodled while talking over the phone, then you probably have an interest in art. Art is not just a course; obviously you get graded in it, but it's different from other courses

by encouraging creativity. As an Art 3 student, Vicki Wilson said, "I do like discussing and creating art... It's kinda like a growing up thing; every year I get better."

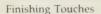
Art is not necessarily an easy course. When you're not inventing, you're being assigned things to create. It provides students an outlet to vent their own creativity which as Ronnie Marshall said, "...stimulates my day." Story by Paul Ronco

Stretch Marks

Checking her artwork, Stephanie Capps gives it a cursory glance. The finished project hung in the art display case during December.







Working on her art project, Robyn Nelson blots and dots. It was important for students to envision the finished product.

Pen Pals

During Art II-IV, Sarah Austin and Ronnie Marshall work on a pen and ink project. These were definately experiments.









Let It All Sink In

Using foam in Art III, Daniel Lawson and David Branham practice different textures and thicknesses. Their works appeared on display in the Art Department.

### Picture Perfect

Laying on the paint, Jacque Miller adds the finishing touches to her picture. Sometimes a swish gave the picture a finished, final look.

Step by Step

Marching Band participated in the parade. Photo by Lynn Miller Playing That Funky Bass

In Jazz, Aaron Jonas and Kevin Scalia jam. Photo by Sharon Weaver





### **Playing to Different Toones**

Dedication and hard work began much earlier than the first day of school. Those who were truly devoted, sacraficed their remaining days of summer to attend a band camp.

While most of the inexperienced members contributed to symphonic band, many of the experienced students chose to participate in Jazz Band and Wind Ensemble. The groups are considered to be the best part of band. Upbeat enjoyable music was performed. Because Jazz and Wind Ensemble pieces were usually more difficult than others, the music required tedious practice sessions and consumed a lot of time.

Though actually playing

an instrument in the band was quite a feat, the flags had their own tasks to plot and conquer. This group of spirited members enhanced parades and field shows through their exciting routines. Flag captain Kim Barnette said, "Most of the time it's a lot of hard work and is very stressful, but in the end, it's worth it."

Due to the increase of student population, the Band department opened its doors to many bright, new members. Band director, Mr. Chuck Hite said, "I'm really pleased with the amount of growth from the past four years, and I see nothing but good things for the near future."

Because the band's size has increased, the March-

ing Band received a first, second, third, and fourth place award in various competitions, not to mention a first place in the Christmas parade. Students practiced long after school hours to achieve such standings. And many students said that they gave up part-time jobs to remain active in band.

For most, band is much more than just a class to earn their fine arts credit. In fact, as Bobby Santmyer said, "I look forward to band all day long." Danny Wilson said, "Being in band has allowed me to learn a lot about music and the more I participate, the more I learn." Story by Sharon Weaver





Symphonic member Dale Taylor tunes a basoon. Photo by Sharon Weaver









Safe Sax

Before the Christmas concert, Danny Wilson and Mike White practice. Photo by Sharon Weaver

Notes on a C Scale

On stage the Wind Ensemble displays an array of talent. The school applauded. Photo by Seth Davis

# Hallway Voices

"La, La, La ..." voices can be heard throughout the entire physical education hall. "I have been in chorus since I attended middle school," said Jennifer Hohman. "Chorus is unlike any other class. Everybody acts like a family and Ms. Henderson is a mother to me."

Ms. Henderson has been teaching for three years. "I really do enjoy teaching. Sometimes we have long hours of practice, but I respect my students because they work hard and don't complain." she said. There are five different

chorus groups: The Chorale, Show Choir, Girls' Ensemble, and Madrigals. Ms. Henderson's students also have a "pretty busy schedule," with regionals, the Mary Washington Hospital Christmas tree lighting, and the annual Christmas performance.

As soon as the tardy bell rings, everybody calms down and starts singing while standing in a semicircle. In front of the room, Ms. Henderson plays music along with her students on her small portable keyboard. When asked what to expect from the chorus

in the years ahead, she said, "I would really like to do more plays, like last year's 'Ducktails and Bobby socks'. Ms. Magargal and I became very involved. Both Drama and Chorus departments came together to do that production, and I enjoyed it." Story by Tommy Rollins

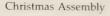
Doing their thing

At Wakefield, on Veteran's Day, Ms. Henderson, the Chorus director, and Mrs. Smith prepare for another song. Mrs. Smith turned pages.



Book in Hand

While sitting in chorus class, Jessica Morgan practices her notes. She was singing Christmas songs. Photo by Kellie Downey



The chorus assembly featured BJ Campbell and Jamie Thomas singing their version of 'Christmas time in Harlem Queens' by Run DMC. Photo by Lynn Miller











Combined Chorus at the Christmas Assembly--Soloist: Nina Catalano Front row: Cindy Shafferman, Martha Shelton, Jessica Morgan, Diane Gibbons, Cheri Thompson, Omar Salam, Sean OBrian, Christian Carmody, Brian Morgan, Kim Gaucher, Kelly Smith

Madrigals at Wakefield--Front row: Dawn Tyree, Cindy Shafferman, Martha Shelton, Teri Woodington, Kelly Smith, Ilene Manster, Julie Cabitto, Nina Catalano, Katina Conway Back row: Suzanne Briggs, BJ Campbell, Edrick Jansson, Eric Brady, Christian Camody, Matt Long, Omar Salam, Jennifer Hohman Tap! Tap! Tap!

The sound echoes through the business area as students rush through conditioning practice. Tonya Spicer and Chanita Gaither concentrate on the book and the keys to make as little mistakes as possible. Photo by Laura Eubanks

Learning the Laws

In Business Law, Scott Kehoe searches through his book for an answer. He learned the basic concepts of the justice system. Photo by Laura Eubanks





### Business as Usual

It sounds like a rail yard. It runs as smoothly as the lines at Carl's Ice Cream place. And it offers as much as the Potomac Mills Mall. You guessed it, the Business department and its wide variety of business preparitory courses.

The business hall is one of the departments where students can be found preparing for the real world. After setting foot in the hall's boundaries, it is not uncommon to hear the crisp zip of paper being ejected from the mouth of a typewriter and the clickity clack of fingers on

a keyboard. All of this action seems to add up to one heaping pile of frustration. Typing I is time consuming, and there are a lot of assignments to work on, but it's a lot of fun to work hard and know that it will pay off in the end," said Tanya Spicer.

Business includes: computer concepts, keyboarding, introduction to business, business law, and accounting. "I take computer programming and intro to business. I like the intro class because it teaches me about running and managing my own

business smoothly. In programming, we learn how to write programs in different languages. It's pretty interesting," said Rusty Daymude.

Students seem to see the business department as not only a way to help them decide future career plans, but to organize and prepare for those plans as well. Story by Laura Eubanks and Becky Lee

Computer Bytes

In computer class, Chip Sullivan takes a second glance at the screen. If students had not already taken typing, it became necessary to check the screen for typos.







### Successful Typing

Turning in her assignment, Patty Berry walks back to her typewriter, while Michelle Sullivan, Suzanne Ori, and Ilene Manster rush to finish. The bell had just rung to end class. Photo by Laura Eubanks

#### Zombie Stare

Computer fatigue has set in. Kim Allen tried her best to fight it off in her fourth period office systems class. She just had to finish that program.

# Very Vocational

All students taking courses involving drafting, carpentry, masonary, auto mechanics, electricity, ICT, and cosmetology have one thing in common: they are all invited to participate in VICA (Vocational Industrial Club of America) sponsored by Mr. Jett. The 225 member club has four to five meeting a year and sells citrus fruit besides competing at various levels throughout the year.

Through competition, individual recognition, and awards, VICA motivated students to excel. "It's the

highlight of my day, besides English," said Rena Burgess.

At Christmas, VICA had ten cases of citrus fruit left over. What did they do with the fruit? They donated it to the Fredericks-burg homeless shelter. "We like to help out! That's why like participating in the vocational classes," said Mike Sparks.

VICA also maintains and fixes electrical systems within the school, constructs cabinets and other furniture for classrooms. But they don't do it for free. Every project goes through various planning stages. Once a project has been priced, then the work begins. "We've built houses, tables, benches, sidewalks, and layed brick for signs. We've done a lot of things around this school over the years," said Mr. Beverly. These are definately time consuming classes. Story by Jenny Bailey and Becky Lee

Busy at Work

In her 7th period drafting class, Tammy Haynes illustrates her drafting skills. Next to socializing, Drafting was her favorite class. Photo by Liz Howard





Bricks Galore

Stacking the bricks, Scott Carpenter spends another hard working day in masonry. They were getting ready to go out to a job site. Photo by Liz Howard



Cosmetology was not all hairstyling and makeovers. It also meant taking notes as Tracy Pfeffier found out.







After school, Mike Gouldman helps unload the Florida fruit. The fruit sold for about \$8.00 a case. Photo by Katie Erskine



Four of Mr. Beverly's Masonry I and II students, Dan Henely, Todd Mesimer, Skip Harris, and Dwayne Speed lay bricks and mix cement. Together, the vocational classes and home economics classes were building and decorating a house.







Up, Up, and Away

Laboring outside on a dreary day, Dan Henley, Todd Mesimer, Ray Washington, and Kevin Stone lay brick at the booth on the baseball field. Foreign Exchange Students--Front row: Stefanie Hczek, Tatjana Schmidt Back Row: Stefanie Leonhardt, Gotz Grauuinkel, Marie Frank, Heidi Reidsmith International Science

In Mr. Brown's Marine Science class, Tatjana Schmidt reads the chapter. The terminology was tough, but the ideas were the same.





### **Experimenting With Words**

The best part is making tons of friends.

What's next, sign language? The foreign language offerings expand each year. We've got french, spanish, german, latin, japanese and american slang for exchange students.

"French is an aesthetic language," said French teacher Mrs. Dameron. "It serves to enhance appreciation of a romance language that is as timeless as love. The French are known for their ability to capture the sentiments of love through the spoken word, through art of the masters like Renoir and Picasso, through ballet, fashion, and even through the ultimate driving machine, the Mercedes Benz. French elevates the

most mundane situation through the magic of the sound of the language; you can enter a world of fantasy by pretending you own a piece of the secret language. That transforms you into energy. Students create and perform their own plays. Fifth year students are writing their own books. They were awarded a mini grant of five hundred dollars with which to write five original books of prose and poetry. The books were printed locally, and each student received a personal copy of the class effort," said Mrs. Dameron

German, taught by Mrs. Cannon and Mrs. Chestnut, is a required language for most scientific fields and demands strong attention to grammar. "It's a more advanced study," said Chris Ingram.

Introduced for the first time, Japanese crept into the course offerings guide. "Japanese is not really that difficult. The hardest thing about it is learning the Hirogana alphabet. We learn off the TV and send our tests out at the end of the week," said Vanessa Howard.

Foreign exchange students feel that the teens in America have an easy life. "At first it was difficult to understand English, especially when they spoke so fast," said Stefanie Leonhardt. Story by Paul Ronco and Maggie Fleming





On German reunification day, Robbie Dickerson and David Fines drew lines to make the new German states on the map. A party was held to celebrate this momentous occassion. Photo by Katie Erskine





Summer Memories

As a French project, Lisa Miller and Jill Royster show pictures of their trip to France. Mrs. Gill led the group on their travels through France.

Que Pasa?

Before school, Michelle Butzner talks to Mrs. Lansford about Spanish. They were discussing class projects. Photo by Mike Curry







### Positive Approach

As deadlines near, Sharon Roscoe and Molly Phillips search through the negatives for the cover and student life section. The yearbook shot over 900 feet of film. Photo by Stephen Kozicki

### Deadline Discussion

On a late afternoon visit, Hunter Publishing representative Jim Ellis advises student life editor Molly Phillips, editor-in-chief Katie Erskine and sponsor Mrs. Miller about the cost of color being used in the book. Photo by Stephen Kozicki





Ad Attempt

Selling ads to local businesses Angela Decatur earns points. Staff members helped finance the book by selling ads. Editorial Staff--Front Row: Vanessa Howard, Paul Ronco, Mike Curry Middle Row: Katie Erskine, Molly Phillips, Lori Stamey, Sharon Roscoe, Barbara Zahl, Pat Landreau, Rusty Daymude Back Row: Becky Lee, Marnie Boggs, Katie Payne, Steve Kozicki, Maggie Fleming, Kellie Downey, Lisa Holsinger, Christine Spiak



# Blame Us We did it!

A good day was positive and productive; a bad day was like being at a really bad party.

It was a hectic job from deadlines and publishing specifications to the little captions that went next to the pictures. But, the stress created the challenge. "I take it because I like the challenge of being under pressure," said Barbara Zahl.

No matter what the impression, you were the master of your own fate. If you liked photography, you did photography. If you liked writing, you wrote stories. It wasn't necessary to want to major in journalism or

From the Rafters

Above the stage, Seth Davis shoots the Christmas concert. Photography required creativity. Photo by Stephen Kozicki

photography to take the class, all you really needed was to want to publish the school's yearbook. "Putting a yearbook together is tougher than students think. It requires a lot of time, staying after school to attend club activities, develop and print film and go to athletic events. I've had AP students on staff that said that yearbook is more challenging than AP courses. It definately requires a year-long commitment," said Mrs. Miller, yearbook sponsor.

So, photojoumalism was yearbook. We were the unseen people who made the book you're looking at right now. After being through a meat grinder and back to create this monster, all we can say is we hope you like it. Story by Paul Ronco



### Daily News

The first person I spoke with was Dave Kula, editor-in-chief. "My duties are to help make deadlines, turn in articles, and some miscellaneous jobs for Mr. Driver," said Dave. He added, "The reason I joined was because it allows me to write, something I love to do!" said Michelle Marchant, the managing editor.

Besides writing stories, the newspaper staff sells advertisements to cover their expenses. Sarah Wilson, a second year journalism student, said, "It is especially difficult to sell ads now because businesses are in a recession. Sometimes I don't like all of the pressures and responsibilities or dealing with rude patrons."

The people I talked to planned to go into journalism after high school. Dave Kula got a

chance to start now. He was introduced to Maria Crilla, a Free-Lance Star representative. She offered him a chance to write for the 'Our Times' column. Others chosen to write for the column were Michelle Marchant and Vicki Wilson.

The students had few complaints. "Sometimes it's difficult to pick up checks for ads because I don't have a car," said Sarah Wilson. All in all the staff's comments were positive. "Our staff is very hardworking. We try to do as much as we can," said Dave. As I finished talking to the staff, I realized interviewing was not the difficult part, writing was! Story by Vanessa Howard

Laying It Out

In order to meet deadlines, Michelle Marchant designs her spread. Layout was the final stage before press. Photo by Lynn Miller







Smoke Signal Staff--Front row: Mr. Driver, Sarah Wilson, Jason Farley, Tracy Pryor, Jean Enzbrenner, Michelle Marchant, Joe Purdy, Neil Hopwood Back Row: Jennifer Robertson, Chris Dupre, Dave Kula, David Walor, Molly Phillips, Angela Hannick, Christine Spiak, Becky Nero, Shannon Whisnant







### Strolling Along

Two journalism students, Chrissy Baggett and Cameron Limerick head for the snack shop at VCU during a journalism convention. The trip was an overnight trip in October. Photo by Sharon Weaver

#### Corner Connection

After a hard day, Mr. Driver, Michelle Marchant, and Melissa Mills meet to discuss the VCU classes. The convention increased the staff's writing knowledge.

### Class Act

It's another mundane day at school. You begin to laze yourself in the confines of English, Mathematics, and History. It's all beginning to run together and you start to wonder if there will ever by a break from the same old academic classes. Luckily for students there was a break in the form of the fun-filled drama class.

Drama class was not just a time to have fun. It was a learning experience for all who took the course. It also allowed a person to take a break from their stressful lives. "I like the idea of getting into other characters and being someone else for a while, said Drama III student Christa Burton. "It helps to strengthen your own self-confidence and builds trust in others. It also makes you more at ease with others," she continued.

Most students first sign up for Drama to take an easy elective class, and gain an extra credit. However, once they have been a part of the class, they decide to continue the class.

In fact, once you get hooked on the class, joining the club follows as the next step. Once you get involved in a play, "Drama invigorates the soul," said Nathan Cavanaugh, "It's always been relaxing and a way to unwind from a full day. "There aren't any pressures, but the main reason to join is to have fun and learn more about yourself," he said. Brian Moriarty agreed. He said, "People take drama for a release from the confined, structured, standard classroom, and others take it out of a true love for acting." Story by Leila Ugincius

#### Drama Prepping

With Laura Guy, Holly Jacobs thinks of the right lines for her scene. They addressed the audience in the Drama lab.

#### Set It Up

In Drama class, Tom Barth sets up props for an improvisation. Drama students learned how to improvise lines and

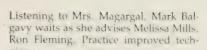








During a stage performance, Joy Greene and Stephanie Frantz read lines. Line reading was required in drama.





Cut!!



On a Lighter Note

Practicing, Heather Perry and Kyle Fredette prepare. Advanced Drama classes were given the chance to be creative.

Lights, Camera, Read

On stage, Scott Gore and Sally Green practice their lines. The Drama students memorized lines and performed regularly.









### THESE ARE

# SURVIVAL DAYS

Can you remember that last final touchdown, the one that won the game? Or what about when the cheerleaders won the Award of Excellence at camp after ten years with no award? Do you remember making it work, seeing how that practice really paid off? Did you know we actually do have a golf team? Did you know that girls played basketball in as many games as the boys? Did you know that baseball season starts when English teachers are just beginning those research papers? How many players played each season?

All this hard work pays off in the end, and looking back we call these times our survival days. These are some of the most spirited times that tend to unite the school in a common cheer like the Stafford vs North Stafford game. Kristin Gnegy said, "the football players seemed to sweat and get just as dirty as the North." These energetic, sweaty, competitive days will be ones we remember not because of a score but because of how we worked together to make them what they were--days to remember. — Vanessa Howard

Yes! We did it! Emily Stevens, Jennifer Cooper, Jenny Romack, and Laurie Houck celebrate after winning a match with ?.(red checked skirts with blue shirts. Photo by Sharon Roscoe

### Stretch 'Em

It's probably the most popular game around. It combines strategy, teamwork, reflexes and force, all packed into one fast-paced contest where everything happens at the same time. The Varsity Football team must have realized this because it showed in the serious way they regarded their sport.

"I put so much work into it, and I don't want to just play around," said Emie Madhaven. "If you put in fifteen hours a week, then you want to get something out of it." "It's a game where you have to go hard every minute, every second," explained Jeff Berry. "You interact and work with other people, and it's very team-oriented. It's everyone working together from the first guy on the bench to the last guy."

A person who doesn't understand the intensity of football might consider it to be just another sport. To be well prepared for the upcoming season, each player would find himself on the field at 7:00 in the morning starting August 10, and they wouldn't get out until 2:00 in the afternoon. "A lot of people don't

realize what kind of dedication you need to do that," explained Coach Berry. "But they stuck with it one hundred percent. I think they got a lot out of it, I think they learned a lot about themselves."

The team got off to a strong start and trailed off towards the end, but they were playing the most difficult conference in the state. The season ended with a final record of 3-7, but Coach Berry was pleased with the team overall. "I was very pleased with the type of players we had, the type of attitude they had, and the way they reacted all year. They were no problem and we never had trouble getting them up for games." During post season, two players, Ernie Madhaven and Jeff Berry, made the Free-Lance Star all Area team. The competition was formidable, having 440 candidates and only 22 final picks. Story by Paul Ronco

Stretching Those Muscles

At the beginning of practice, Ernie Madhaven assists Gum Cotton in warm ups. These excercises helped to avoid injury.





Varsity Football team--Front row: Chip Lee, Kevin Stone, Timmy Way, Robbie Dickinson, Dennis Cornwell, Matt Waite, David Tignor, Gum Cotton, Greg McCadden, Ben Smith Next row: Judson Campbell, Todd Whitehead, Brian Way, Jett Berry, Joe Gill, Art Crouch, Todd Gerace, Chris Faucette, Chris Messimer, Mike Wasson, Brant Stevenson Middle row: Ronnie Gayle, Dwayne Speed, Ronnie Marshall, Eddie Scherzer, Brian Pomykala, David Branham. David Tran. Jeremy Jones. Robert Pressly. Ken Abel Back row: Tom Wielt, Danny Torrice, Ryan Zaluski. Scott Buchanan. Ernie Madhaven, Rick Proffitt, Matt Franklin, Jimmy Bove, Coaches Harris, Berry, Courtney.

Root for the home team!

Watch out 21 David Branham your opponent's coming from behind! Dennis Cornwall 22 tackled his foe while a stampede occurred. Photo by John Whitehead





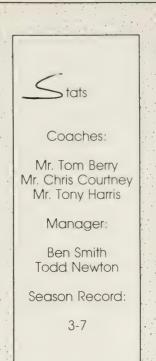




In the midst of practice, Dwyane Speed prepares to tackle as Coach Courtney watches his form and style. Long, hot practices helped achieve perfection.



Tackling one another, Ken Abel and Todd Gerace attempt to keep the other from passing. Tackling was always a part of practice.





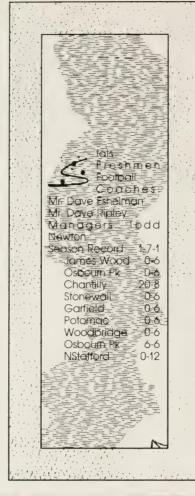




Ernie Madhaven
Favorite Position: Offensive Tackle
Jersey #: 73
Future Plans: He plans to attend college,
medical school and play football. Ernie
said that the offense is most important.
They allow plays to happen and the team
to move the ball.

Ernie Madhaven made first team all-district, first team allarea, and the Virginia All-State game, the third football player and fourth athlete to be selected in the history of the school. "Ernie had a very good year, but I don't think that he has even come close to reaching his potential... his best years are ahead of him," said Coach Berry.









### Clap!

Varsity football player, Dave Stanskas, completes a stretch before practice. After each stretch, the players clapped twice on the whistle.

Auughh!

A sweaty workout is the only way to improve. JV football players practiced tackling techniques in order to improve.







## Tough Guys

know that enjoy that precious last month of summer at school at school, outside, under the oh so hot summer sun and on top of all that, doing drills and exercises while attempting to balance a set of bulky shoulder pads? If you are a female, you are probably reading this and saying to yourself "so what about football?" If you are a guy, you are probably saying to yourself "who would be dumb enough to do all that. I spend the summer the right way-playing football." What is it

Attentive Observers

Freshmen football players practice a play while members of the JV team look on. The freshmen and JV's often crowded between the field hockey and baseball

Junior Varsity Team--Front: Aaron Stone, Mark Don-Junior Varsity Team-Front: Aaron Stone, Mark Donahue, Chris Snellings, Scott Malloy, Jerry Noah, Frank Iannarelli, Rodney Childress, Randolph Williams, Gus Kapataidakis, Scott Duncan Middle: Lee Evans, Kevin Morris, Corey Roy, Steve Williams, Matt Rose, Tony Floyd, Ninh Vu, Derron Bumbrey, Danny Matula Back: Coach Stemple, Dallas Hughes, Justin Thacker, Mike Waite, Dave Lemmons, Jason Bryant, Jerome Wilson, Coach Harris Jerome Wilson, Coach Harris

How many students do you about man and the sport of football that is so appealing?

The freshman football team seems to know "football improves hand eve coordination and disciplinary skills. When you're a freshman, you don't know many people. Football is a social outlet where you can make good friends that enjoy the same extra-curricular activities as you do. Football is a good season starter. It helps prepare you for other sports by increasing your strength and agility," said Jay Foster.

"The team was really close, we were just like one big happy family. That helped us to work a lot harder faster and easier," said Mike White. "I like the contact of the sport," said Jimmy Andrews. Teamwork had a lot to do with the success of the football club. As the season came to a close, lasting friendships formed and athletes began looking forward to the next season. Story by Becky Lee







Hitting the Big Time

The freshman football team prepares for a hot summer afternnon practice. Before they could have practice in full pads, they had to go in shoulder pads and helmets.

Freshman Team--Front: Scott Serrett, Wayne McAlister William Cooke, Jesse Way, Joey Violette, John LeRosen Robert Taylor, Joe Crisp, Bobby Morris, Justin Beggs William King, John Foley, Buck Decatur, Mark Jones, Johnathan Branham, David Cole, Russell Stone, Ken McLein, David Hazel, Nathan Shoemake, Vince Waide, James Reiter, Bryan Smith, Rodney Washington, Steve Brown, David Wilt, Freddie Ovellette, Matt Bocson, Joe Farley, Cliff White, Mark Messimer, Anthony Tyler, Jay Foster, Sean Shipp, Aaron Madhaven, Coach Eshelman Bruce Smith, Larry Smith, Ben Harely, Coach Ripley

### Go For It

The girls' varsity basketball team did extremely well. They ended with a final record of 17-3, and 19-5 including tournament play. After claiming second place in the Commonwealth District and making Regional Tournaments for the first time since 1983, people reconsidered exactly where the girls' varsity basketball team stood in terms of explosive potential.

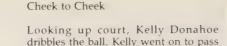
"I think we did very well," said Kelly Donhaoe, who led the team in steals with an average of eight per game. "I think we surprised people and ourselves. We worked well with each other. Everything came together in the end."

The team came a long way. Four years ago, they didn't win a single game. Now, they made fourth in the district! "They played very well as a team," Coach Ripley affirmed. "We had two

players elected to first and second team all-district, Kelly Donahoe and Jennifer L. Cooper. Jennifer was the Most Valuable Player for All-Area, and our leading scorer. Kim Watson, averaged seven points a ball game. They've learned to play good man-to-man defense, and they always realize that they're just as good as any team that enters the court."

So where does the team go from here? Due to the freshness of the players, sights are looking high and there's nothing but positive speculation. They've shown they can do it, now we can't doubt they'll do it again. Story by Paul Ronco

Junior Varsity Team--Front row: Stephanie Turnbull, Tina Heflin, Susan Cooper, Tiffany Adderton, Kim Hudson Back row: Coach Rooney, Beth Watkins, Sally King, Emily Craver, Becky Brennan, Melissa Rutledge



Looking up court, Kelly Donahoe dribbles the ball. Kelly went on to pass the ball for an assist and two points. Photo provided compliments of the Free-Lance Star Photo by Robert A. Martin

Lay Up

In practice JV player, Tiffany Addelton goes up for a rebound. Despite her efforts, the ball rolled around the rim and bounced on the floor.

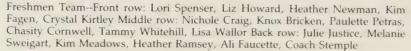




















Varsity Team--Front row: Tracy Ballard, Kelly Donahoe, Robin Manuel, Kelly Allen, Becky Schooler Back row: Coach Ripley, Heather Parker, Jennifer Cooper, Kim Watson, Bridget Rooney, Marie Elliott

### Get Outta My Way

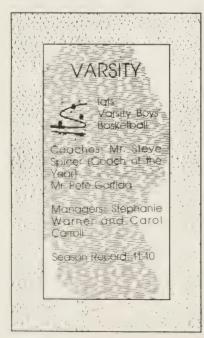
In the playoff game against Pulaski, Jennifer Cooper (22), battles to get open against her opponent Sonya Davidson (15). Despite the efforts, they lost the game. Photo provided compliments of the Free-Lance Star Photo by Robert A. Martin



It's Mine. It's Mine.

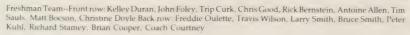
Looking for the ball, Marc Sweigart watches as Craig Nelson grabs for the ball. David Baggett kept the other opponets away all the while. Photo provided compliments by Free-Lance Star

Varsity Team--Front row: David Branham, Jeft Cropp, Mark Guthrie, Timmy Allen, Brian Barnes, Dwayne Speed, Jeff Berry, Stephanie Warner Back row: Coach Spicer, Mike Davids, Craig Nelson, Marc Sweigart, Tom Wielt, David Baggett, Thomas Colbert, Coach Gorfida, Carol Carroll













## Strike It Up

With five seconds fleeting off the clock, the desperate player launches an airball across midcourt. There is a frenzied tanale as the defender attempts to knock the ball away, but possession is regained and you rush the remaining distance. The crowd springs to its feet as you jump up to the basket, letting the ball slide effortlessly off your fingers and through the hoop. The buzzer rings, and the game

"It's very important to have the people there cheering for you," said David Baggett. "When you make a good move or have a good play, the fans reward you

This is what we're gonna do

Listening to Coach Spicer, Marc Sweigart contemplates the coach's comments. Coach Spicer was named Coach of the Year. Photo provided by Free-Lance Star photographer Robert A.

and that gives you all the more energy and desire to do the same thing again. Their cheers psyche you up and get the adrenalin flowing."

With a final record of 11-10, the boys' varsity team did very well, considering a high level they were playing at and the very competitive league they were in. For the first time for anybody on the team, they were entered in the district tournament. Coach Spicer understood the value of arduous practice and fan support. He also understood his players' competitive spirit, and nurtured it to the best of his ability. "Everytime we get on the playing floor, I try to have these young men imagine that everyone is watching them. If they do that, then the hope is that they'll develop into better players." You have to be what the team calls, "mentally tough." Story by Paul Ronco





Forget it Guy

Jumping for the shot, NStafford's Mark Mills (44) face shows the pain as Craig Nelson (34) stuffs the ball. Slamming the basketball was Craig's favorite play. Photo provided by the Free-Lance Star

Junior Varsity Team--Front row: Chad Elliott, Jamie Thomas, Jerome Wilson, Jason Snellings, Corey Roy, Micky Chinn, JG ONeil Back row: Suellen Silver, Brock Miller, Patrick Gay, Mark Markevitz, Eric Thomas, Brock Edwards, Jason Alsop, David Stanskas, Coach Jenkins

### JV FRESHMEN



Coaches: Mr. Chris Courtney, Freshman

Mr. Jenkins, Junior Varsity Managers: Kelly Duran, Christine Doyle, Freshman

Suellen Silver, Junior Varsity

Season: Freshman 9-12, Junior Varsity 8-13

### **ALL TEAMS**



tats

Coaches: Mrs. Lynne Lansford, Varsity Mrs. Cathy Moore, Junior Varsity

Managers: Lindsay Pyles, Angela Cushing

Season Record: Varsity 9-6

Regional game against Albemarle 0-1

Junior Varsity Games

WAlbemarle St. Gertrudes WAlbemarle St. Gertrudes Albemarle

Woodbridge

**NStafford** 

0-0 2-0 1-1

4-0 1-1 0-1 0-2

Junior Varsity Team--Front row: Stacy Hollibaugh, Robin Grahm, Kelly Thompson, Kelly Smith, Heather Newman, Susan Cooper Middle row: Crystal Kirtley, Jennifer Roberson, Tracy Neal, Becky Brennan, Renee Rouse, Barbara Zahl, Courtney Hyatt Back row: Heather Parker, Carey Dodot, Sally King, Kelly Cruce, Kim Watson, Coach Moore





Varsity Team--Front row: Staci Hibner, Jenny Romack, Suzanne Schleger, Bridgett Rooney, Jennifer Cooper, Meagan Welt Middle row: Robin Manuel, Amy Connelly. Emily Stevens, Lisa Kelminski, Jami Dwight, Tonya Spicer, Michelle Trant Back row: Kate Ireland, Marie Elliott, Lori Houck, Michelle Butzner, Carvn Spiak, Coach Lansford

### High Five

Before a game, Emily Stevens and Jenny Romack go for a high five. Before each game the team members practiced and psyched up for the game.







### Stick Patrol

With a quick side step and a misleading glance, the rolling ball is intercepted and fired back towards the wing, who sprints past enemy lines and passes to a nearby forward. All defensive positions home in on the lone forward attacker, who frantically shoots at the goal. There is a brief moment of confusion as the ball rolls calmly from the melee. Trying her best to defend the goal while searching for the misplaced ball, the goalie turns her head to see the left wing rushing to pick up where she left off. With no time for rational thought, the goalie falls to her knees in a wild attempt to block the winning shot. A familiar whistle past her head followed by cries of victory tells her what just happened. Hanging her head and using her ineffectual stick for

Run It Off

At practice, Robin Graham, Tonya Spicer, Bridgett Rooney, and Robin Manuel sprint. The field hockey team stretched and exercised everyday after school. Photo by Kellie Downey

support, she waits for the final seconds to tick off. The whistle blows.

"I like it because it's an aggressive sport for girls," Kate Ireland explained. "There's a lot of physical contact, but it's in a contained manner.

"They worked very well together, and we had a lot of experience," said Coach Lansford. "A lot of them went to camp together, and they learned to play well with each other. There wasn't any one person better than the other--they worked well as a team. They would always sing songs on the bus rides, plus they brought food to every game decorated in Stafford colors, and they were always psyched, which was good.

For the first time, they were invited to the Collegiate Invitational Tournament in Richmond. They won first place! They came in second in the district, third in the region, and were one of the only three teams to score a goal against the rock solid defense of North Stafford. Story by Paul Ronco





Jogging It Out

At practice, Michelle Trant runs the field for exercise. Practice opened with wonderful weather. Only two rain days delayed practice.

Concentration

After school, Bridgette Rooney ponders swinging the stick correctly. Sharp concentration and stick handling highlighted game victories.

### What A Racket

The ball is tossed and the racket flies back. A loud smack echoes in the silence and the ball soars over the net. Once, twice, three times over, the girl abruptly smashes a vicious backhand to the far corner, confusing her opponent, sending her lunging desperately to the left. No luck. The racket clatters on the court and the yellow ball rolls innocently up against the wire fence, ending the game.

A good game of tennis has all the qualities of a great thriller-anticipation, action, a little bit of terror...and it provides an excessive amount of pressure on individuals, most often in serious competition.

"It's pretty intense because everybody is watching you," said Lesi Beamon, who was ranked number five on the team. "The other team will be yelling for the player, or trying to intimidate you, whereas your team will be pushing you on. But," she said, "You never want it to be totally silent."

This team was extremely young--three of the top six were underclassmen, and before the season began there was some speculation as to how they would stand against other teams. But the team did surprisingly well. Dawn Tesar smashed herself to the top of the list. "I didn't know much about the team, and I was nervous from the competition," Dawn remarked. "I was a freshman, and the other number ones had usually been juniors or seniors," "We finished second in the Stafford Invitational and hope to improve next year," said Coach Hylton. Story by Paul Ronco

A Little Top Spin

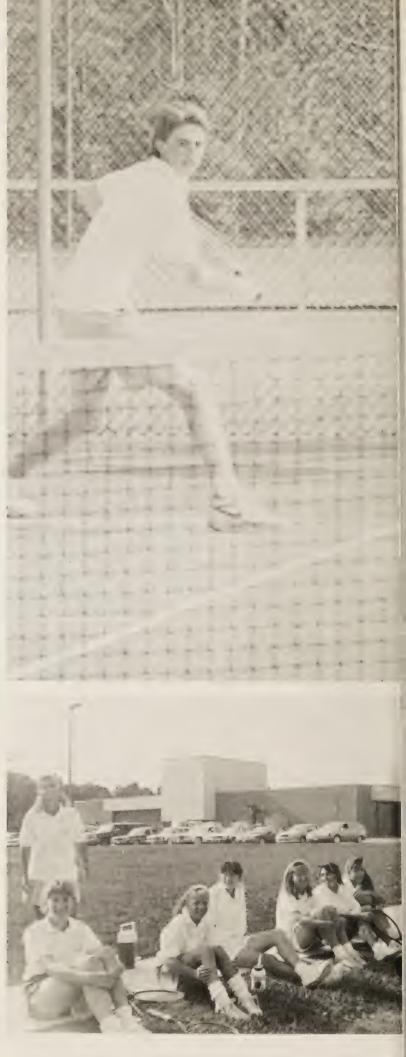
Looking very into the game, Bryan Grasso smacks the ball over the net with finesse. Tennis players spent a great deal of time pressing the net.



Girls' Team--Front row: Katie Erskine, Knox Bricken, Neva Adams, Michelle Troille, Stephanie Turnbull, Dawn Tesar Middle row: Stephanie Frantz, Lesi Beamon, Catherine Ingalls, Beth Watkins, Emily Glaseman, Suellen Silver, Liz Howard Back row: Coach Hylton, Julie Cover, Mellisa Griffith, Jenny Morris, Julie Newton, Kim Poppen, Susan Newton

Boys' Team--Front row: Rick Bernstein, Paul Ronco, Mike Wall, Brian Dudash, Matt Lichtenfels Middle row: Lauren Whittler, Sean Campbell, Carter Smith, Richard Stamey, Scott Fray, Eddie Lunney, Chris Good Back row: Coach Hylton, Nick Davidson, Mike Johnson, John Bland, Bryan Grasso, Patrick Gay, Stephanie Rea, Scott Roberts











Waiting for their turn to play, Dawn Tesar, Jenny Morris, Suellen Silver, Melissa Griffith, Julie Cover, Neva Adams, and Michelle Troillet relax. A chat was just the thing to do before heavy play.

Ready, Aim, Serve

Walking to the service line, Mike Johnson gets to serve. Being able to serve well was crucial to winning or losing in tennis.



Ready for Practice

Seemingly ready to sweat, Jason Newman shares a laugh with fellow tennis team members Patrick Gay and Dawn Tesar. Although practice required work, there was always time for fun too.



Uh, Swing

Putting force behind his hits isn't a problem for Patrick Gay. He put all his strength behind his power strokes and usually scored because of it.

## Sprint Spasm

Even President Bush jogs. He has called for all Americans to get up from in front of the television, put on the running shoes and to go outside and sweat. Liz Howard said, "I think President Bush has the right idea. I mean, I always feel much better after running a mile or so. If gives you more energy." Boys' Cross Country had an exciting year, traveling to UVA. William and Mary, and to the district meet. The team was 36th out of 58 teams at UVA, 9th out of 26 teams at William and Mary, and 9th in district. Mr Gorfida said that Bill Palmer stood out in performance. Girls' Track also saw some of Virginia. The girls went into four invitational meets. Key team members were Kari Pickett at hurdles, Michelle Butzner at hurdles and jumps, Bridget Rooney at shot and discus, Kelly Donahoe at distance, and Stephanie Stoner at

jumps and hurdles. All girls were returning state competitors.

"In track, you can practice until you are perfect at skills in events that you might be interested in, then the next year the event that you learned the previous year can be perfected. It's sort of a circle," said Johnny Torrice.

Because of the wide variety of activity in this field, students receive the chance to meet other people. "If you're a freshman, track is definately an advantage because it helps you to meet more upperclassmen," said Jason White. Story by Becky Lee

Solo Run

Stretching for the next step, Martha Nicodemus strives to finish her run. Track members had to learn effective and efficient breathing techniques for a more relaxed run. Photo by Katie Erskine

Girls' Cross Country Team--Front row: Kelly Donahoe, Kari Pickett, Candice Long Back row: Martha Shelton, Ali Faucette, Sandra Tyler, Tina Heflin, Liz Howard

Girls' Track Team.—Front row: Kelly Copley, Kelly Donahoe, Mary Bricken, Erin Royster, Susan Cooper, Dawn Meline, Tonya Brooks Next row: Liz Howard, Martha Nicodemus, Meghan Wielt, Sarah Green, Sally Green, Jeanie Miller, Marilyn Dooloukas Middle row: Karen Duncan, Crystal Kirtley, Kyna Langhorne, Tina Heflin, Melissa Boutchyard, Tahnee Johnson, Stefanie Leonhadt, Alicia Lacey, Stephanie Stoner Back row: Coach Rooney, Becky Brennan, Aimee Easterly, Amanda Kraus, Dawn Pollock, Bridget Rooney, Kari Pickett, Michelle Butzner, Coach Eshelman





Bovs' Track Team--Front row: Jerome Bumbrey, Greg McCadden, Jerome Wilson, Larry Cook, Brian Cooper, David Dean, Jonathan Branham Nextrow: Jay Miller, Danny Matula, Erin Quinlan, Jason Hillman, Robbie Taylor, Leslev Taylor, Clark Newlin, Jason StOurs Middle row: Chad Curtis, William Palmer, Robert Pressley, Victor Sorano, Tim Sauls, Joe Crisp, Chris Snellings Back row: Jake Feeney, David Baggett, Jason Wells, Danny Torrice, Beau Skinner







Boys' Cross Country Team--Front row: Justin Swisher, Stephen Kozicki Back row Leslie Taylor, Jason Hillman, Nick Davidson, Chad Curtis



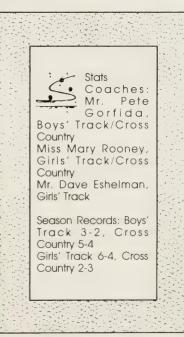


#### Give It Your All

Doing the best they can to reach the finish line, Crystal Kirtley and Susan Kelly make long strides. Right behind them Sally King and Becky Brennan were try-ing to keep up. Photo by Katie Erskine

### Flying High

Getting over the pole vault didn't seem to be a problem for track member Beau Skinner. Height and strength were im-portant for successful vault. Photo by Katie Erskine



### Set on You

"Okay, you miserable little ball," he says to himself. "I'm not going to let you ruin my day." Shaking away the intensity of the moment, he cautiously taps the ball a few times for accuracy. After an expectant, drawn out silence, the club flies back. There is a piercing crack and the ball soars. It sinks and thuds against the ground, bounces a few times, then calmly rolls a few feet from the hole. One more play should be it. With this comfort he is able to crack a smile from his troubled face.

Coached by Mr. Byrne, the Boys' Varsity Golf team, although they did not have an impressive season, earned a season worth of experience that they will benefit from. Their final record of 1-6 will be forgotten when they hit the green August 8th, 1991.

"The team was very young," stated Coach Byrne. "It had some good talent, but it was just young. At the beginning of the season, we had only one consistent golpher, Phillip Chestnut. Our freshmen golphers came out late and that kind of slowed

us down.

"I think they learned a lot," said Dan Krapata. "It was, for many of them, their first year, but we taught them a lot about the game, how the courses are, about their attitudes, how to control themselves and present themselves. I think they're gonna do pretty well. A lot of them are really good."

The team found it difficult to practice, considering the conditions that had to be met for such a game. Their practice schedule was two to four days a week, and they would usually find themselves hitting at the Fredericksburg Country Club, Shannon Green at the Sheraton, and Lake of the Woods. Hopefully, with enough outside support, participation, and practice time, the golf team will take their relatively close matches-an average of 234 strokes to 217-- and turn them into victories. Story by Paul Ronco

Striking Pose

While taking his time, BJ Buchanan concentrates on hitting a hole in one. The golf team played eight games and the final record was 1 and 7. Photo by Pat Landreau











Holding Tips

Just for fun, Flip Chestnut shows Danny Krapata how to hold his club. The golf team shared tips on slices and hits. Photo by Lynn Miller Varsity Golf team--Front row: Lisa Allen, Melanie Leite Middle row: Kory York, Phillip Thompson, Jeff Jones, Coach Byrne Back row: Jeff Boston, Flip Chesnut, BJ Buchanan, Travis Wilson, Danny Krapata

#### Hit and Miss

Practicing a bit, Danny Krapata strikes a fake hit on the green. The team members rarely practiced without balls but this was an exception. Photo by Lynn Miller

#### Classic Concentration

At a practice on the greens, Chris Smith approaches the ball. The courses where the games were played had obstacles like the background lake to challenge players. Photo by Pat Landreau



# Using Every Muscle

9.5, 9.8, 9.7, and what's this? a perfect 10! Gymnastics is the name of the game and let me tell you, it's a unique sport. There are so many facets to gymnastics. You have the competitions, but there are so many events to choose from! This is the aspect that makes gymnastics so interesting.

Emily Stevens loved the beam. "It's what I'm best at," she said. Emily had been taking classes since she was seven years old. "Ever since then I've loved it," she said. Beam is just on event. Renee Rouse liked floor. "With floor you can really play to the judges," Renee said. She also commented that floor allowed her to be more creative and it gave her a chance to be

Gymnastics Team--Front row: Tracy Brazil, Danielle Reede, Teresa Stockdill, Renee Rouse Middle Row: Darragh Beggs, Fletcher Eppes, Emily Stevens, Jennifer Cooper, Erin Royster, Candice Long Back row: Coach Moore, Nikita George, Becky Brazil, Rachel Smart, Jennifer Smith, Coach Didlake herself. Others enjoyed the floor too. Candice Long chose floor because "I knew that trying out for cheerleading at college, I would need more gymnastics." Other events included vault and bars.

Girls participated in gymnastics outside of school too. Jennifer Cooper began takiing gymnastics at the Royals Gymat seven. "Competing with Royals allows me to meet a broader region of people and have more competition," she said.

Besides competing in events, the girls were a team. "This is the first year we had a full team," said Emily Stevens. "The whole team is always behind everyone," said Candice. The girls said that the coaches played a big role in teamwork. "They also help us with routines and spots," said Candice.

Gymnastics was very much the team sport. Each girl competed individually, though. In effect, it was both an individual and team effort. "Our biggest goal was to beat North Stafford and we did in one meet," said Jennifer. That was both a team and individual goal. Story by Vanessa Howard

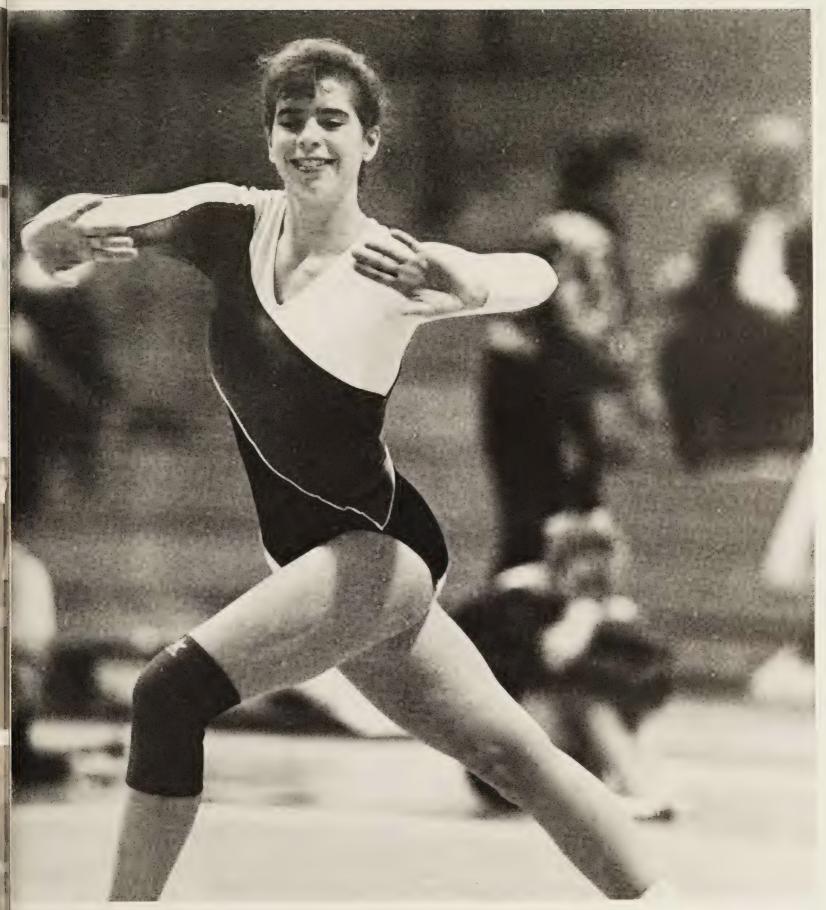
#### Thinking It Over

Before completing a tumbling pass, Fletcher Eppes contemplates the routine. Gymnasts used the floor to express character and creativity. Photo by Mike Tucci









ex It

ractice makes perfect for team member mily Stevens. Even though Emily aimed beam as her favorite event, she racticed for her floor routines too. hoto by Mike Tucci

Gracefully Smiling

In competition, Renee Rouse completes her floor routine. She scored well. Photo provided compliments of the Free-Lance Star Photo by Norm Shafer

### Wrestle Mania

It's two hours before the big match. The coach gave the guys that were right at their desire weight range a few cans of this beverage called exceed. It is supposed to keep your weight steady. I opened a can, held my nose and tried to drink it all at once, so that I wouldn't make myself sick (whick is not hard to do before a match).

When I arrive at school, the coach lines us all up for a weight check. If everyone passes, we all get to wrestle. Those who don't pass, and are too far over weight have to put on as many clothes as they can find and jump rope in a hot steamy shower. Then--we wrestle.

"Wrestling is a lot of fun. It's like going on a roller coaster. You're really nervous and uneasy the whole way through, but when it's all over you want to go back and do it all over again," said Ryan (Flip) Filipovich.

It is quite easy to contract 'nervous' stomach when on the team because it is a one on one sport. "A nervous stomach is supposedly good for you. It helps your adrenalin to flow, so you are only concentrating on what is going on at that particular moment in time," said David Tignor.

There is a wrestling camp that the wrestlers attended during the summer which was held at the University of North Carolina. The camp starts the second week of July. The team gets tips on new moves and styles of wrestling at the camp. Story by Becky Lee

#### Mirror Image

During the first wrestling club meet, Eddie Jett helps a younger wrestler with techniques. The wrestling club was open to all students over the age of six. Photo by Katie Erskine





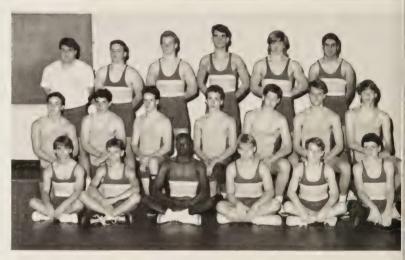
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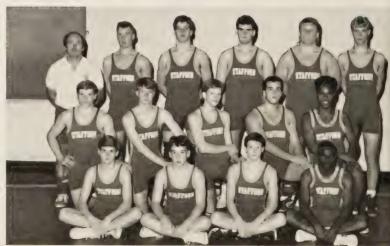
Coaches: Mr. Gerald Brooks and Mr. Tony

Season: Varsity 4-11, Junior Varsity 3-4

Junior Varsity Team--Front Row: Walt Roof, Steve Galusha, Randolph Williams, Chris McCullough, Eric Cooley, Scott Duncan Middle row: Adam Edson, Jason Buckles, Wayne McCalister, Benji Davis, Ryan Felusha, Jimmy Mills, William Cowan Back row: Coach Harris, Robbie Dickerson, Mike White, Chad Curtis, Jason Luss, Aaron Madhaven

Varsity Team--Front row: Jason Newman, John Moore, Danny Roscoe, Greg McCadden Middle row: David Tignor, Daniel Ingram, Rynan Thomas, Jason Farley, Mike Branham Back row: Coach Brooks, Jeremy Jones, Sean Stover, Scott Kehoe, Sean Pyles, Danny Doughtery







### Topsy Turvy

In a 'mock' match, Edward Jett attempts to regain control of the duel against Danny Roscoe. During practice, students used teammates to try new moves and polish up on older techniques. Photo by Seth Davis

### Tag Time

In the Stafford/Faquier match, David Tignor tries to pin his opponent on the floor. The game ended with a 41-20 victory for Stafford.





### Observation Deck

At practice, Robbie Dickerson, Randolph Williams, Benji Davis, Mike Branham and Chad Curtis listen to Coach Brooks talk. The practices were held everyday after school in the auxilary gym.



Stats

Coaches: Mr. Rob Thompson, Varsity Boys' Mr. Walt Breede, JV Boys' Mr. Robert Dayfield, Varsity Girls' Miss Heidi Habhagger, JV Girls'

Managers: Varsity Boys': Tanya Garant, Sarah Austin JV Boys': Danny Wood, Kelly Duren





After school Lesi Beamon practices her kicking skills. The girls, JV and Varsity, practiced all the needed skills and techniques. Photo by Pat Landreau

Getting In Gear

While doing soccer drills, everyone lines up for their turn. Kellie Donahoe lined up her shot while Susan Schlager watched. Photo by Pat Landreau



Girls' Varsity Team--Front row: Jenny Romack, Pam Beebe, Jill Royster, Meghan Wielt, Catheryn Ingalls Middle row: Lori Houck, Lesi Beamon, Marie Frank, Candice Long, Kelly Donahoe Back row: Susan Hodnett, Lisa Becker, Becca Bocson, Susan Schlager, Robin Manuel, Coach Dayfield





JV Girls'Team--Front row: Fletcher Epes, Liz Watkins, Kelly Thompson, Margaret Garrett, Nicole Craig, Kendall Cooke, Kim Fellman Middle row: Melissa Keller, Robin Graham, Amy Connelly, Andrea DeLeon, Wendy Goad, Cathy Allard, Alison Kimmitz, Beth Watkins Back row: Coach Habhagger, Courtney Hyatt, Keira Smith, Mary Strohl, Tanya Spicer, Teresa Stockdill, Devry Gallagher

### Power Sweat

Jordan Gushurst was first seen pacing the track at Pratt Park in early December. He was in the process of a soccer season workout. He and his recruits are concerned about the upcoming season and are definately willing to do the extra work to have a good season. "Tons of running goes into soccer and after a winter of doing nothing you won't be in shape to play well," said Jordan.

A lot more goes into soccer than it just being an after school sport. Most of the players play at least two seasons out of the year and, like Jordan, try to keep in shape and practice at all times.

Players such as Mike Silver,

In the Fastlane

At soccer practice, Varsity players Chris Jobe and Jordan Gushurst race each other for the ball. Jimmy Steele and Clint Bonner waited to attack. Photo by Sharon Roscoe

Chris Jobe, and Mike Sparks played for Stafford's select team last fall. Clint Bonner was chosen for the select team in Garfield where he also played indoor soccer. Others made money off of their knowledge of soccer by being a reference. This team has the experience and dedication to go somewhere.

The girls' team isn't slacking off either. Kelly Donahoe and Laura Houck went to Europe to play international soccer. "This should be a really good year for Kelly and Laura. They are both at their height in playing," said Coach Dayfield. "Most of my friends played soccer, and it seemed like fun and good exercise, so I decided to give it a try," said Jenny Romack. Jenny not only gave it a try, but made the Varsity team. Story by Pat Landreau

Boys' Varsity Team--Front row: Coach Thompson, Steve Galusha, Nader Muhsin, Duane Seay, Jordan Gushurst, Jimmy Steele Middle row: Shawn Noonan, Doug Lemmons, Clint Bonner, Mike Davids, Robert Brown Back row: Mike Sparks, Chris Jobe, Mark Sweigart, Mike Silver, David Tignor





JV Boys' Team--Front row: Chad Elliott, Philip Beazley, Roy Bowling, Gus Kapataidakis, Steve Brown, James Dwight, John LeRosen Middle row: Jim Browder, Brock Edwards, Joe Gill, Troy Fischer, Chris Green, Jason Kelly, Mike Johnson Back row: Matt Minter, Peter Kuhl, Danny Wood, Kelly Duren, Nathan Shoemake, David Robinson, Coach Breede

### Loaded Bases

It's the bottom of the ninth with the score tied at 7-7, 2 outs, and runners on 1st and 3rd. The Wolverine pitcher smirks for a brief moment at the defiant batter, then sighs. The grueling game has left both teams exhausted, wishing it would end right then and there...all the wolverines can hope for now is overtime. The pitcher pulls back and fires straight for the catcher's mit.

Crack! The bat hits the ball, and the sound echoes across the field. The crowd goes wild as the ball soars deeper and spills over as a desperate wolverine plasters his body into the wire fence, his arm dangling limply on the other side. What a glorious finale--The Indians have beaten The Wolverines, their biggest rivals!

As of now, the Varsity team has played three games, and

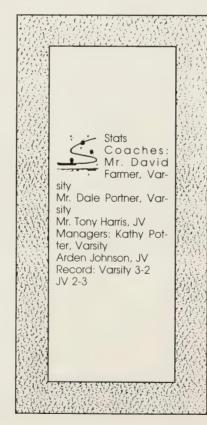
has no final record, but certain players think the team is going all the way! "I feel the team will go to the playoffs," said Todd Whitehead.

Practicing everyday after school in the auxiliary gym, both Varsity and Junior Varsity get a good workout. "You have to practice to become a better winning season," said Frank lanarelli, the catcher for the JV team.

The baseball team is moving along well, and as of now the team has a record of 2:1. Story by Paul Ronco and Maggie Fleming

Is that chaw?

NO. It's Peter Graves' determination during a base steal by Potomac. He put a lot of energy into his throw, but the runner was safe. Photo by John W. Whitehead





Take A Raincheck

When it rains it pours, Rodney Childress practices his batting skills indoors due to a major rain storm. Team members found the batting machine to be a challenge.

Warming Up the Plate

Before the seasons opener, BJ Buchana practices pitching to catcher Rick Profitt. Getting the teams adrenalin flowin was essential for a spirited game. Phot by Seth Davis



Got Him!

Stands quiet, Todd Whitehead concentrates on the catch. This batter was safe but never made it to home plate. Photo by John W. Whitehead



Varsity Team--Front row: JG ONeil, Brian Way, Kevin Stone, Cliff Abel, Rodney Childress, Dwight Pollack Middle row: Rick Proffitt, Chris Mesimer, Todd Mesimer, Mark Gutherie, Todd Gerace, Mike Chinn Back row: Coach Portner, Mark Walker, BJ Buchanan, Todd Whitehead, Peter Graves, Flip Chestnut, Coach Farmer



JV Team--Front row: Frank Iannerelli, Allen Burcham, Dean Brown, Jason Cook, William Mottley Middle row: Chris Conyers, Matt Bocson, Rodney Childress, Scott DeBord Back row: Coach Harris, Matt Markevicz, Frank Ouellette, Jimmy Andrews, Aaron Sullivan, Zachary Thorpe, Arden Johnson

#### Eye For the Ball

During their game against Garfield, Kristy Fields catches the ball and sends her opponents into the field. Keeping your eye on the ball created a short inning. Photo by Seth Davis



Stats

Coaches: Mr. Robert Bryne, JV Mr. Jim Stemple, Assistant Varsity

Mr. Bernard Humphries, Varsity

Season Records: Varsity 6-7 JV 6-7



#### Practice Makes Perfect

During an afternoon of practice, Laura Craig perfects her catch. Quick and ac-curate throwing and catching skills were a big difference to the team.

### Pitching For Points

While preparing for a game against Garfield, Robyn Rector warms up her pitching arm. Warm muscles stablizeda sly pitch leading to a victory. Photo by Seth Davis







### Catch 22

"The way we look now, I think we'll do pretty well," exclaimed the team's number one pitcher, Jennifer Floyd. "We've got a few young ones, but we look really good--our outfit looks really strong. We all work together as a team. We beat Courtland, a double A team, and that's pretty good." In fact, they crushed Courtland. This, at least, I know for sure: the score was 30-0.

In terms of strategy, Coach Humphrey knew what he had to stress. His argument makes pretty sound sense. "Defense is the key in any sport," he said. "There's an old saying--the best

Varsity Team—Front row: Stephanie Jordan, Lori Underwood, Heather Newman, Paulette Petras, Heather McDermott, Sheryl Embrey Middle row: Angel Ladd, Chasity Cornwell, Carey Dooley, Brandie Ladd, Laura Craig, Stephanie Hunczek Back row: Coach Stemple, Marie Elliott, Kate Ireland, Jennifer Cooper, Heather Parker, Jennifer Floyd, Coach Humphery

defense is the best offense. If you have a good defense and keep the other team from scoring, hopefully you can pick up a run here and there. Defense is the name of the game."

"If you watch any other type of professional game, I don't care what you say--the other team won because they played better defensively. Coach Humphrey also looked towards a good season, and probably got it, too.

"I think we'll do well," said Kate Ireland. "We have a really strong pitcher and good leadership. They're real spirited and talented. Practices have turned up well. Everyone is working hard. Last year we did alright, but this year we'll do better. I think we'll be in the top 3." Story by Paul Ronco





On the sideline Sheila Cooper refers to Coach Byrne for some quick pointers. Even with the sideline of Coach Byrne Garfield won 22-0. Photo by Seth Davis JV Team--Front row: Kristy Fields, Heather Mullins, Lisa Walor, Melissa Russell, Jennifer Looney, Wendy Aylor Middle row: Julie Bromley, Ashley Corbin, Jennifer Whitis, Susan Newton, Sheila Cooper, Kelly Johnson, Sherri Gallahan Back row: Toby Doughtery, Kim Fagan, Robin Rector, Coach Byrne





Varsity Cheerleaders--Front Row: Carey Morin, Candice Long, Pam Beebe, Kari Picket, Jesse Berryman Back Row: Shannon Sweet, Larissa Vida, Stephanie Stoner, Rebecca Bocson, Darragh Beggs, Heather Perry, Lisa Miller, Courtney Lucado, Jodi Hackanan, Jill Royster



J.V. Cheerleaders--Front Row: Heather Heighlett, Cristy Fields, Wendy Goad Middle Row: Bobbi Farley, Billy Ferill Back Row: Angie Patriceilli, Chrissy Jenkins, Carrie Hohman, Fletcher Epes, Sheila Cooper, Carrie Saikowski, Courtney Sale



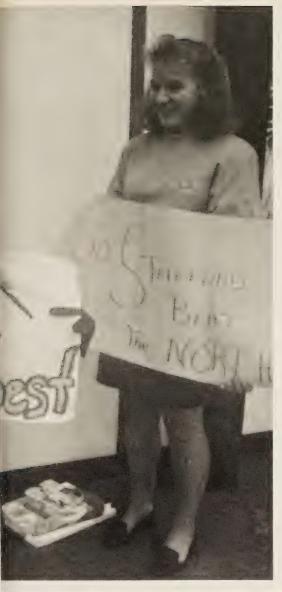
Freshmen Cheerleaders: Front Row: Jaymie Farley, Tiffany Bernardo Middle Row: Teal Palmelee, Ali Kimmitz, Erin Royster, Sarah Groggin, Melissa Boutchyard, Amy Randall Back Row: Nicole Craig, Erica Paulson, Beth Nagy, Jennifer Smith, Amanda Atkinson

#### High Enough

At the Cheerleader Picnic, Candice Long and Brian Pamykala practice some new moves.







# We've Got Spirit

### They're hot!

Our Cheerleaders were what? Red Hot! And they've proved it by all of the competitions they have won. For instance for the past two years, they have won the Award of Excellence at the NCA (National Cheerleader's Association) camp. "We've come a long way since we were freshmen," said Kari Pickett. Pam Beebe and Candice Long agreed that their favorite part about cheerleading was getting the crowd psyched up before a game. "I really enjoy the excitement and leadership of cheerleading," said Pam Beebe. Although the cheerleaders loved working for the school and representing it, there were a few dislikes. They all agreed that they did not like being "put down for our short skirts and hairspray," said Pam. They also felt as though sometimes they were taken for granted. Their strongest message was that

Showing it off

Showing off her sigh for the football team, Courtney Sale and Marie Elliott smile. The signs became a popular item for the walls above the lockers.

they were athletes that worked and trained hard.

Along with the fun came restrictions. "If one cheerleader does something bad it is reflected on the entire squad," said Candice. One of their pet peeves was the building restrictions. There was a limit on the height of their stunts. "We are a safe squad. We've never dropped anyone," said Pam. "I feel they should limit their restrictions to squads who are unsafe," said Cary Morin. If the cheerleaders were able to build their stunts higher, they would be able to receive more awards, the cheerleaders said.

Just about everyone gareed that they could not do it without Tandi Beverly, their sponsor. "She pulls our talent out of us. She is the key to our success and school spirit," said Pam.

The JV and Freshmen cheerleaders all appeared enthusiastic about trying out for the team next year mainly because of the success of the Varsity team and its awards, but also because they have had great fun. Erica Paulson said, "At football games it gets so cold that I'm glad I can yell just to keep warm, but I hope the team knows we support them. "Story by Vanessa Howard



That's the look

It's a varsity game. Courtney Lucado looked at the roaring crowd spirt. We beat Jayem by default.

High Five

After practice, Heather Perry and Darragh Beggs make up a cheer. Cheering could be fun. Photo by Mike Curry

### Court Dancers

The roar of the crowd engulfed me as the glaring lights of the avm restricted my sight from seeing the halftime show. I could hear the beat of "Ice, Ice, Baby" by Vanilla Ice, blaring over the loudspeakers. Upon hearing the tune I stood up to satisfy my own curiosity. "Hey, isn't that the pom pon squad?" I asked. In a flash I was jumped on by a bunch of drill team fans. "That's the one that said the dirty word--pom pon!" a teacher said, glaring in my direction. "Please!" I pleaded. "Say drill team one thousand times and you will be foregiven," a student bargained. So I began my verses, "drill team, drill team..."

This example is an exaggeration from what could really happen if you addressed an Indianette, a drill team member, a pom pon girl. However, the girls have good reasons to be upset. Who would not admit that "Drill Team" sounds much more professional than Pom Pon? Their moves and routines

are not easy. They take days of hard practice in order to achieve perfection. This is the reason the girls wish to be accepted on a more serious level. "We decided to change the name to Drill Team because people were not taking us seriously as the Pom Pon Squad."

Drill Team performs at football games as well as starring at half-time for basketball games. It is evident that the team has come a long way. Coach Stemple said, "the team has come a long way since they first started in June. The 20-25 members had never done routines before. The Indianettes work hard, practice long hours, and work well at a group."

I was almost glad I had made that little faux pas as I was watching the team perform. If I did not let the "P" word slip off my tongue, I may not have realized just how far the Drill Team had progressed! Story by Becky Lee and Vanessa Howard



Drill Team--Front row: Lorrie Gammon, Melody Jacobs, Angie Harper, Kim Grant, Jeanine Rosado, Lori Grella, Krystal Matney, Leigh Sitzman, Diane Cabaniss, Deanna Wallace, Amy Grant, Jacie Raines, Leigh-Erin Jacobs Middle row: Lisa Thompson, Kelly Brazil, Kristen Gnegy, Heather Hawk, Amanda Kraus Back row: Stephanie Grove, Suzann Briggs, Dawn Pollock, Melanie Lewis



Even King Tut couldn't have done it better. Before tryouts began, Melanie Lewis practiced her smile during a warmup routine.







At this meeting, Suzann Briggs, Stephanie Grove, and Jacie Raines do a 'posse'. The senior members had been on the squad when it was known as pom pon squad.

At the first practice, Angie Harper, Kandi Mooney, Melanie Lewis, and Amanda Kraus learn a new performing dance. Each varsity basketball game required a new dance. Photo by Lynn Mil-









Practicing after school Wendy Gilkerson, Amanda Kraus, Kelly Brazil, and Krystal Matney perform a practice drill. The drill team stayed after school until 5:30 every day. Photo by Lynn Miller

Dynamic Drill

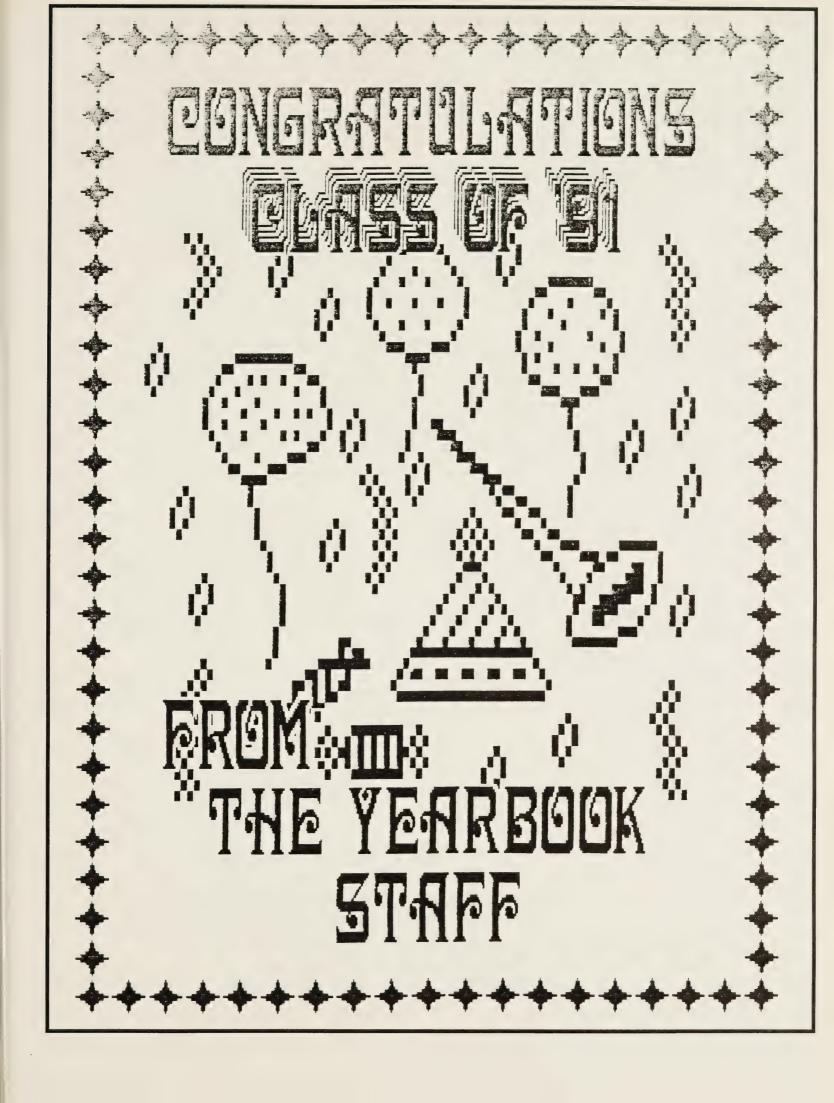
Just for fun, Suzanne Briggs, Stephanie Grove, and Jacie Raines run through their routine. Complete concentration was necessary for each member to move in unison.



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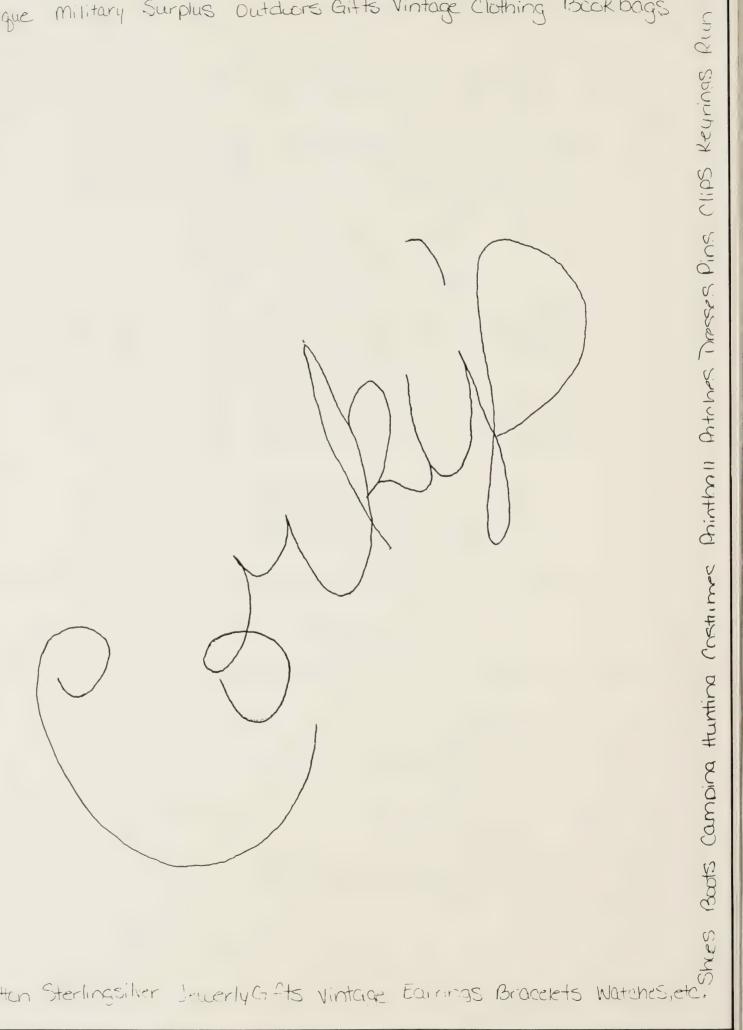
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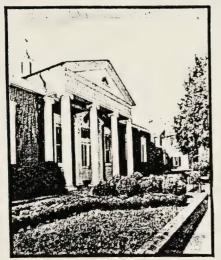
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During English class, Darlene Kelley gazes at the long list of vocabulary words on the chalkboard. Vocab quizzes were dreaded but a must. Photo by Kellie Downey

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Seven month old Michael Haywood DiPaolo enjoys his very first horsey ride on the award winning Flannigan with his "step grandmother" Mrs. Judy Norton. Flannigan was owned by Mrs. Norton.

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Freshmen Mandy Grove, Sherri Thompson, Kim Gaucher, Kim Grant, and Crystal Kirtley sneak away to catch a glimpse of the snow, wondering when we were going to get out. Photo by Kellie Downey

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Returning to Hotel Edison, Rusty Daymude receives an autograph from comedian Emo Williams. Emo was staying in the same Hotel as the Yearbook students on their New York trip. Photo by Seth Davis

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Here Comes the Bride

As they played the wedding march, Joey Catalano escorts Kari Pickett down the aisle. In many sociology classes mock weddings were filmed. Photo by Pat Landreau

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Gayle Rippe

In the guidance planning area, Ms. Melick receives a birthday message from her daughter Suzanne Lynn and her sister. Gayle Rippe from the Party Store had the honors of being the pink gorilla.

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**Exhausted Tourists** 

At Oxford University sits Brian Sparks, Kim Poppen, Emily Glazeman, Wendy Goad, Steve Williams, Kyle Fredette, Pat Gay, Sina Gill, Joe Gill, Eddie Lunney, John Moore, and Eric Bartholow. This summer trip was to Ireland and England and sponsored by Mrs. Gill.

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Savoring the flavor of the lobster, Jennifer Downey experiences her first taste of the shelled creature. She later commented that she loved its flavor. Photo by Kellie Downey

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To Kill A What?

Acting out the court room scene from TO KILL A MOCKINGBIRD, Kyle Fredette, Ben Walker, and Daniel Ingram present themselves for their English class. Presentations were a regular in Mrs. Norton's class.

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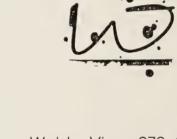
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Slave For A Day

Scooping french fries into Mr. Brown's mouth, Flip Chestnut attends to his master's every wish. Many slaves were forced to wear hideous outfits. Photo by Seth Davis

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As David Branham receives the snap, he anticipates an 18 yard gain. David's position was that of running back. Photo provided by the Stafford Sun

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COLOPHON: The 1991 Stafford Senior High School Indian Legend was printed by Hunter Publishing Company, Winston-Salem, North Carolina. Paper: Matte style and gloss. Gatefold endsheets printed on one side. Tip-in mini mag on the front endsheet. Cover: Laminated, four color. Press run: 1100 copies of 208 pages. Type 6,8,10,12 point Times Roman, Korinna, Avant Garde, Palatino, Jefferson. School portraits and team pictures were taken by Delmar Studios, Springfield, Virginia. The 1990 Indian Legend received a second place from Virginia High School League and a first place from Columbia Scholastic Press. The 1991 staff attended workshops in Roanoke, Richmond, and New

The staff will miss Jim Ellis and Colonel Savedge. We would like to thank all photo one students for backing us up when we couldn't meet a deadline and give a special thanks to John Whitehead. His sports photography, along with the Free-Lance Star, helped finish that section. We would also like to thank all patrons for their support. Finally, the staff appreciated the efforts of photographers Stephen Kozicki, Kellie Downey, and Seth Davis and editors Marnie Boggs and Lori Stamey and writer Paul Ronco for endless dedication



What do you buy for the guy with everything?

Just before Valentine's Day, Sarah Wilson peruses a jewelry store at the mall for a perfect gift. Unfortunately, the store did not have anything she liked and she was forced to continue her search elsewhere. Photo by Katie Erskine

Talking About Sharon

To the tune of "My Girl" Teresa Stockdill and Meghan Wielt sing "Sharon" to Sharon Roscoe during Mr. Berry's first period government class. The French club delivered singing telegrams on Valentine's Day. Photo by Katie Erskine





During the NHS pizza party Mike Silver and his dog Taylor perform a trick. Taylor played dead upon Mike's command. Photo by Katie Erskine In the front lobby Robert Pressly signs the vellow banner to show his support for the U.S. Troops in the Persian Gulf. Chris. McCullogh waited his turn. This banner was placed by Mrs. Dameron for students to sign. It was sent to the Gulf. Photo by Kane Eriskine.





Not much seemed to separate it from any other year. The freshman found their own niches, the sophomores learned to drive, the juniors waited anxiously to become seniors and the seniors counted the days left in school to the final day out-graduation.

Just as we crossed the midpoint of the year, something did happen. The War. It was always something we thought that happened to other generations, our parents, our grandparents. Things like draft cards, food rationing and air raid drills...





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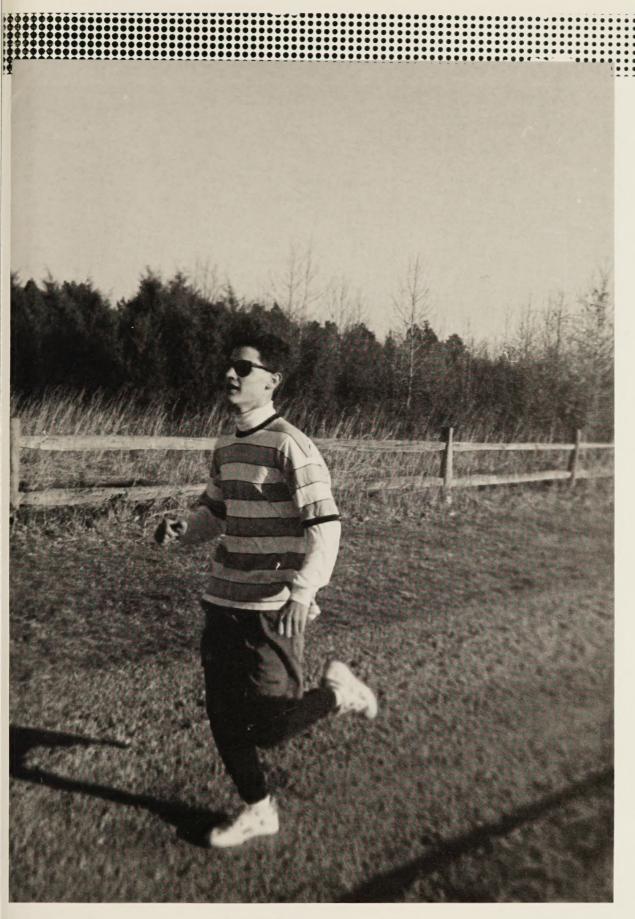
On the day before their final game, JV Cheerleader Carrie Saikowski pins a spirit button on JV Basketball player Meghan Wielt. The cheerleader made buttons to show support for the teams. Photo by Katie Erskine

## Day by Day We Got It Together

...were things we had always associated with wars. But this war was different. Supporters of the war and our troops greatly outnumbered its protestors. Laura Eubanks said, "I am behind the president all the way." Thankfully the war came to an end in February when Iraq succumbed to the allied requests.

As the year drew to a close, Senioritis hit. Everyone traded in books for suntan lotion and sunglasses. Story by Katie Erskine and Vanessa Howard



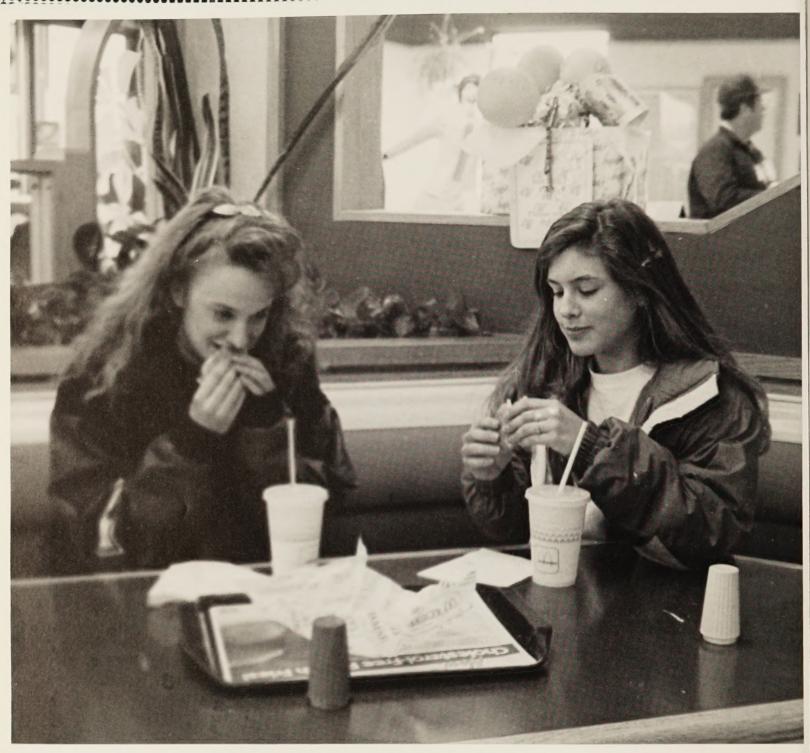


Quick Pick

On Valentine's Day Justin Swisher selects his balloon. The French club sold balloons and proceeds went to the U.S.O. Photo by Katie Erskine

Going the Extra Mile

On a brisk February afternoon, Jordan Gushurst jogs around the track at Pratt Park. Jordan could be found at the park keeping in shape for the upcoming soccer season. Photo by Katie Erskine





Wave Runners

On the Marine Science trip to Virginia Beach, Keeva Pawlick and Kate Ireland take time during lunch to splash in the waves. They looked forward to doing this again during the summer when warm weather returned. Photo by Katie Erskine

Food, Folks, and Fun

After school, Nicole Craig and Liz Hov ard take time out of their busy schedule to grab a quick bite to eat at the Chatha McDonalds. Photo by Katie Erskine



